



NATIONAL FLIP FLOP DAY

Each year on the third Friday in June, National Flip Flop Day encourages us to wear our favourite flip flops and show them off!

Thong style sandals are by no means new to footwear. They've been around for thousands of years. However, the term "flip flop" has applied to flat-soled sandals with straps between the first and second toes and across the top of the foot since the 1960s. The term also describes someone who changes their mind or an electronic component.

This day strictly recognizes the footwear that makes a flip-flopping sound as we walk, slapping the back of our feet as we head to the beach or make way for the pool. They come in all shades and colours, beaded, bejewelled, and bedazzled. Some are made of leather and cork.

The lightweight footwear is designed to protect our tender feet from the hot ground and sand. They're also easy to remove and put on quickly. Many flip flops go from the beach to semi-formal dining in an instant, too!

HOW TO OBSERVE – National Flip Flop Day

Flip Flop Day is the perfect time to go shopping for a new pair of flip flops. While you're out and about, get a manicure, so you can show off your toes in your flip flops.