



WHAT IS DEMENTIA

You may be feeling anxious or confused if you have a relative who has been diagnosed with Dementia or you suspect that something is wrong. You may just want to know more. In this interactive talk I will cover the following topics and also welcome questions :

- What is Dementia & causes
- Types of Dementia
- Symptoms of Dementia
- Practical ways to help
- Caring for the carer



Venue : The Bistro, Muizenberg Lifestyle Village

Date : 15/4/2021

Time : 3.00 - 4.00

Facilitated by: Melanie Godfrey B.Soc.Sci / Counsellor

