

# MUSIC THERAPY SUPPORT GROUP

A **monthly** programme of dance, song, music-making and laughter

**When:** The last Tuesday of the month from 10h30 - 11h15  
starting on **Tuesday 26th April**

**Where:** The gym

**Cost:** R150 per session

**BOOKING IS ESSENTIAL**



**Christopher Wildman** has worked as a Music Therapist in Cape Town for over thirty years and is registered with the Health Professionals Council of South Africa.

**FREE DEMONSTRATION**

**on Tuesday 5<sup>th</sup> April at 10h30 at the Gym**

Let Christopher know you will be attending via

**Email - [cmhwildman@gmail.com](mailto:cmhwildman@gmail.com)**

**or WhatsApp - 083 660 6133**