

MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>RSVP REMINDERS: Kindly book as follows: At Bistro: Lunches by 16:30 for next day. Pub suppers: by 11am on day. Wednesday 17th snack supper by 11am on day. Sat and Sun lunches: by 16.30 on Fridays. At Reception: Book all events at Reception.</p>			<p>1 Labour Day 7.00 am Walking. 9-12 Bridge. 10am to 12: Table tennis. 2pm Chess & Rummikub 2-3 Ladies Pool 3pm to 5pm Table Tennis 6pm Movie: ESCAPE ARTIST FREE</p>	<p>2 7.00 am Walking 9-10 Beginners Line Dancing 9.30 Art Group 2nd Floor . 9.30 Knitting Group 10 – 11: Line Dancing 10am KIND2HEARING 2pm Rummikub 3pm BOOK CLUB 4-5 CHOIR. 7pm Canasta</p>	<p>3 7.00 am Walking 9.20-10.00 Callinetics 10am Religious Fellowship – Care Centre. All welcome 2pm Rummikub. 5.00pm Bar Night. 6pm Fish/ Calamari & Chips</p>	<p>4 11am -12 John Adams Fruit & Veg Bakkie 2pm Canasta</p>
<p>5 6pm MOVIE R5.pp The Old Man & the Gun. Robert Redford' Sissy Spacek. FOR INFO: TEL. LYDIA x 2017</p>	<p>6 7.00 am Walking 8.00 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub;</p>		<p>7 7.00 am Walking 8.30 RESCOM. 9.30 Transport to shops. 9.20-10.00 Callinetics. 10am TALK BY PHYSIO LOREN – 'Fall Prevention'. 2pm Bridge for Beginners. Rummikub 2pm. . 2.30-4 CHIT CHAT (1st anniversary) 4.15 Keith at the Keyboard. 5pm Bar night</p>	<p>8 7.00 am Walking 9-12 Bridge. 10am to 12: Table tennis. 2pm Chess & Rummikub 2-3 Ladies Pool 3pm to 5pm Table Tennis</p>	<p>9 7.00 am Walking 9-10 Beginners Line Dancing 9.30 Art Group 2nd Floor . 9.30 Knitting Group 10 – 11: Line Dancing 2pm Rummikub 5pm BINGO 7pm Canasta</p>	<p>10 7.00 am Walking 9.20-10.00 Callinetics 10am Religious Fellowship – Care Centre. All welcome 2pm Rummikub. 5.00pm Bar Night. 6pm Fish/ Calamari & Chips</p>
<p>12 6pm MOVIE R5.pp On the Basis of Sex. Felicity Jones, Arnie Hammer FOR INFO: TEL. LYDIA x 2017</p>	<p>13 7.00 am Walking 8.00 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub;</p>	<p>14 7.00 am Walking 9.30 Transport to shops 9.20-10.00 Callinetics. 2pm Bridge for Beginners 2pm Rummikub 5pm Bar night</p>	<p>15 7.00 am Walking 9-12 Bridge. 10am to 12: Table tennis. 2pm Chess/ Rummikub 2-3 Ladies Pool. 3pm to 5pm Table Tennis. SALES EVENT 5pm Collect SNACKS R25. 6pm Movie: PLANET EARTH FREE</p>	<p>16 7.00 am Walking 9-10 Beginners Line Dancing 9.30 Art Group 2nd Floor . 9.30 Knitting Group 10 – 11: Line Dancing 2pm Rummikub 4-5 CHOIR. 7pm Canasta</p>	<p>17 7.00 am Walking 9.20-10.00 Callinetics 10am Religious Fellowship – Care Centre. All welcome 2pm Rummikub. 5.00pm Bar Night. 6pm Fish/ Calamari & Chips</p>	<p>18 11am -12 John Adams Fruit & Veg Bakkie 2pm Canasta</p>
<p>19 6pm MOVIE R5.pp The Mule. Clint Eastwood. FOR INFO: TEL. LYDIA x 2017</p>	<p>20 7.00 am Walking 8.00 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub;</p>	<p>21 7.00 am Walking 9.30 Transport to shops 9.20-10.00 Callinetics. 2pm Bridge for Beginners 2pm Rummikub 5pm Bar night</p>	<p>22 7.00 am Walking 9-12 Bridge. 10am to 12: Table tennis. 2pm Chess & Rummikub 2-3 Ladies Pool 3pm to 5pm Table Tennis 5pm Wouter van Warmelo delights us again with a talk and slides.</p>	<p>23 7.00 am Walking 9-10 Beginners Line Dancing 9.30 Art Group 2nd Floor . 9.30 Knitting Group 10 – 11: Line Dancing 2pm Rummikub 5pm BINGO 7pm Canasta</p>	<p>24 7.00 am Walking 9.20-10.00 Callinetics 9-1 Alida's Pop-up clothes shop 10am Religious Fellowship – Care Centre. All welcome 2pm Rummikub. 5.00pm Bar Night. 6pm Fish/ Calamari & Chips</p>	<p>25 11am -12 John Adams Fruit & Veg Bakkie 2pm Canasta</p>
<p>26 6pm MOVIE R5.pp Vice. Story of Dick Cheney. Christian Bale, Sam Rockwell FOR INFO: TEL. LYDIA x 2017</p>	<p>27 7.00 am Walking 8.00 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub; 6pm CAMERA CLUB</p>	<p>28 7.00 am Walking 9.30 Transport to shops 9.20-10.00 Callinetics. 2pm Bridge for Beginners 2pm Rummikub 2.30pm OEFEN AFRIKAANS 5pm Bar night</p>	<p>29 7.00 am Walking 9-12 Bridge. 10am to 12: Table tennis. 2pm Chess & Rummikub 2-3 Ladies Pool 3pm to 5pm Table Tennis 3pm QUIZ AFTERNOON (by Les de Wet)</p>	<p>30 7.00 am Walking 9-10 Beginners Line Dancing 9.30 Art Group 2nd Floor . 9.30 Knitting Group 10 – 11: Line Dancing 2pm Rummikub 7pm Canasta</p>	<p>31 7.00 am Walking 9.20-10.00 Callinetics 10am Religious Fellowship – Care Centre. All welcome Lunchtime R50 - MONTHLY MADNESS: fish/chips/salad 2pm Rummikub. 5.00pm Bar Night. 6pm Fish/ Calamari/chips</p>	 Bi – see you in June