

FEBRUARY 2022

EVENT CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	1 8am Waterless Car Wash 9.15am Stretch Exercises for Seniors 2.30pm Chit Chat – Meet & Greet	2 10am Tabita's Fashions Pop-up shop 11-12pm Table Tennis 2pm Rummikub & Chess 3pm Dementia Support Group 6.30pm MOVIE: Hitch	3 Kind To Hearing 9.30am Knitting Group 11am Line Dancing 3pm Book Club 7pm Canasta	4 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 1.30pm – Pilates Talk presented by Margi Sim 5pm Bar night 6pm Fish/Calamari & Chips Classic Movie: Shawshank Redemption	5 John Adams Fruit & Veg Bakkie 2pm Canasta 6pm Residents Braai	6 8.45am Online Church service – BIG TV area SUNDAY LUNCH Roast beef served with Yorkshire pudding *** Mediterranean Roast chicken served gravy 6.30pm MOVIE: Home Team	
	7 7am Walking group 9am Pilates 9.30am Drawing with Steph 9.30am Bus to Blue Route 10am SHOE LADY 10.30am Aqua Aerobics 7pm Canasta	8 9.15am Stretch Exercises for Seniors 10am Alida's Fashion Pop-up shop 9.30am RESCOM Meeting 7pm Music Appreciation	9 7am Walking group 10.30am TeleCare Talk by Anton de Beer 11-12pm Table Tennis 2pm Rummikub & Chess 3pm Poetry Club 6.30pm MOVIE: Spanglish	10 9am Art Group 9 – 11am Cinnamon pancake morning 9.30am Knitting Group 11am Line Dancing 4pm B I N G O 7pm Canasta	11 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm Bar night 6pm Fish/Calamari & Chips	12 John Adams Fruit & Veg Bakkie 2pm Canasta	13 8.45am Online Church service – BIG TV area SUNDAY LUNCH Slow roast apple & sage infused Port neck *** Chicken Roulade served with Jus 6.30pm MOVIE: Little Italy
	14 VALENTINES DAY Wind-O-Wash 7am Walking group 9am Pilates 9.30am Drawing with Steph 9.30am Bus to Constantia Village 10.30am Aqua Aerobics 7pm Canasta	15 Wind-O-Wash 9.15am Stretch Exercises for Seniors Classic Movie: Salmon Fishing in the Yemen (DVD)	16 7am Walking group 11-12pm Table Tennis 2pm Rummikub & Chess 3pm Dementia Support Group 6.30 pm Valentine's Dinner with live entertainment, 'Just B'	17 9am Art Group 9.30am Knitting Group 11am Line Dancing 2pm "Off the beaten track" presented by George Purchase 7pm Canasta	18 7am Walking group WELLNESS DAY 9am – 1pm 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 5pm Bar night 6pm Fish/Calamari & Chips	19 John Adams Fruit & Veg Bakkie 2pm Canasta	20 8.45am Online Church service – BIG TV area SUNDAY LUNCH Roast leg of lamb with red wine jus, mint sauce *** Lemon & herb roast chicken with gravy 6.30pm MOVIE: Just go with it
	21 7am Walking group 9am Pilates 9.30am Drawing with Steph 9.30am Bus to Blue Route 10.30am Aqua Aerobics 7pm Canasta	22 9.15am Stretch Exercises for Seniors 10am Cupcakes of Hope Sale – in aid of supporting kids with cancer 2.30-4pm Oefen Afrikaans 7pm Music Appreciation	23 7am Walking group 11-12pm Table Tennis 2pm Rummikub & Chess 6.30pm MOVIE: What's your number	24 9am Art Group 9.30am Knitting Group 11am Line Dancing 1.30pm Scone Afternoon Special 4pm B I N G O 7pm Canasta	25 7am Walking group 9.15am Stretch Exercises for Seniors 10am Religious Fellowship – Interdenominational 11-12pm Table Tennis 3pm Bayede Wine Tasting 5pm Bar night 6pm Fish/Calamari & Chips	26 John Adams Fruit & Veg Bakkie 2pm Canasta	27 8.45am Online Church service – BIG TV area SUNDAY LUNCH Glazed apricot Gammon served with gravy *** Lemon roasted chicken served with gravy 6.30pm MOVIE: Yesterday

