

RESCOM MEETING OF EVERGREEN LIFESTYLE VILLAGE MUIZENBERG

HELD ON 17 NOVEMBER 2020 AT 10.00 AM

MINUTES

PRESENT:

1. Mr. Neville Woudberg (NW) (Chairman) (DD) (Village Manager) 2. Mr. Derek Drew (KW) (Assistant VM) 3. Mrs. Kim Whitworth (DE) (Vice-Chairman) 4. Mrs. Denise Elkin (DDA) (Member) 5. Mr. David D'Alton 6. Mr. Tony Law (Member) (TL) (Co-opted secretary) 7. Mr. Jim Raubenheimer (JR)

APOLOGIES: Mr. Chris Bennett (CB) (Member)

PART-TIME: Mr. Aashiq Poole (AP) (MZB Maint. Manager)

There is still a **lack** of signage for the "**Refuge Areas**" both in passages and to identify such areas.

DD response – adequate according to the safety rational.

From comments made by the consultant it would also appear that the Health Care section as a whole is a "safe area". Confirmed.

5 **HEALTHCARE and CARE CENTRE** (Report by DE)

- 1. I met with Elize Porter and Melanie Carstens regarding the role of Friends of Care, as obviously things have changed due to Covid-19, but they feel it is very important for us to be involved with the residents. Pat Swilling and Denise Elkin will resume their exercise program on Tuesday 10 November. The Physio exercise program by Naidoo & Associates will continue on Thursdays.
- 2. Daily activities are proving very popular with the residents; Those who are able to take part in Exblox are amazing themselves (and us) with what they can do. Stephanie's Wednesday art classes include drawing, colouring-in, collage making; each week the activity takes on a different form. Photographs of residents and their end results are posted in the Care Centre and in the lifts.
- 3. Professor Nicola Plastow, Associate Professor and Head of Occupational Therapy at Stellenbosch University, and Dr. Hennie Loubser, a medical doctor specialising in ageing and retirement care, and who also has a PhD in nursing, addressed Evergreen Senior management and Evergreen Care Management and explained many interesting strategies which are being implemented in our village. Dr. Loubser lives in a retirement village.

WE ARE STILL LOOKING FOR RESIDENTS WHO CAN ASSIST US WITH MUSIC. IF YOU CAN PLAY AN INSTRUMENT AND WOULD BE PREPARED TO SPEND AND HOUR A MONTH ENTERTAINING CARE RESIDENTS, PLEASE CONTACT DENISE ELKIN, APARTMENT 320.

You don't have to be an expert; they don't spot mistakes; they just enjoy the music.

4. Our monthly birthday parties are appreciated by all, thanks to our Friends of Care helpers who make these parties possible. The October party was no exception. The November party will take place on Thursday 26 November. If you would like to supply a plate of eats for this party please contact Denise Elkin. We are looking for additional bakers. If you are not a baker, shop-bought goodies are also welcome.

DE

	 5. We are currently in the process of making Memory Boxes for each resident – families will be asked to bring photographs or any little things that will spark memories for the residents. When families visit, they can go through the box with their loved-one. 6. A Care Centre newsletter is in production and should be available shortly. 	
	Rescom members discussed at length the present state of the Covid-19 pandemic and the easing of restrictions. In no way must residents relax their efforts in preventing the spread of the virus. Masks must be worn, and correctly, covering both nose and mouth, and maintaining social distancing is vital, both in the village and while out shopping or visiting elsewhere.	ALL RESIDENTS
	Primary Health Care Clinic is back in the Care Centre. Appointments only, residents to be visited in their homes.	ALL RESIDENTS
	DEAR RESIDENTS: Your health and well-being and whereabouts are our daily concern.	ALL RESIDENTS
	 Please tell the office when you go to hospital or are away from the village overnight. If you have any problems with the Care Centre, please write directly to Melanie Carstens, with a copy to Derek Drew / Kim Whitworth. 	
6	 CATERING Report by DDA 1. First committee meeting since lockdown this month, and bar for a few minor problems, all were in praise for how the Bistro coped during this very difficult period. 2. All is now going well with breakfasts, lunches and Pub nights continuing to be well supported. 	
7	LANDSCAPING, GROUNDS DEVELOPMENT & WATER MANAGEMENT (Report by TL) 1. DD announced that 3 full-time (Mon-Fri) gardeners have been contracted to attend the landscaping from 01 December.	TL/KW/DD
	2. Weeds are being sprayed to combat spread.3. The herb gardens have been resuscitated.	TL/DD
8.	BUILDING MAINTENANCE, CONSTRUCTION & HOUSEKEEPING (Report by TL) 1. New equipment for the gym will arrive in March 2021. 2. Repainting of unit walkway stairs to commence in the next few days.	DD AP/DD/KW AP/DD

	 A resident submitted a request asking if something could be done regarding the heat in summer in the relaxation "bubbles" on each floor of the apartment block. This will be investigated and quotes obtained. 	
9.	FINANCE NW reported on the September Management accounts. 1. NW stated that while there were some variations in income and expenditure accounts, there was nothing of major concern to report.	NW/DD DD
	Specific questions submitted by a resident are to be answered by DD.	
10.	1. The Evergreen Muizenberg AGM has been postponed to 2021. The date will be confirmed as and when the restrictions about Covid-19 are eased further.	RESIDENTS
11.	RESIDENTS Village occupancy - 308 Houses - 141 Apartments -167 Occupants of Care Centre – 27	
12.	COMMUNICATION (Derek Drew) 1. Resident Grizéll Luxton, H84, is busy with the new issue of the newsletter, "Muize News", and this will be ready in December. Any resident who wishes to contribute articles of news or other items, please contact her or KW.	DE/KW RESIDENTS
13.	1. It is approaching that time of year for Staff gratuities. A sub-committee will be formed from residents and Rescom members, and shortly letters will be circulated advising of the action to be taken. 2. A resident submitted a letter expressing concern about the handling of recyclable garbage and disposable garbage. Management and Rescom members also expressed their concern about the way residents are not taking care in separating these items. The bins in the basement are being misused in that many recyclable items are being thrown in disposable garbage bins, and vice versa. Any residents who employ cleaning staff should ensure that these employees realise the difference in waste disposal, and residents in houses take care that they do not put out garbage overnight but	NWDD DD/KW/ALL RESIDENTS
	before 08h30 in the mornings and not at any time during the day or weekends. There is nothing more	DD

	unsightly than to see garbage bags on display in or	
	near our roads.	
	Lastly, recyclable items should be washed and	
	clean before being dispensed with.	
14.	DATE OF NEXT MEETING	
	Tuesday 08 December 2020.	
15.	CLOSURE	
	The Chairman closed the meeting at 11.10 am.	

MR. NEVILLE WOUDBERG	MR. DEREK DREW
RESIDENTS COMMITTEE CHAIRMAN	VILLAGE MANAGER

Could Rescom portfolio holders and Residents kindly submit reports and communications to Derek Drew by 11.00 am Thursday 03 December 2020.

Agenda will be issued on Friday 04 December 2020.