## **HEALTH TALK**

## **Heart and Lung Conditions**



Joins us on December 8th as we have Dr Marc Naidoo from HNA Physiotherapy exploring topics concerning heart and lung conditions with steps you can take to improve your function and vitality.

**VENUE: Evergreen Muizenberg** 

DATE: Wednesday, 8th December at 10h00

**TOPIC:** Heart and lung conditions



