

# October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>CRAFT MARKET: 33 days to go.</b> For your diary: <b>Mon: 1<sup>st</sup> October: Newsletter.</b> <b>Thurs 4<sup>th</sup> 3pm:</b> please join Book Club to hear about ECD from Faranaaz of Rainbow Educare. <b>Fri: 5<sup>th</sup>:</b> from 10am Ursula will be in the library to collect your Xmas Hamper donations <b>Friday 5<sup>th</sup> 11am:</b> Meeting of all Table Holders. Gill P. collecting R20 from table holders.</p>	<p><b>1</b> 7.00 am Walking 8.15 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge. 2pm Rummikub. 7pm Canasta</p> <div style="border: 1px solid black; padding: 2px; margin-top: 5px;"> <p><i>Colour coding:</i> <i>Yellow: Movies</i> <i>Turquoise: Craft Market</i> <i>Pink: Bistro specials</i></p> </div>	<p><b>2</b> 7.00 am Walking <b>8.30 RESCOM</b> <b>9.30 Transport to shops</b> 2pm Bridge for Beginners 2pm Rummikub 2.30pm CHIT CHAT 4.15 KEITH AT THE KEYBOARD 5pm Bar night.</p>	<p><b>3</b> 7.00 am Walking 9-12 Bridge <b>Table tennis 10am to 12</b> 2pm Chess 2pm Rummikub <b>Table Tennis: 3pm to 5pm</b></p> <p style="background-color: yellow;"><b>6pm Movie: THE CROWN continues FREE</b></p>	<p><b>4</b> 7.00 am Walking 8.15 Aquarobics 9.30 Art Group 2<sup>nd</sup> Floor 9.30 Knitting Group <b>10.00 KIND 2 HEARING</b> 2pm Rummikub <b>3pm BOOK CLUB: FARANAAZ from Rainbow Educare</b> alking to us. ALL WELCOME. 4-5pm CHOIR 7pm Canasta</p>	<p><b>5</b> 7.00 am Walking 9.20-10.00 Callinetics. 10.00am Religious Fellowship - Care Centre. 10am ALIDA'S pop-up clothing shop. <b>10am Craft Market: donations to Ursula in library for Xmas hamper.</b> <b>11am Table holders meeting in TV lounge.</b> 2pm Rummikub. 5.00pm Bar Night <b>6pm Fish/Calamari/Chips</b></p>	<p><b>6</b> <b>8-10am CONTINENTAL BREAKFAST R65 each.</b> <b>RSVP by 3/10</b>  2pm Canasta</p>
<p><b>7</b> <b>Reminder: Tiny donation of R5 per person per movie (as marked) is requested</b> <b>6pm Movie: The Leisure Seeker.</b> John &amp; Elda take one last road trip before his alzheimers and her cancer 'gets' them. Donald Sutherland &amp; Helen Mirren <b>R5pp</b></p>	<p><b>8</b> 7.00am Walking 8.15 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 7pm Canasta</p>	<p><b>9</b> 7.00 am Walking <b>9.30 Transport to shops</b> 9.20-10.00 Callinetics: 10am PRESENTATION BY U-TURN.NPO dealing with homeless people and their rehab. 2pm Rummikub 2pm Bridge for Beginners <b>5pm Bar night .</b></p>	<p><b>10</b> 7.00 am Walking 9-12 Bridge <b>Table tennis 10am to 12</b> 2pm Chess 2pm Rummikub <b>Table Tennis: 3pm to 5pm</b></p> <p style="background-color: yellow;"><b>6pm Movie: THE CROWN continues FREE</b></p>	<p><b>11</b> 7.00 am Walking 8.15 Aquarobics 9.30 Art Group 2<sup>nd</sup> Floor 9.30 Knitting Group 2pm Rummikub <b>5pm BINGO</b> 7pm Canasta</p>	<p><b>12</b> 7.00 am Walking 9.20-10.00 Callinetics. 10.00 Religious Fellowship - Care Centre 2pm Rummikub <b>3pm LANDSCAPE TOURS</b> <b>3pm PANCAKE SALE</b> 5.00pm Bar Night <b>6pm Fish/Calamari/Chips</b></p>	<p><b>13</b>  2pm Canasta</p>
<p><b>14</b> <b>6pm Movie: Damascus Cover.</b> When the science misson goes wrong Ben-Scion soon learns that he's a pawn in a much bigger plan. Starring John Hirt, Jonathan Rhys Meyers, Olivia Thirlby <b>R5pp</b></p>	<p><b>15</b> 7.00 am Walking 8.15 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 7pm Canasta</p>	<p><b>16</b> 7.00 am Walking <b>9.30 Transport to shops</b> 9.20-10.00 Callinetics. 2pm Bridge for Beginners 2pm Rummikub <b>5pm Bar night.</b></p> <p>Reminder: Book for tomorrow's Snack Supper by 11am Wednesday 17th</p>	<p><b>17</b> 7.00 am Walking 9-12 Bridge <b>Table tennis 10am to 12</b> 2pm Chess 2pm Rummikub <b>Table Tennis: 3pm to 5pm</b> <b>3pm sharp POETRY – library</b> <b>5pm Snack Supper R25pp.</b> <b>6pm FREE: Movie: THE CROWN to follow.</b></p>	<p><b>18</b> 7.00 am Walking 8.15 Aquarobics 9.30 Art Group 2<sup>nd</sup> Floor 9.30 Knitting Group 2pm Rummikub <b>4-5pm CHOIR</b> 7pm Canasta</p>	<p><b>19</b> 7.00 am Walking 9.20-10.00 Callinetics. 10.00 Religious Fellowship - Care Centre 2pm Rummikub <b>3pm: BOEREWORS ROLLS</b> 5.00pm Bar Night <b>6pm Fish/Calamari/Chips</b></p>	<p><b>20</b>  2pm Canasta</p>
<p><b>21</b> <b>6pm Movie: The Guernsey Literary &amp; Potato Peel Pie Society.</b> In the aftermath of WW2, a writer forms an unexpected bond with the residents of Guernsey Island. Starring: Lily James, Michiel Huisman <b>R5pp</b></p>	<p><b>22</b> 7.00 am Walking 8.15 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 7pm Canasta</p>	<p><b>23</b> 7.00 am Walking <b>9.30 Transport to shops</b> 9.20-10.00 Callinetics. 2pm Bridge for Beginners 2pm Rummikub <b>5pm Bar night.</b></p>	<p><b>24</b> 7.00 am Walking 9-12 Bridge <b>Table tennis 10am to 12</b> 2pm Chess 2pm Rummikub <b>Table Tennis: 3pm to 5pm</b> <b>6pm Movie: THE CROWN continues FREE</b></p>	<p><b>25</b> 7.00 am Walking 8.15 Aquarobics 9.30 Art Group 2<sup>nd</sup> Floor 9.30 Knitting Group <b>10am Penny Life – One Time biscuit sale.</b> 2pm Rummikub 7pm Canasta</p>	<p><b>26</b> 7.00 am Walking 9.20-10.00 Callinetics. 10.00 Religious Fellowship - Care Centre 2pm Rummikub 5.00pm Bar Night. <b>6pm Fish/Calamari/Chips</b></p>	<p><b>27</b>  2pm Canasta</p>
<p><b>28</b> <b>6pm Movie: Oceans 8.</b> A high-powered heist to steal a \$150million necklace. <b>Star-cast: Sandra Bullock, Cate Blanchett, Anne Hathaway, Rihanna, Helen Bonham Carter</b> <b>R5pp</b></p>	<p><b>29</b> 7.00 am Walking 8.15 Aquarobics 8.45 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 6pm Camera Club 7pm Canasta</p>	<p><b>30</b> 7.00 am Walking <b>9.30 Transport to shops</b> 9.20-10.00 Callinetics. 2pm Bridge for Beginners 2pm Rummikub 3nm: OEFEN AFRIKAANS in Board Room. 5pm Bar night</p>	<p><b>31</b> 7.00 am Walking 9-12 Bridge Table tennis 10am to 12 2pm Chess 2pm Rummikub Table Tennis: 3pm to 5pm <b>6pm Movie: THE CROWN continues FREE</b></p>	<p><b>RSVP REMINDERS: Kindly book as follows:</b> <b>Bistro: Lunches by 16:30 for next day.</b> <b>Pub suppers &amp; Movie specials: by 11am on day.</b> <b>Sat/Sun lunches: by 16.30 Fridays. Continental breakfast by 3/10. Pancakes by 8am on 12<sup>th</sup>.</b> <b>Boerewors Rolls by 8am on 18/10</b> <b>Reception: Book Landscape Tours by 10<sup>th</sup>.</b> <b>Book BINGO etc.</b> <b>From 17th: Buy tea tickets for Craft Market @ R20pp for tea and scone or R10pp for top-up</b></p>		<div style="text-align: center;">  <p><b>2.30pm SATURDAY 3<sup>rd</sup> NOVEMBER.</b></p> <p><b>5.00pm BRING n BRAAI</b></p> </div>