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| **MUIZENBERG ACTIVITIES** |
| **Club/Activity Group** | **Meeting Date** | **Facilitator/ Contact Person** |
| **Aqua-aerobics** | 8.15 Mondays and Thursdays - pool | Magdalene ext 138 |
| **Art group** | Each Thursday am 9.30am on 2nd floor | Ursula ext 101 |
| **Bar nights** | Tuesdays & Fridays 5pm: Bar area. Fish&Chips/Calamari&Chips Fridays | Order bar suppers at Bistro **by** 11am on day. |
| **Bingo** | 2nd Thursday of month - Bistro 5pm.  | Alert by SMS |
| **Book Club** | 1st Thursday of month 3pm - lounge. | Annaleen ext 2303 |
| **Bridge** | Each Monday afternoon and Wednesday morning – lounge | Val Hollidge ext 105 |
| **Bridge - beginners** | Each Tuesday 2pm - library | Phyllis Classe ext 307 |
| **Callinetics** | Each Tuesday and Friday in pool area.9.20-10.00  | Sue Kinnell 072 212 0277or join on site.  |
| **Camera Club** | 6pm on last Monday of month - lounge | Jim Raubenheimer x 150 |
| **Canasta** | Mon &Thurs evenings & Sat afternoons.  | Kate Maver ext 134 |
| **Chess Club** | 2pm every Wednesday - lounge | Phyllis Classe ext 2317 |
| **Chit Chat** | 1st Tuesday 2.30pm - lounge | Hydle ext 2236 |
| **Choir** | 1st & 3rd Thursdays 4-5 pm  | Chris Fick ext 2317 |
| **Drawing with Viv** | Each Monday 9.45am-bar corner, lounge. | Tel. Viv Gottlieb ext 2224 |
| **Keith at Keyboard** | First Tuesday of month - 4.15pm lounge | All welcome |
| **Knitting Group** | Each Thurs 9.30am. bar end of lounge | Gillian Blackburn x 2001 |
| **Line Dancing** | Each Thursday 10-11am | Shireen – 071 471 3624 |
| **Movie Nights** | Every Sunday night 6pm. | Lydia Hirschmann ext 2017 |
| 1st & 3rd Wednesdays | Hydle de Villiers ext 2236 |
| **Oefen Afrikaans** | Last Tuesday of each month at 3pmBoard Room. | Hydle de Villiers ext 2236 |
| **Pilates**  | 8.45 pm each Monday in exercise area. |  Margie Sim - leader |
| **Poetry Group** | 3rd Wednesday of month at 3pm - lounge. | Margaret Clough ext 106 |
| **Pool - Ladies** | Every Wednesday 2-3pm | Nola Pattullo ext 2207 |
| **Pool/Snooker** | Available daily in Library area (except from 2-3 on Wednesdays when its Ladies Pool☺) | Hugh Till ext 2219. Tony Law ext 101 |
| Religious Fellowship | Every Friday 10am CARE CENTRE. All welcome | Hydle de Villiers ext 2236 |
| **Rummikub** | Daily around 2 pm | Joan Jackson ext 2112 |
| **Table Tennis** | Every Wednesday 10-12 and 3-5 | Pat van Eyssen ext 2231 |
| **Walking Group** | Mon, Tues, Wed, Thurs, Fridays EARLY | Ursula Law ext 101 |
| **Wine Club** | Evergreen Wine Club has regular wine tastings. Watch notice boards. | Facilitated by Jim Raubenheimer ext 150 |

Evergreen Rescom. Muizenberg Activity and Contact List. 24 October 2018