

WORLD HEALTH
DAY

7 APRIL 2021

CELEBRATE WORLD HEALTH DAY

7th April 2021

**EVERGREEN HEALTH will be doing
free BLOOD PRESSURE checks from 11h00 – 13h00**



Please note by appointment only

Book with your Village Clinic for a free Blood Pressure test; ext 2268

Reminder to residents doing the Diabetes challenge to check BP!

Diabetes can damage arteries, cause hardening or arteriosclerosis, which can cause high blood pressure and hold complications for heart and kidney health.