



**EVERGREEN MUIZENBERG WELLNESS DAY
HELD ON WEDNESDAY 26 FEBRUARY 2020
FROM 09H00 – 13H00
AT THE LIFESTYLE CENTRE**

Complimentary Screenings

Blood Glucose
Blood Pressure
Rapid Cholesterol
Weight BMI

Presentations

09h00 – 09h30	RN Lee Hampton	Prevention of Falls in the Elderly
09h30 - 10h00	Annelize van Niekerk	Optometrists (Dry Eyes)
10h00 - 10h30	Leillani Geduld	CANSA Assoc of SA
12h00 - 12h30	Keith Weeder	Organ & Tissue Foundation

Information Stands

Anul Kuhn & Nicoleth Smalberger	Kind 2 Hearing
Loren Hendricks	Physiotherapist
Annaleen Joubert	Dietician
Jameela Bash	Podiatrist