


March 2022

# EVENT CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<b>1</b> <b>10am Kind 2 Hearing monthly visit</b>  9.15am Stretch Exercises for Seniors  2.30pm Chit Chat – Meet & Greet  7pm Music Appreciation	<b>2</b> 11-12pm Table Tennis  2pm Rummikub & Chess  3pm Dementia Support Group  6.30pm <b>SERIES:</b> Designated Survivor	<b>3</b> 9.30am Knitting Group  10am Line Dancing  <b>3pm Book Club</b>  7pm Canasta	<b>4</b> 9.15am Stretch Exercises for Seniors  10am Religious Fellowship – <b>Interdenominational</b>  11-12pm Table Tennis  <b>3.30pm Choir practice -Gym</b>  5pm Bar night 6pm Fish/Calamari & Chips  Classic Movie: Pride and Prejudice	<b>5</b> John Adams Fruit & Veg Bakkie  2pm Canasta	<b>6</b> 8.45am Online Church service – BIG TV area  SUNDAY LUNCH Roast leg of lamb with red wine jus *** Mediterranean Roast chicken served gravy  <b>6.30pm MOVIE:</b> Go Carts
<b>7</b> 7am Walking group  9am Pilates  9.30am Drawing with Steph  <b>9.30am Bus to Blue Route</b>  <b>10am SHOE LADY</b>  10.30am Aqua Aerobics  7pm Canasta	<b>8</b> 8am Waterless Carwash  9.15am Stretch Exercises for Seniors  <b>9.30am RESCOM Meeting</b>  Classic Movie: Great Gatsby	<b>9</b> 7am Walking group  <b>10am Kind 2 Hearing Quiz morning</b>  11-12pm Table Tennis  2pm Rummikub & Chess  6.30pm <b>SERIES:</b> Designated Survivor	<b>10</b> 9am Art Group  9.30am Knitting Group  <b>10am Banana &amp; Caramel pancakes – R15</b>  10am Line Dancing  7pm Canasta	<b>11</b> 7am Walking group  9.15am Stretch Exercises for Seniors  10am Religious Fellowship – <b>Interdenominational</b>  11-12pm Table Tennis  <b>3.30pm Choir practice -Gym</b>  5pm Bar night 6pm Fish/Calamari & Chips	<b>12</b> John Adams Fruit & Veg Bakkie  2pm Canasta	<b>13</b> <b>Cape Town Cycle Tour</b>  8.45am Online Church service – BIG TV area  SUNDAY LUNCH Glazed apricot gammon served with roast potatoes *** Roast Greek chicken served with gravy  <b>6.30pm MOVIE:</b> The Sentinel
<b>14</b> <b>Wind-O-Wash</b>  7am Walking group  9am Pilates  9.30am Drawing with Steph  <b>9.30am Bus to Blue Route</b>  10.30am Aqua Aerobics  7pm Canasta	<b>15</b> <b>Wind-O-Wash</b>  9.15am Stretch Exercises for Seniors  7pm Music Appreciation	<b>16</b> 7am Walking group 11-12pm Table Tennis  2pm Rummikub & Chess  <b>3pm Poetry Club</b>  3pm Dementia Support Group  6.30pm <b>SERIES:</b> Designated Survivor	 <b>17 St Patrick's Day</b>  9am Art Group  9.30am Knitting Group  10am Line Dancing  <b>11.30 St Patrick's Day Lunch with live music – R85 p/p</b>  7pm Canasta	<b>18</b> <b>South Africa v Bangladesh (1st ODI)</b> 7am Walking group  9.15am Stretch Exercises for Seniors  10am Religious Fellowship – <b>Interdenominational</b>  11-12pm Table Tennis  <b>3.30pm Choir practice -Gym</b>  5pm Bar night 6pm Fish/Calamari & Chips	<b>19</b> John Adams Fruit & Veg Bakkie  2pm Canasta	<b>20</b> 8.45am Online Church service – BIG TV area  <b>South Africa v Bangladesh (2nd ODI)</b>  SUNDAY LUNCH Roast beef & Yorkshire pudding *** Roast lemon & rosemary chicken served with gravy  <b>6.30pm MOVIE:</b> The Judge
<b>21</b> 7am Walking group  9am Pilates  9.30am Drawing with Steph  <b>9.30am Bus to Blue Route</b>  10.30am Aqua Aerobics  7pm Canasta	<b>22</b> 9.15am Stretch Exercises for Seniors  2.30-4pm Oefen Afrikaans	<b>23</b> <b>South Africa v Bangladesh (3rd ODI)</b> 7am Walking group  11-12pm Table Tennis  2pm Rummikub & Chess  6.30pm <b>SERIES:</b> Designated Survivor	<b>24</b> 9am Art Group  9.30am Knitting Group  10am Line Dancing  <b>1.30pm Scone special – R20</b>  7pm Canasta	<b>25</b> 7am Walking group  9.15am Stretch Exercises for Seniors  10am Religious Fellowship – <b>Interdenominational</b>  11-12pm Table Tennis  <b>3.30pm Choir practice -Gym</b>  5pm Bar night 6pm Fish/Calamari & Chips	<b>26</b> John Adams Fruit & Veg Bakkie  2pm Canasta	<b>27</b> 8.45am Online Church service – BIG TV area  SUNDAY LUNCH Spinach & feta stuffed pork with gravy *** Chutney roast chicken with gravy  <b>6.30pm MOVIE:</b> 2012
<b>28</b> 7am Walking group  9am Pilates  9.30am Drawing with Steph  <b>9.30am Bus to Blue Route</b>  10.30am Aqua Aerobics  6pm Camera Club – at Big TV 7pm Canasta	<b>29</b> 9.15am Stretch Exercises for Seniors  2.30-4pm Oefen Afrikaans  7pm Music Appreciation	<b>30</b> <b>South Africa v Bangladesh (1st Test) Day 1</b> 7am Walking group  <b>10-12pm Sales Morning</b>  11-12pm Table Tennis  2pm Rummikub & Chess  6.30pm <b>SERIES:</b> Designated Survivor	<b>31</b> 9am Art Group  9.30am Knitting Group  10am Line Dancing  7pm Canasta	