**SEPTEMBER 2022**

Daily Meal Prices:

Meal of the Day R68-00

Dessert R25-00

Sunday Lunch R95-00

Additional Charges:

Take Away container fee R 7-00

Kindy book your meals as follow:

Lunch bookings to be made by 10am for the following day

Friday fish & chips bookings to made by 10am on the day

Sunday Lunch bookings to be made by 2pm on the Friday afternoon

For any Dietary Requirements please contact us at the Bistro

**Note: Friday evening fish & chips will be served   
between 4pm - 5pm**



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| **DATE** | **MAIN COURSE OPTION 1** | **MAIN COURSE OPTION 2** | **DESSERT** |
| **THURSDAY**  **1 SEPTEMBER 2022** | THAI FISH CAKES WITH TOMATO RELISH, MASHED POTATOES & STIR-FRIED VEGETABLES | BEEF MEATBALLS WITH GRAVY, PARSLEY RICE, CARROTS & PEA’S | APPLE CRUMBLE WITH CUSTARD |
| **FRIDAY**  **2 SEPTEMBER 2022** | HOMEMADE BACON, RED ONION & BROCOLLI QUICHE  WITH CHIPS & GREEK SALAD | FRIED/GRILLED HAKE WITH TARTAR SAUCE, FRESH LEMON, CHIPS & GREEK SALAD | ICE CREAM & CHOCOLATE SAUCE |
| **SATURDAY**  **3 SEPTEMBER 2022** | BEEF LASAGNE  WITH GREEK SALAD | 3 CHEESE & CORIANDER QUICHE WITH BABY POTATOES & SEASONAL VEGETABLES | STEWED FRUIT WITH ROOIBOS CUSTARD |
| **SUNDAY**  **4 SEPTEMBER**  **2022** | ROSEMARY ROAST BEEF WITH GRAVY, ROASTED POTATOES & ROASTED VEGETABLES | LEMON & HERB ROAST CHICKEN WITH GRAVY, ROASTED POTATOES & ROASTED VEGETABLES | STICKY TOFFEE PUDDING & VANILLA CUSTARD |
| **MONDAY**  **5 SEPTEMBER 2022** | TOMATO BREDIE WITY PARSLEY RICE, GREEN BEANS & PUMPKIN FRITTERS | TUNA PASTA BAKE  WITH GREEK SALAD | CHOCOLATE MOUSSE |
| **TUESDAY**  **6 SEPTEMBER 2022** | HONEY & MUSTARD CHICKEN STRIPS WITH MASHED POTATOES & SEASONAL VEGETABLES | BBQ BEEF BURGER WITH MUSHROOM SAUCE & POTATO WEDGES | APRICOT SAGO WITH CUSTARD |
| **WEDNESDAY**  **7 SEPTEMBER 2022** | PORK SCHNITZEL  WITH CHEESE SAUCE,  BABY POTATOES & ROASTED VEGETABLES | COTTAGE PIE WITH GRAVY  & ROASTED VEGETABLES | JELLY & CUSTARD |
| **THURSDAY**  **8 SEPTEMBER 2022** | CHICKEN & BROCCOLI BAKE WITH PARSLEY RICE, ROASTED BEETROOT & BABY MARROW | BEEF SAUSAGE WITH GRAVY,  MASHED POTATOES & VEGETABLE KEBAB | PEPPERMINT TART |
| **FRIDAY**  **9 SEPTEMBER 2022** | FRIED/GRILLED HAKE WITH TARTAR SAUCE, FRESH LEMON, CHIPS & BEETROOT SALAD TOPPED WITH FETA | CHICKEN & MUSHROOM PASTA  WITH GREEK SALAD | BAKED LEMON PUDDING WITH CUSTARD |
| **SATURDAY**  **10 SEPTEMBER 2022** | LAMBS LIVER WITH GRAVY,  MASHED POTATOES, CARROT & GREEN BEAN STIRFRY | CRUMBED CHICKEN BURGER WITH CHEESE SAUCE & POTATO WEDGES | ICE CREAM & BERRY SAUCE |
| **SUNDAY**  **11 SEPTEMBER 2022** | MEDITERRANEAN ROAST CHICKEN WITH ROAST POTATOES & SEASONAL ROAST VEGETABLES | HONEY GLAZED GAMMON WITH ROAST POTATOES & SEASONAL ROAST VEGETABLES | BAKED GINGER PUDDING WITH CUSTARD |
| **MONDAY**  **12 SEPTEMBER 2022** | TUSCAN CHICKEN  WITH MASHED POTATOES  & STIR-FRIED VEGETABLES | SALMON & SPINACH QUICHE WITH POTATO WEDGES & STIR-FRIED VEGETABLES | CUSTARD SLICE |
| **TUESDAY**  **13 SEPTEMBER 2022** | BEEF BOBOTIE WITH YELLOW RICE, TOMATO SAMBALS,  CARROTS & PEA’S | ROAST VEGETABLE & FETA LASAGNE WITH GADREN SALAD | FRUIT SALAD & ICE CREAM |
| **WEDNESDAY**  **14 SEPTEMBER 2022** | BUTTER CHICKEN  WITH BASMATI RICE  & ROASTED VEGETABLES | SWEET & SOUR PORK  WITH STIR-FRIED VEGETABLES  & EGG NOODLE | CINNAMON INFUSED GUAVAS WITH CREAM |
| **THURSDAY**  **15 SEPTEMBER 2022** | MEATBALL STROGANOFF  WITH PARSLEY RICE, GREEN BEANS & PUMPKIN | CRUMBED CHICKEN STRIPS  WITH MUSHROOM SAUCE, MASHED POTATOES & MIXED SALAD | PEACH CRUMBLE & CHANTILLY CREAM |
| **FRIDAY**  **16 SEPTEMBER 2022** | FRIED/GRILLED HAKE WITH TARTAR SAUCE,  FRESH LEMON,  CHIPS & COLESLAW | BBQ PULLED PORK PITA  WITH CHIPS & COLESLAW | ICE CREAM & CHOCOLATE SAUCE |
| **SATURDAY**  **17 SEPTEMBER 2022** | BEEF LASAGNE  WITH GREEK SALAD | CHICKEN KEBABS  WITH SWEET & SOUR SAUCE, MASHED POTATOES & ROASTED BEETROOT WITH FETA | CHOCOLATE ECLAIRS |
| **SUNDAY**  **18 SEPTEMBER 2022** | ROAST CHUTNEY CHICKEN  WITH ROASTED POTATOES & SEASONAL ROASTED VEGETABLES | **SUNDAY ROAST @ R125.00**  ROAST LAMB WITH GRAVY, ROASTED POTATOES & SEASONAL ROASTED VEGETABLES | MALVA PUDDING WITH CUSTARD |
| **MONDAY**  **19 SEPTEMBER 2022** | CORNISH PIE WITH GRAVY  WITH PARSLEY RICE,  BUTTERNUT & PEA’S | CHICKEN & LEEK QUICHE  WITH GARLIC BABY POTATOES,  BUTTERNUT & PEA’S | POACH PEARS  WITH CINNAMON CUSTARD |
| **TUESDAY**  **20 SEPTEMBER 2022** | THAI FISH CAKES  WITH SWEET & SOUR SAUCE, POTATO WEDGES & STIR-FRIED VEGETABLES | SPAGHETTI BOLOGNAISE  TOPPED WITH CHEDDAR  WITH GREEK SALAD | STEWED FRUIT WITH ROOIBOS CUSTARD |
| **WEDNESDAY**  **21 SEPTEMBER 2022** | CHICKEN & LEEK PIE  WITH GARLIC POTATOES  & GREEK SALAD | APRICOT & DAHL CURRY WITH RICE, ROTI & SAMBAL SALAD | APPLE CRUMBLE & ICE CREAM |
| **THURSDAY**  **22 SEPTEMBER 2022** | BEEF CURRY  WITH BASMATI RICE  & ROASTED VEGETABLES | SALMON & SPINACH PASTA  WITH ROASTED VEGETABLES | LEMON BAKED PUDDING WITH CUSTARD |
| **FRIDAY**  **23 SEPTEMBER 2022** | FRIED/GRILLED HAKE WITH TARTAR SAUCE, FRESH LEMON, CHIPS & COLESLAW | CORONATION CHICKEN PITA WITH POTATO WEDGES & COLESLAW | CUSTARD DANISHES |
| **SATURDAY**  **24 SEPTEMBER 2022** | **HERITAGE BRAAI DAY @ R125-00**  200G BEEF SIRLION  CREAMY POTATO BAKE  BEETROOT & FETA SALAD  GARDEN SALAD  GLASS OF WINE (RED OR WHITE) | | 574,604 Heritage day Images, Stock Photos & Vectors | Shutterstock  MILK TART |
| **SUNDAY**  **25 SEPTEMBER 2022** | LEMON & HERB ROAST CHICKEN WITH ROASTED POTATOES & SEASONAL ROASTED VEGETABLES | SAGE & APPLE ROAST PORK WITH CRACKLING, MUSTARD SAUCE & SEASONAL ROASTED VEGETABLES | STICKY DATE PUDDING WITH CUSTARD |
| **MONDAY**  **26 SEPTEMBER 2022** | BBQ CHICKEN STRIPS  WITH MASHED POTATOES, BUTTERNUT & PEA’S | POTATO & AUBERGINE BAKE WITH GREEK SALAD | CHOCOLATE MOUSSE |
| **TUESDAY**  **27 SEPTEMBER 2022** | BEEF BOBOTIE WITH YELLOW RICE, TOMATO SAMBALS & STIR-FRIED VEGETABLES | GREEK STYLE CHICKEN STRIPS WITH MASHED POTATOES & GREEK SALAD | CHOCOLATE PUDDING WITH CREAM |
| **WEDNESDAY**  **28 SEPTEMBER 2022** | CHICKEN & LEEK PIE  WITH GARLIC BABY POTATOES & ROASTED VEGETABLES | BRAISED PORK CHOP  WITH SAVOURY RICE  & ROASTED VEGETABLES | STEWED CINNAMON APPLES WITH CUSTARD |
| **THURSDAY**  **29 SEPTEMBER 2022** | TOMATO MEATBALLS  WITH PARSLEY RICE,  CARROTS & GREEN BEANS | THAI FISH CAKES  WITH SWEET & SOUR SAUCE, MASHED POTATOES & STIR-FRIED VEGETABLES | BREAD & BUTTER PUDDING |
| **FRIDAY**  **30 SEPTEMBER 2022** | FRIED/GRILLED HAKE WITH TARTAR SAUCE, FRESH LEMON, CHIPS & COLESLAW | BACON, SPINACH & FETA LASAGNE WITH GREEK SALAD | ICE CREAM & CHOCOLATE SAUCE |

