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Your choice of white or brown toast Served till 11am

Sunrise Breakfast	R35
scrambled egg with	
grilled tomato, toast &	
preserves	

Quick Start	R42
1 egg, bacon, grilled	
tomato, toast & preserves	

R65

Omelette	R39
3 egg omelette with	
cheese, toast & preserves	

Eggs Benedict	
english muffin topped with rocket, poached eggs &hollandaise	
- with bacon	R56
- with smoked salmon	R78
Health Parfait	R33

plain yogurt layered
muesli, honey, yogurt
& berry compote

Sandwiches

Your choice of white / brown or whole wheat bread served with side salad or chips

Small Large

Cheese	R33	R35
Cheese & Tomato	R36	R38
Bacon, Egg & Cheese	R43	R45
Chicken	R43	R45
Mayonnaise		

Wraps

toasted with your choice of plain or whole wheat wraps

Grilled Chicken with red cabbage, carrot & tangy mayo	R48
Caprese	R48
basil pesto, tomato, mozzarella greens & balsamic glaze	
Bacon, Avo & Feta	R48

Extra's		grilled tomato	R10
cheddar	R15	mushrooms	
mozzarella	<u>R15</u>	toast & preserves	R 8
bacon sausages	R18	chips side salad	R25

Soardwalk Sistro menu

Teatime	50	loction	
rearme	3C	ECHOH	

Croissant | Muffin R28

option between croissant & muffin with

Cake selection 1 R20

Cake selection 2 R30

Hot Beverages

butter, cheese & jam

Americano R22

Tea R18
Rooibos |Ceylon | Earl Grey

Cappuccino R25

Café Latte R28

Hot Chocolate R28

Cold Beverages

Soft Drinks R18 coke | coke zero | fanta orange | creme soda

Sparkling Juice R20 apple | grape

Fruit Juices R18 apple | orange

water 500ml R18 still | sparkling

