

MUSIC THERAPY SUPPORT GROUP FOR PEOPLE LIVING WITH DEMENTIA

A **monthly** programme of dance, song, music-making and laughter for people living with dementia and their carers

When: The last Tuesday of the month from 10h30 - 11h15
starting on **Tuesday 29th April**

Where: The gym

Cost: R150 per session - Carers attend free of charge

BOOKING IS ESSENTIAL



Christopher Wildman has worked as a Music Therapist in Cape Town for over thirty years and is registered with the Health Professionals Council of South Africa.

FREE DEMONSTRATION

on Tuesday 5th April at 10h30 at the Gym

Let Christopher know you will be attending via

Email - cmhwildman@gmail.com

or WhatsApp - 083 660 6133