

11 March 2020

Dear Resident,

CORONAVIRUS/COVID-19

A resident raised concerns regarding the **Corona virus** epidemic, and the need to wash hands regularly, avoid hugging and kissing, and if infected by a cold or cough to self-isolate and seek necessary medical help. **Everyone** must play their part in helping to prevent the spread of this virus, and management will issue regular bulletins and advice as information is received.

We have below, included some important information taken from the World Health Organisation (WHO) and the Western Cape Department of Health.

The Western Cape Department of Health has world class surveillance systems in place to rapidly identify and detect cases in the province. This includes the screening and monitoring of anyone with a relevant travel history and close contact with the affected areas.

Please visit the Western Cape Department of Health website for official and up to date information pertaining to the Western Cape.

https://www.westerncape.gov.za/department-of-health/coronavirus

The best action you can take is to regularly wash your hands thoroughly with soap or make use of hand sanitiser. If you are concerned at all that you may have contracted the virus or been exposed to it, immediately contact your doctor and report the matter on the General Public Hotline (0 800 029 999). This number operates weekdays from 08h00 to 16h00. The operator will advise on the appropriate steps to follow.

Further information can be found following the links below;

1. How to protect yourself against COVID-19 https://youtu.be/1APwq1df6Mw

2. At home – Get my household ready https://www.cdc.gov/coronavirus/2019-ncov/community/home/index.html

3. Transmission – Groups most at Risk <u>https://youtu.be/mOV1aBVYKGA</u>

Regards,

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