

Evergreen Muizenberg Social Calendar

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>30 DECEMBER</p> <p>8-8.45am Aqua Aerobics 9.30am Evergreen Bus</p> <p>1.30-5pm Bridge</p> <p>6pm Camera Club</p> <p>7pm Canasta</p>	<p>31 DECEMBER</p> <p>2.30pm Oefen Afrikaans 5pm Bar Night</p> <p>New Year's Eve Party DJ Captain John Morgan Snacks from 6pm R 62pp</p>	 <p>1</p> <p>9-12noon Bridge</p> <p>10-12noon Table Tennis</p> <p>5pm Snack Supper</p> <p>6pm MOVIE: PLANET EARTH</p>	<p>2</p> <p>9.30 Knitting Group</p> <p>3pm Book Club</p> <p>7pm Canasta</p>	<p>3</p> <p>10am Religious Fellowship – Boardroom. All welcome</p> <p>5pm Bar Night</p> <p>6pm Fish/Calamari & Chips</p>	<p>4</p> <p>11-12noon John Adams Fruit & Veg Bakkie</p> <p>2pm Canasta</p>	<p>5</p> <p>SUNDAY LUNCH Rosemary roast beef with gravy & Yorkshire pudding, roast potatoes & seasonal vegetables</p> <p>***</p> <p>Lemon & herb chicken with gravy, roast potatoes & seasonal vegetables</p>
<p>6</p> <p>8-8.45am Aqua Aerobics</p> <p>9.30am Evergreen Bus</p> <p>1.30-5pm Bridge</p> <p>7pm Canasta</p>	<p>7</p> <p>9.10-10am Callanetics</p> <p>2pm Bridge for Beginners</p> <p>2.30pm Chit Chat</p> <p>4.15pm Keith at the keyboard</p> <p>5pm Bar Night</p>	<p>8</p> <p>9-12noon Bridge</p> <p>10-12noon Table Tennis</p> <p>1.30pm Evergreen Bus</p> <p>2pm Rummikub & Chess</p> <p>2-3pm Ladies Pool</p> <p>3-5pm Table Tennis</p> <p>5pm Snack Supper</p>	<p>9</p> <p>KIND TO HEARING</p> <p>9-10am Beginners Line Dancing</p> <p>9.30 Knitting Group</p> <p>9.30am Art Group 2nd Floor</p> <p>10-11am Line Dancing</p> <p>7pm Canasta</p>	<p>10</p> <p>9-10am Callanetics</p> <p>10am Religious Fellowship – Boardroom. All welcome</p> <p>5pm Bar Night</p> <p>6pm Fish/Calamari & Chips</p>	<p>11</p> <p>11-12noon John Adams Fruit & Veg Bakkie</p> <p>2pm Canasta</p>	<p>12</p> <p>SUNDAY LUNCH Roast pork neck served with gravy, roast potatoes & seasonal vegetables</p> <p>***</p> <p>Roasted chicken served with gravy, roast potatoes & seasonal vegetables</p> <p>6pm MOVIE: THE SOUND OF MUSIC</p>
<p>13</p> <p>8-8.45am Aqua Aerobics</p> <p>8.45am Pilates</p> <p>9.30am Evergreen Bus</p> <p>9.45am Drawing with Vivian</p> <p>1.30-5pm Bridge</p> <p>7pm Canasta</p>	<p>14</p> <p>9.10-10am Callanetics</p> <p>8.30am RESCOM</p> <p>10.30 MELOMED Wellness Talk Hypertension/CVA/Stroke</p> <p>2pm Bridge for Beginners</p> <p>5pm Bar Night</p>	<p>15</p> <p>8.45am Pilates</p> <p>9-12noon Bridge</p> <p>10-12noon Table Tennis</p> <p>1.30pm Evergreen Bus</p> <p>2pm Rummikub & Chess</p> <p>2.30-3.30pm Exploring the Bible</p> <p>2-3pm Ladies Pool</p> <p>3-5pm Table Tennis</p> <p>5pm Snack Supper</p> <p>6pm MOVIE: WAIT UNTIL DARK</p>	<p>16</p> <p>8-8.45am Aqua Aerobics</p> <p>9-10am Beginners Line Dancing</p> <p>9.30am Knitting Group</p> <p>9.30am Art Group 2nd Floor</p> <p>10-11am Line Dancing</p> <p>7pm Canasta</p>	<p>17</p> <p>9.10-10am Callanetics</p> <p>10am Religious Fellowship – Boardroom. All welcome</p> <p>5pm Bar Night</p> <p>6pm Fish/Calamari & Chips</p>	<p>18</p> <p>9am OUTING West Coast Fossil</p> <p>9am OUTING West Cost Fossil Park</p> <p>11-12noon John Adams Fruit & Veg Bakkie</p> <p>2pm Canasta</p>	<p>19</p> <p>SUNDAY LUNCH Red wine marinated beef with roast potatoes & seasonal vegetables</p> <p>***</p> <p>Apricot roast chicken with gravy, roast potatoes & seasonal vegetables</p> <p>6pm MOVIE: MOSES (PART 1)</p>
<p>20</p> <p>8-8.45am Aqua Aerobics</p> <p>8.45am Pilates</p> <p>9.30am Evergreen Bus</p> <p>9.45am Drawing with Vivian</p> <p>1.30-5pm Bridge</p> <p>7pm Canasta</p>	<p>21</p> <p>9-12 noon Evergreen Striders – Beachwalk (meet at Uppercrust Restaurant)</p> <p>9.10-10am Callanetics</p> <p>2pm Bridge for Beginners</p> <p>5pm Bar Night</p>	<p>22</p> <p>8.45am Pilates</p> <p>9-12noon Bridge</p> <p>10-12noon Table Tennis</p> <p>1.30pm Evergreen Bus</p> <p>2pm Rummikub & Chess</p> <p>2-3pm Ladies Pool</p> <p>3-5pm Table Tennis</p> <p>5pm Snack Supper</p> <p>6pm MOVIE: MOSES (PART 2)</p>	<p>23</p> <p>8-8.45am Aqua Aerobics</p> <p>9-10am Beginners Line Dancing</p> <p>9.30am Knitting Group</p> <p>9.30am Art Group 2nd Floor</p> <p>10-11am Line Dancing</p> <p>5pm BINGO</p> <p>7pm Canasta</p>	<p>24</p> <p>9.10-10am Callanetics</p> <p>10am Religious Fellowship – Boardroom. All welcome</p> <p>5pm Bar Night</p> <p>6pm Fish/Calamari & Chips</p>	<p>25</p> <p>11-12noon John Adams Fruit & Veg Bakkie</p> <p>2pm Canasta</p>	<p>26</p> <p>SUNDAY LUNCH Apricot roast gammon with gravy, roast potatoes & seasonal vegetables</p> <p>***</p> <p>Rosemary roast chicken with gravy, roast potatoes & seasonal vegetables</p> <p>6pm MOVIE: THE PAINTED VEIL</p>
<p>27</p> <p>8-8.45am Aqua Aerobics</p> <p>8.45am Pilates</p> <p>9.30am Evergreen Bus</p> <p>9.45am Drawing with Vivian</p> <p>1.30-5pm Bridge</p> <p>7pm Canasta</p>	<p>28</p> <p>9.10-10am Callanetics</p> <p>2pm Bridge for Beginners</p> <p>2.30pm Oefen Afrikaans</p> <p>5pm Bar Night</p>	<p>29</p> <p>8.45am Pilates</p> <p>9-12noon Bridge</p> <p>10-12noon Table Tennis</p> <p>1.30pm Evergreen Bus</p> <p>2pm Rummikub & Chess</p> <p>2.30-3.30pm Exploring the Bible</p> <p>2-3pm Ladies Pool</p> <p>3pm Poetry Club</p> <p>3-5pm Table Tennis</p> <p>5pm Snack Supper</p> <p>6pm MOVIE: THE BOY WHO HARNESSSED THE WIND</p>	<p>30</p> <p>8-8.45am Aqua Aerobics</p> <p>9-10am Beginners Line Dancing</p> <p>9.30am Knitting Group</p> <p>9.30am Art Group 2nd Floor</p> <p>10-11am Line Dancing</p> <p>7pm Canasta</p>	<p>31</p> <p>9.10-10am Callanetics</p> <p>10am Religious Fellowship – Boardroom. All welcome</p> <p>5pm Bar Night</p> <p>6pm Fish/Calamari & Chips – Month end madness – Only R50pp</p>	<p>RSVP REMINDERS:</p> <p>BOOK AT BISTRO: Lunches: by 16h30 for next day Pub suppers: by 11h00 on the day <u>Saturday and Sunday lunches:</u> by Friday at 16h30 <u>Wednesday Snack Suppers:</u> to be booked by the Tuesday BEFORE, and Collect on Wednesday at 5pm</p> <p>Book all activities at Reception:</p> <p>Rummikub – meets daily at 2pm as arranged within the club Walking Group – 6.45am Mondays – Fridays (meet at Reception) no walking from 23/12 – 05/01 Choir – meets on Mondays from 4 – 5 pm in the Gym as arranged within the club</p>	