

Dear Evergreener's



It's always wonderful to see staff grow. We've had some staff changes since 1 May. Christo was appointed Facilities Coordinator and will be overseeing all maintenance in the village. Mfundo has taken on the role of Duty Manager. We wish them well in their new roles. Mandy Letellier is a new hairdresser who works on Fridays. There is an increase in salon prices from 1 June. Rozilia Fortuin has been transferred to George Whitefield College as a new cook. We congratulate her on this promotion. Fathers Day will be celebrated on 17 June. The Bistro will be preparing a special meal on this day. Don't miss the "Continental Breakfast special" offered on 13 June. I will be on annual leave during June and will be leaving the village in the capable hands of Glynis, Christo, Mfundo, Laeeqah and Mandy. Until next time, take care. Melanie

Tallers Dayl

Important Notice:

We are currently unable to sell electricity or airtime to residents as Thetha Thetha has closed down. We are in the process of signing up with a new service provider, Kazang who may be able to sell electricity to the apartment residents as well. This will only take place in July.

Gerti Noyle is a registered Nurse who has worked in Saudi Arabia for the past 9 years. Prior to this she worked at Milpark Hospital in Johannesburg. She has 17 years experience with intellectually and physically challenged people. Since her return from Saudi, Gerti worked at Vincent Palotti Medical ICU as a Critical care nurse, her speciality being Cardiac Care. Gerti is married, has 3 grown up children, 2 stepsons and 8 grandchildren. She lives in Plumstead and is looking forward to getting to know everyone at Evergreen. Welcome Gerti!



Special Events to Diarise in June

- *Tuesday, 5-Rescom @ 8h30am
- *Tuesday, 5-Celia Musikanth & Coleen van Staden from Circle Productions will introduce you to their unique experience "Be an actor for a day" @ 11am (They will share a delightful free introduction to something completely different)
- *Tuesday, 5-Keith at the piano 16h15-16h45
- *Tuesday, 5-Chit Chat @14h45 (Till slip draw at 3h45)
- *Thursday, 7-Kind to Hearing from 10h00-13h00-Boardroom. Book with reception
- *Wednesday, 13-Boardwalk Continental Breakfast Special @ 8h30. R95pp. Book with Bistro
- *Thursday, 14-Biscuits & Sweet Sales by Penny Lile @ 10am
- *Thursday, 14-Bingo @ 17h00 (R30: Book & Pay reception)
- *Sunday, 17-Fathers Day-Book a special meal at the Bistro

Andre Wessels was awarded the Evergreen Way "Care" Badge. He demonstrated concern while working on the 3rd floor and noticed smoke seeping into the passage from an apartment. He knocked on the door to find out if all was in order, fortunately there was no real emergency & the resident was safe. Thank you Andre for being alert and showing you care.



A warm welcome to the newest members of the Evergreen family..... Colleen Gouws (Apart 202)

Condolences to the families of Eileen Lowry (Apart 343) Jill Heyns (Apart 216)

We say goodbye to Diane Stewart (Apart 108)







Diskem Blue Route held a tea for residents on 15 May where they introduced the services they offer and had lucky draws with lovely treats. Thank you Diskem for spoiling our "Oldies".

Evergreen Book Clun invited Shirley Zinn as their guest on 3 May. Shirley's life story is a heart-warming one & reminded me to count my blessings daily. Shirley saluted her father James Jeftha, one of our very own residents and her mother who passed away last year as being the pillars of strength and motivation in her life. Her autobiography, "Swimming Upstream" is available in bookstores.





A SUPER TOUR TO TULBAGH by Lydia Hirschmann



A wonderful break was taken of 3 days and 2 nights to Tulbagh with myself and four other residents of Evergreen Muizenberg.

We were driven in a comfortable coach directly to Wittedrift Manor House in Tulbagh which is a charming reconstruction of the original. The bedrooms are spacious and comfortable and the ambience is charming and eclectic. All meals were provided and eaten around a large wooden table in the middle of the kitchen which is homely and relaxing.

THE PRICE FOR THE ENTIRE PACKAGE INCLUDED all tours to the Wine farms, as well as the Olive farm and a home-made Chocolate tasting. The wine farms included Saronsberg, Twee Jonge Gezellen and Montpellier, whilst the olive farm was Oakhurst.

Church Street is the historical heart of Tulbagh where the original homes and places have been carefully rebuilt after the earthquake of 1969, to original plans and specifications. The whole street is Heritage listed.

On the return journey we were taken over Bain's Pass which is an experience in itself and so ended a much enjoyed few days away in a beautiful part of the country.





The Tendril Evergreen Muizenberg

The 1st **Chit Chat group** met on Tuesday 1st May. Please join them for a good time of fellowship at the next session on 5 June at 2h45pm and join Keith at the keyboard thereafter. Lucky draws will be done during these get together for all in the Lifestyle Centre at this time.





A big THANK YOU to all our residents who supported **Slipper Day on 10 May** by buying a wrist band. Allyson Vine, Peggy Cock and Cheryl Pilz as well a Victor Pillay won spot prizes on the day. R620 was raised for Reach for a Dream Foundation.







CCH Productions entertained residents on 9 May and sang a variety of love songs thoroughly enjoyed by all. More than 60 residents booked for lunch on the day. Thanks to Western Province Caterers for arranging this event.













OUT

Friendly Reminder

Apartment residents please use the IN/OUT slider on your front doors even if you are in the Lifestyle Centre or visiting a friend in the village. This is important to know in cases of emergency.

The Tendril Evergreen Muizenberg

Table Tennis on Wednesdays started on 7th February and has become a very successful, fun-filled time for all of those who come along. Some regularly, others whenever they have the free time. Residents have had the opportunity to refresh their skills, get some exercise, have lots and lots of laughs and above all get to meet and socialise with other residents. Overall it is a fun-filled time. Spectators are also welcome! Please see the attached picture of some of those residents who have come to play on various Wednesdays since we started in February.



AUDREY MARSHALL; PAT SWILLING; RAY VAN EYSSEN

LESLIE DE WET; VICTOR PILLAY



URSULA LAW; LYDIA HIRSCHMANN

NOLA PATTULLO; CHERRYL PILZ; JIMMY JEFTHA



CHRIS ROBERTS; JIMMY JEFTHA



LESLIE DE WET; VICTOR PILLAY; JIMMY JEFTHA; RAY VAN EYSSEN

Laughter is good medicine. Enjoy!

A man in Northern Ontario woke up one morning to find a bear on his roof. He looked in the Yellow pages and sure enough there was an ad for "Up North Bear Removers". He called the number and the bear remover said he'd be over within half an hour. The bear remover arrived, and got our of his van. He had a ladder, a baseball bat, a 12 bore shotgun, and a mean looking, heavily scarred pit bull terrier. "What are you going to do?" the homeowner asked. "I'm going to put this ladder up against the roof, then I'm gong to go up there, and knock the bear off the roof with this baseball bat. When the bear falls off the roof, the pit bull is trained to grab his testicles, and not let him go. The bear will be subdued enough for me to put him in the cage in the back of the van." He then handed the shotgun to the homeowner. "What's the shotgun for?" the homeowner asked. "If the bear knocks me off the roof, you shoot the dog!"

Don't stress about your eyesight failing as you get older. It's natures way of protecting you from shock as you walk past the mirror.

Ek staan vanoggend op
Ek tel my arms op
Ek beweeg my bene
Ek draai my nek
En alles kraak!
Toe kom ek tot die
wonderlikste besef....
Ek is nie OUD nie
Ek is KRAAKVARS

The Irish never hesitate to come to the aid of their fellow man (fellow air passengers, in this case)

Shortly after take-off on an outbound, evening Aer Lingus flight from Dublin to Boston, the lead flight attendant nervously made the following painful announcement in her lovely Irish brogue:

"Ladies and gentlemen. I'm so

"Ladies and gentlemen, I'm so very sorry, but it appears that there has been a terrible mixup by our catering service. I don't know how this has happened, but we have 103 passengers on board, and unfortunately, we received only 40 dinner meals. I truly apologize for this mistake and inconvenience."

When the muttering of the passengers had died down, she continued, "Anyone who is kind enough to give up their meal so that someone else can eat, will receive free and unlimited drinks for the duration of our 10 hour flight."

Her next announcement came about 2 hours later:

"If anyone is hungry, we still have 40 dinners available."

TABLE TENNIS

EVERY WEDNESDAY IN THE GYM.
ALL WELCOME.

Please come along and enjoy the exercise, laughter and get to know other residents. Lot's of fun.

Please contact Pat van Eyssen on Ext 2231 – Unit 231

Tim, Dave & Liz D'Alton's grandson met Zapiro, the famous cartoonist recently. Tim handed him a cartoon he had drawn.

A Star in the making.



Mense,
hierdie winter
raak nou darem
te baie erg koud.
Toe ek vanoggend
wou gaan geld trek
toe sê die strokie
"account frozen"
Ek gaan maar
later vandag as
dit warmer is
weer probeer.



The Tendril