

January 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|-------------------------------------|
|  | | 1 New Year's Day | 2 6.45 am Walking 9-12 Bridge. (Starts 9 Jan) 10am to 12: Table tennis 2pm Chess. 2pm Rummikub 2-3 Ladies Pool 3pm to 5pm. Table Tennis 6pm: Movie: COPPELIA FREE | 3 6.45 am Walking 9.30 Art Group 2 nd Floor. 9.30 Knitting Group 10 – 11: Line Dancing(reopens 10 th January) 3pm Book Club (first meeting for 2019 is Thursday Feb 1 st) 2pm Rummikub. 4pm: CHOIR | 4 6.45 am Walking 9am Capricorn Primary Food collection. 9.20-10.00 Callinetics. (starts Tuesday 8 th Jan) 10.00 Religious Fellowship – Care Centre. 2pm Rummikub. 5.00pm Bar Night. 6pm Fish & Chips or Calamari & Chips | 5 2pm Canasta |
| 6 6pm Movie: BOOK CLUB. Four lifelong friends have their lives turned upside down after reading '50 shades of grey'. Diane Keaton, Jane Fonda, Candice Bergen, Mary Steenburgen. R5pp | 7 6.45 am Walking 8.00 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 10-2 Kind2 Hearing 1.30-5pm Bridge 2pm Rummikub 5-6pm CHOIR | 8. 6.45 am Walking 9.30 Transport to shops 9.20-10.00 Callinetics. reopens 2pm Bridge for Beginners 2pm Rummikub 2.30pm CHIT CHAT 4.15 Keith at the Keyboard 5. pm Bar night | 9 6.45 am Walking 9-12 Bridge. (first for 2019) 10am to 12:Table tennis. 2pm Chess & Rummikub 2-3 Ladies Pool 3pm to 5pm Table Tennis | 10 6.45 am Walking 9.30 Art Group 2 nd Floor . 9.30 Knitting Group 10 – 11: Line Dancing reopens. 2pm Rummikub 5pm BINGO 7pm Canasta | 11 6.45 am Walking 9.20-10.00 Callinetics 10.00 Religious Fellowship – Care Centre. 2pm Rummikub. 5.00pm Bar Night.6pm Fish/ Calamari & Chips. | 12 2pm Canasta |
| 13 6pm Movie: MISSION IMPOSSIBLE – FALLOUT. Arms dealer & terrorists known as 'The Apostles' plot a simultaneous nuclear attack on the Vatican. Jerusalem, Mecca R5pp | 14 6.45 am Walking 8.00 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 5-6pm CHOIR | 15 6.45 am Walking 9.30 Transport to shops 9.20-10.00 Callinetics. 2pm Bridge for Beginners 2pm Rummikub 5. pm Bar night | 16 6.45 am Walking 9-12 Bridge. 10am to 12:Table tennis.2pm Chess & Rummikub 2-3 Ladies Pool 3pm to 5pm Table Tennis 5pm Collect Snacks supper 6pm: Movie: PLANET EARTH FREE | 17 6.45 am Walking 9.30 Art Group 2 nd Floor . 9.30 Knitting Group 10 – 11: Line Dancing 2pm Rummikub 7pm Canasta | 18 6.45 am Walking 9.20-10.00 Callinetics 10.00 Religious Fellowship – Care Centre. 2pm Rummikub. 5.00pm Bar Night.6pm Fish/ Calamari & Chips. | 19 2pm Canasta |
| 20 6pm Movie: EDIE. After her controlling husband dies, an elderly woman embarks on a trip to fulfill her long time dream of climbing a mountain in the Scottish Highlands. Sheila Hancock, Kevin Guthrie, and others. R5pp | 21 6.45 am Walking 8.00 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 5-6pm CHOIR | 22 6.45 am Walking 9.30 Transport to shops 9.20-10.00 Callinetics. 2pm Bridge for Beginners 2pm Rummikub 2pm Presentation sponsored by MSC Cruises, Avis, Kenilworth Travel. RSVP by 18 Jan 5. pm Bar night | 23 6.45 am Walking 9-12 Bridge. 10am to 12:Table tennis. 2pm Chess & Rummikub 2-3 Ladies Pool 3pm to 5pm Table Tennis | 24 6.45 am Walking 9.30 Art Group 2 nd Floor . 9.30 Knitting Group 10 – 11: Line Dancing 2pm Rummikub 7pm Canasta | 25 6.45 am Walking 9.20-10.00 Callinetics 10.00 Religious Fellowship – Care Centre. LUNCH: Month end madness. Fried Fish & Chips Special R50 2pm Rummikub. 5.00pm Bar Night.6pm Fish/ Calamari & Chips. | 26 2pm Canasta |
| 27 6pm Movie: WONDER WHEEL tells the story of four characters whose lives intertwine amid the hustle and bustle of the Coney Island amusement park in the 1950's. Kate Winslett, Justin Timberlake, etc. Director Woody Allen R5pp | 28 6.45 am Walking 8.00 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 5-6pm CHOIR | 29 6.45 am Walking 9.30 Transport to shops 9.20-10.00 Callinetics. 2pm Bridge for Beginners 2pm Rummikub 3nm OEFEN AFRIKAANS – KOM GESELS SAAM. 5. pm Bar night | 30 6.45 am Walking 9-12 Bridge. 10am to 12:Table tennis. 2pm Chess & Rummikub 2-3 Ladies Pool 3pm to 5pm Table Tennis | 31 6.45 am Walking 9.30 Art Group 2 nd Floor . 9.30 Knitting Group 10 – 11: Line Dancing 2pm Rummikub 7pm Canasta | RSVP REMINDERS: Kindly book as follows: Bistro: Lunches by 16:30 for next day. Pub suppers: by 11am on day. Sat and Sun lunches: by 16.30 on Fridays. Snacks supper,(Chef's Quiche & Assorted juice) at Movie by 10am on Wed 16th Reception: Book all events at Reception. Book for presentation by MSC Cruises, et al by 18 Jan | |