JULY 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 7.00 am Walking 8-8h45am Aqua Aerobics 8.45am Pilates 9.30am Evergreen Bus 9.45am Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 4-5pm CHOIR in Gym 7pm Canasta	2 7.00 am Walking 8.30am RESCOM 9.10-10am Callanetics 11am Happy Housesitters talk 2pm Bridge for Beginners 2pm Rummikub 2.30-4pm CHIT CHAT 4.15pm Keith at the keyboard 5pm Bar Night	3 7.00 am Walking 9-12noon Bridge 10-12noon Table tennis 1.30pm Evergreen Bus 2pm Rummikub and Chess 2-3pm Ladies Pool 3-5pmTable Tennis 5pm SNACK SUPPER R25 6pm Movie: FREE THE GRACE CARD A Christian Movie	4 7.00 am Walking 8-8h45am Aqua Aerobics 9-10am Beginners Line Dancing 9.30am Art Group 2nd Floor 9.30am Knitting Group 10am KIND2HEARING 10am Penny Lile Biscuits 10-11am Line Dancing 2pm Rumikub 2.30pm BOOK CLUB Guest Speaker - Gabriel Athiros 7pm Canasta	5 7.00 am Walking 9.10-10.00am Callanetics 10am Religious Fellowship – Care Centre. All welcome 2pm Rummikub 5pm Bar Night 6pm Fish / Calamari & Chips	6 11-12noon John Adams Fruit & Veg Bakkie 2pm Canasta	NO MOVIE
8 7.00 am Walking 8-8h45am Aqua Aerobics 8.45am Pilates 9.30am Evergreen Bus 9.45am Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 7pm Canasta	9 7.00 am Walking 9.10-10am Callanetics 2pm Bridge for Beginners 2pm Rummikub 5pm Bar Night	10 7.00 am Walking 9-12noon Bridge 10-12noon Table tennis SALES EVENT 1.30pm Evergreen Bus 2pm Rummikub and Chess 2-3pm Ladies Pool 3-5pmTable Tennis 7-9PM CHRISTMAS IN JULY	8-8h45am Aqua Aerobics 9-10am Beginners Line Dancing 9.30am Art Group 2 nd Floor 9.30am Knitting Group 10-11am Line Dancing 2pm Rummikub 5pm BINGO 7pm Canasta	9.10-10.00am Walking 9.10-10.00am Callanetics 10am Religious Fellowship – Care Centre. All welcome 2pm Rummikub 5pm Bar Night 6pm Fish / Calamari & Chips	13 11-12noon John Adams Fruit & Veg Bakkie 2pm Canasta	6pm MOVIE: R5pp THE FAVOURITE Starring Emma Stone and Rachel Weisz
15 7.00 am Walking 8-8h45am Aqua Aerobics 8.45am Pilates 9.30am Evergreen Bus 9.45am Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 4-5pm CHOIR in Gym 7pm Canasta	9am Evergreen Striders St James Walk 9.10-10am Callanetics 2pm Bridge for Beginners 2pm Rummikub 5pm Bar Night	17 7.00 am Walking 9-12noon Bridge 10-12noon Table tennis 1.30pm Evergreen Bus 2pm Rummikub and Chess 2-3pm Ladies Pool. 3pm Poetry Club - Lounge 3pm to 5pmTable Tennis 5pm SNACK SUPPER R25 6pm Movie: FREE AUGUST: OSAGE COUNTY	18 7.00 am Walking 8-8h45am Aqua Aerobics 9-10am Beginners Line Dancing 9.30am Art Group 2 nd Floor 9.30am Knitting Group 9-15.30am Unique Health Wellness Fair 10-11am Line Dancing 2pm Rummikub 7pm Canasta	19 7.00 am Walking 9.10-10.00am Callanetics 10am Religious Fellowship – Care Centre. All welcome 2pm Rummikub 5pm Bar Night 6pm Fish / Calamari & Chips	20 11-12noon John Adams Fruit & Veg Bakkie 2pm Canasta	NO MOVIE
22 7.00 am Walking 8-8h45am Aqua Aerobics 8.45am Pilates 9.30am Evergreen Bus 9.45am Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 7pm Canasta	23 7.00 am Walking 9.10-10am Callanetics 2pm Bridge for Beginners 2pm Rummikub 5pm Bar Night	24 7.00 am Walking 9-12noon Bridge 10-12noon Table tennis 10am-2pm Mobile Clothing Shop 1.30pm Evergreen Bus 2pm Rummikub and Chess 2-3pm Ladies Pool 3pm to 5pmTable Tennis	25 7.00 am Walking 8-8h45am Aqua Aerobics 9-10am Beginners Line Dancing 9.30am Art Group 2nd Floor 9.30am Knitting Group 10-11am Line Dancing 2pm Rummikub 5.30-7pm "Hope & Glory" A tribute to Vera Lynn 7pm Canasta	26 7.00 am Walking 9.10-10.00am Callanetics 10am Religious Fellowship – Care Centre. All welcome 2pm Rummikub 5pm Bar Night 6pm Fish / Calamari & Chips	27 11-12noon John Adams Fruit & Veg Bakkie 2pm Canasta	28 6pm MOVIE: R5pp GREENCARD Starring Gerard Depardieu and Andie MacDowell
30 7.00 am Walking 8-8h45am Aqua Aerobics 8.45am Pilates 9-12noon MARKET DAY 9.30am Evergreen Bus 9.45am Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 4-5pm CHOIR in Gym 6pm Camera Club 7pm Canasta	31 7.00 am Walking 9.10-10am Callanetics 2pm Bridge for Beginners 2pm Rummikub 2.30pm OEFEN AFRIKAANS 5pm Bar Night	RSVP REMINDERS: Kindly book as follows: At Bistro: Lunches by 16:30 for next day. Pub suppers: by 11am on day. Book for "Christmas in July" by 8 th July Book for "Hope & Glory" by 19 July Wednesdays Snack suppers by 4pm on Tuesday. Collect/pay: 5pm. Sat and Sun lunches: by 16:30 on Fridays. At Reception: Book all events at Reception.				