



FIT-2-HIKE

Frank Dwyer
P.O. BOX 53376
Kenilworth
7745

Evergreen Resident Hike

- Date: **23rd August 2021**
- Cost: **R235pp including transport based on a minimum of 10 Residents joining the Hike.** - Will be charged back to your levy account.
- Time: **TBC for collection once bookings have been confirmed**
- Venue: SILVERMINE GATE 2

Hiking Group – suggested route August

Silvermine Old Fisherman's Path and Maiden Peak Circuit

We will meet at Gate 2 and follow the jeep track past the waterfall turnoff. Turning right we cross the concrete bridge and turn left onto the Old Fisherman's Path, with Maidens Peak on the right. We follow this for about 2 km before re-joining the jeep track and turning right, keeping Maidens Peak on the right. This brings us back to the waterfall turn off where we will cross the stream and return via the same route. The Fisherman's Path is rocky and uneven in places and there is a reasonably strenuous uphill section of about 1 km. Total 7 km, approximately 2 hours.

Start Time: 08h00

Covid-19 Protocols

- All participants would be required to wear a mask, covering both nose and mouth during the initial gathering and briefing period. Once the group is walking, as we are undertaking vigorous exercise, masks can be removed provided that a reasonable social distance is maintained between participants. The general hiking protocol is for masks to be easily accessible and to be raised when passing or being passed by other groups.

For the first timers, indemnity form needs to be completed and handed in ONE day before the walk for Frank to update records and have on hand. Kindly hand these to your Reception so they can email off to Bronwyn by 15h00.

The Hike will be limited to **10 Residents**, please book directly with Bronwyn on 072 359 3008 between office hours 08h00 to 17h00 during the week to secure your spot for the 23rd for us to arrange collection. **If a second date is required then we will do a second hike on the 24th depending on interest.**