

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>RSVP REMINDERS: Kindly book as follows:</p> <p>At Bistro: Lunches: by 16h30 for next day Pub suppers: by 11am on day Saturday and Sunday lunches: On Fridays by 16h30 "Women's day High Tea" on 9th August: Book by 7th August Wednesday Snack Suppers by Tuesday 6th and 20th by 4pm</p> <p>At Reception: Book all events at Reception</p> <p>By 1st August phone June Orsmond X 2234 to book for Fugard @ R150pp</p>			<p>1 7.00am Walking 8-8.45am Aqua Aerobics 9-10am Beginners Line Dancing 9.30am Art Group 2nd Floor 9.30am Knitting Group 10-11am Line Dancing 13.30 – 16.30 Norval Art Foundation Outing R20 pp 2pm Rummikub 3pm Book Club 7pm Canasta</p>	<p>2 7.00am Walking 9.10-10am Callanetics 10am Religious Fellowship – Care Centre. All welcome 2pm Rummikub 5pm Bar Night 5-5.30pm For Kinks and Country pop up Show 6pm Fish/Calamari & Chips</p>	<p>3 11-12noon John Adams Fruit & Veg Bakkie 2pm Canasta</p> <p>Choir: "South Pacific" at The Artscape Theatre. Bus departs at 1pm. R190 pp ticket and bus inclusive</p>	<p>4</p> <p>NO MOVIE</p>
<p>5 7.00am Walking 8-8.45am Aqua Aerobics 8.45am Pilates 9.30am Evergreen Bus 9.45am Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 4-5pm CHOIR in Gym 7pm Canasta</p>	<p>6 7.00am Walking 9.10-10am Callanetics 11-12 noon Exblox 2pm Bridge for Beginners 2pm Rummikub 2.30pm Chit Chat 4.15pm Keith at the Keyboard 5pm Bar Night</p>	<p>7 7.00am Walking 9-12noon Bridge 10-12noon Table Tennis 1.30pm Evergreen Bus 2pm Rummikub & Chess 2-3pm Ladies Pool 3-5pm Table Tennis 5pm Snack Supper 6pm MOVIE: FREE SEVEN DIALS MYSTERY</p>	<p>8 7.00am Walking 8-8.45am Aqua Aerobics 9-10am Beginners Line Dancing 9.30am Art Group 2nd Floor 9.30am Knitting Group 10-11am Line Dancing 2pm Rummikub 5pm BINGO 7pm Canasta</p>	<p>9 PUBLIC HOLIDAY 7.00am Walking 9-10am NO Callanetics 9.30am Religious Fellowship – Care Centre. All welcome 10 – 12noon Women's Day Morning Tea R75 pp 2pm Rummikub 5pm Bar Night 6pm Fish/Calamari & Chips</p>	<p>10 11-12noon John Adams Fruit & Veg Bakkie 2pm Canasta</p> <p>Book Club: "The Old Man & the Sea" at The Fugard Theatre. Bus departs at 2pm. R150 pp ticket and bus inclusive</p> <p>Book with June Orsmond by 1st August</p>	<p>11</p> <p>6pm MOVIE: R5pp FINAL PORTRAIT</p>
<p>12 7.00 am Walking 8-8.45am Aqua Aerobics 8.45am Pilates 9.30am Evergreen Bus 9.45am Drawing with Vivian 1.30-5pm Bridge 2pm Giltedge Launch 2pm Rummikub 7pm Canasta</p>	<p>13 7.00 am Walking 8.30am RESCOM 9am Evergreen Striders Greenbelt 9.10-10am Callanetics 11am NSRI TALK 2pm Bridge for Beginners 2pm Rummikub 5pm Bar Night</p>	<p>14 7.00 am Walking 9-12noon Bridge 10-12noon Table Tennis 11am Health talk by Physiotherapist Loren 1.30pm Evergreen Bus 2pm Rummikub & Chess 2-3pm Ladies Pool 2-3pm Bible Study 3-5pm Table Tennis</p>	<p>15 7.00 am Walking 8-8.45am Aqua Aerobics 9-10am Beginners Line Dancing 9.30am Art Group 2nd Floor 9.30am Knitting Group 10-11am Line Dancing SALES EVENT 2pm Rummikub 7pm Canasta</p>	<p>16 7.00 am Walking 10am Religious Fellowship – Care Centre. All welcome 2pm Rummikub 5pm Bar Night 6pm Fish / Calamari & Chips</p>	<p>17 11-12noon John Adams Fruit & Veg Bakkie 2pm Canasta</p>	<p>18</p> <p>NO MOVIE</p>
<p>19 7.00 am Walking 8-8.45am Aqua Aerobics 8.45am Pilates 9.30am Evergreen Bus 9.45am Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 4-5pm CHOIR in Gym 7pm Canasta</p>	<p>20 7.00 am Walking 9.10-10am Callanetics 10-12 noon Active Aging 2.0 Talk by Physiotherapist Loren 11-12 noon Exblox 2pm Bridge for Beginners 2pm Rummikub 5pm Bar Night</p>	<p>21 7.00 am Walking 9-12noon Bridge 10-12noon Table Tennis 12-1pm Western Province Caterers 'SA Jou Lekker Ding' 1.30pm Evergreen Bus 2pm Rummikub & Chess 2-3pm Ladies Pool 3pm Poetry Club 3-5pm Table Tennis 5pm Snack Supper 6pm MOVIE: FREE ALONG CAME POLLY</p>	<p>22 7.00 am Walking 8-8.45am Aqua Aerobics 9-10am Beginners Line Dancing 9.30am Art Group 2nd Floor 9.30am Knitting Group 10-11am Line Dancing 11am Aloe Vera Presentation 2pm Rummikub 5pm BINGO 7pm Canasta</p>	<p>23 7.00 am Walking 9.10-10am Callanetics 10am Religious Fellowship – Care Centre. All welcome 2pm Rummikub 5pm Bar Night 6pm Fish/Calamari & Chips</p>	<p>24 11-12noon John Adams Fruit & Veg Bakkie 2pm Canasta</p>	<p>25</p> <p>6pm MOVIE: R5pp DESTROYER</p>
<p>26 7.00 am Walking 8-8.45am Aqua Aerobics 8.45am Pilates 9.30am Evergreen Bus 9.45am Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 6pm Camera Club 7pm Canasta</p>	<p>27 7.00 am Walking 9.10-10am Callanetics 10 – 2pm Mobile Clothing Shop 2pm Bridge for Beginners 2pm Rummikub 2.30pm Oefen Afrikaans 5pm Bar Night DEADLINE FOR AGM NOMINATIONS</p>	<p>28 7.00 am Walking 9-12noon Bridge 10-12noon Table Tennis 1.30pm Evergreen Bus 2pm Rummikub & Chess 2-3pm Ladies Pool 2-3pm Bible Study 3-5pm Table Tennis</p>	<p>29 7.00 am Walking 8-8.45am Aqua Aerobics 9-10am Beginners Line Dancing 9.30am Art Group 2nd Floor 9.30am Knitting Group 10-11am Line Dancing 2pm Rummikub 4pm Gin Tasting 7pm Canasta</p>	<p>30 7.00 am Walking 9.10-10am Callanetics 10am Religious Fellowship – Care Centre. All welcome 12.30 Month End Madness - R50 Fish & Chips Special - 2pm Rummikub 5pm Bar Night 6pm Fish/Calamari & Chips</p>	<p>31 11-12noon John Adams Fruit & Veg Bakkie 2pm Canasta</p>	