



15th July

National Give Something Away Day

Giving benefits us all, too. It improves our community and puts much-needed services and assistance within the reach of those who need it most. The giver also benefits. Giving not only makes us feel good but it teaches gratitude, too. Whether we give financially or by offering our skills and services, we lift others up. Our words can be a gift, too. Showing empathy, encouragement, and compassion to someone during a time of need may make us feel vulnerable, but it empowers those we offer it to as well. You can also share your time with others by volunteering.

While you may not think you have something to give away, you might be surprised. Tangible items like clothing, money, and food aren't always what's needed, though they may be the most common. On this day, broaden your goals and organize a give something away fundraiser. Also, look around your community, and identify the places that need you the most. Focus your energies there.

HOW TO OBSERVE #GiveSomethingAwayDay

In the spirit of the occasion, consider paying for the coffee of the person behind you in line. Many other ways benefit others, too.

- Clean out your closet or garage and make a donation.
- Donate to the local food pantry or little library.
- Volunteer your time or skills. Teaching someone gives them the opportunity to pay it forward.
- Create gift baskets for shelters.
- Start a fundraiser for your favorite charity.
- Help a neighbor in a time of need.

We encourage each Village to take up this challenge in their suburb and look forward to hearing about the special memories created by Giving. Share with bronwynd@evergreenlifestyle.co.za