



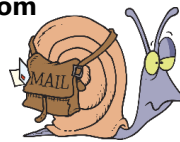
Dear Evergreener's



It's crunch time and we have to intensify all our efforts to save water. Level 6B water restrictions come into effect 1 February and only 50 LITRES OF WATER PER PERSON PER DAY IS ALLOWED. I want to thank our head office staff in Arthur, Derek & Cobus as well as many others who are hard at work to make sure our residents will be cared for in the future with much needed water. We plan for the worst and hope for the best. James & Monique Cassells will be providing entertainment at our Valentines Day Dinner called "Old School Country Legends". Below is a line up of songs you can enjoy on the night. CCH Productions will be entertaining our residents on 21 February with songs by Simon & Garfunkel. Not to be missed! Until next time. Keep saving water wherever possible. Warm regards, Melanie.

Special Events to Diarise in February

- *Thursday, 1-Kind to Hearing from 10h00-13h00-Boardroom
- *Wednesday, 7-Rescom @ 8h30am
- *Thursday, 8-Bingo @ 5pm (R30: Book & Pay reception)
- *Wednesday, 14-Valentines Day Dinner with James & Monique Cassells. Book at the Bistro
- *Wednesday, 21-Lunch time entertainment at 12pm: CCH Productions: Music by Simon & Garfunkel



Snail mail: Need a letter posted. Please drop it off at the office ready to be posted and we will post it for you.



The Valentines Day show on the 14th Feb called "Old School Country Legends", is a tribute to the country legends of the '50s to the '80s, and features music by great artists such as Johnny Cash ("Folsom Prison Blues"), Patsy Cline ("Crazy"), Hank Williams ("Your Cheatin' Heart"), Tammy Wynette ("Stand By Your Man"), Bellamy Brothers ("Let Your Love Flow"), Pussycat ("Mississippi"), Don Williams ("You're My Best Friend"), Dolly Parton ("9 to 5"), Glen Campbell ("Rhinstone Cowboy") and many more.

What you can do with 50l per day

1 litre



Melanie Coetzee, our new Western Province Caterers Unit Manager studied at the Hotel School through an International Company City & Guilds. She has worked for a number of catering & events companies and joined Western Province Caterers in 2012. She is passionate about delivering an excellent service and making sure her clients are happy.

A warm welcome to the newest members of the Evergreen family.....

- Avril Butler (Apart 14)
- Victor Strugo (Apart 335)
- Caroline Bekker (Apart 337)-renting out

We remember those we have lost.....

- Myrtle Raubenheimer (Unit 50)
- Eleanor Schoeman (Unit 18) - moved to Nazareth House



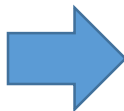
Evergreen Knitting Group at it again!!

36 beautiful bears have been knitted which will be distributed to the trauma rooms at Capricorn School and the local police station.

The ladies range from Granny Rae aged 92 to the "youngsters" in their 70's.

They meet every Thursday morning to "Knit & Natter" and enjoy a cup to tea or coffee. They will continue knitting for the Cape Clothing Guild, who are happy to receive the blankets, jerseys & caps knitted.

Our **Bridge Group** donated much needed items to Capricorn Primary. Seen in the picture is Andre Vercuiel and Collyeen Sinclair from the group with the school principle Mrs Hassan. What a kind gesture.



On 10 January, the **Rummikub group** decided to walk to Elaine's Upper Crust Pizza and Pasta, to have a pizza and then walk back to be on time for the afternoon game. They spent a lovely afternoon together.



Parking in village: Residents or visitors should not park in a manner that obstructs the flow of traffic in roads or obstructs the entry/exit of other residents i.e. garages etc. Please be mindful when parking.



An interest meeting for **table tennis** was attended by 15 eager residents on 31 January. A decision was made that Wednesdays would be the official table tennis day with players getting together between 10-12 in the morning and 3-5 in the afternoon. These times are all flexible and anyone can come along & join in at any time. Thanks to Pat van Eyssen for arranging the meeting.

Merleen van der Vyver celebrated her 90th birthday on 16 January. Her secret to good ageing is to stay positive and have a happy attitude to life. She is the kind of person who always see's the glass half full. Her husband Billy turned 90 last year and together they still enjoy many happy days together.



VALENTINES DAY DID YOU KNOW....

That... 14 February each year has millions across the world giving their loved ones gifts of flowers, chocolates and other lovely presents.

That... One version of the origin of Valentines Day arose from the following: When Claudius II became Emperor, the golden era of the Roman Empire had almost come to an end, too large to be protected against external aggression and internal chaos.

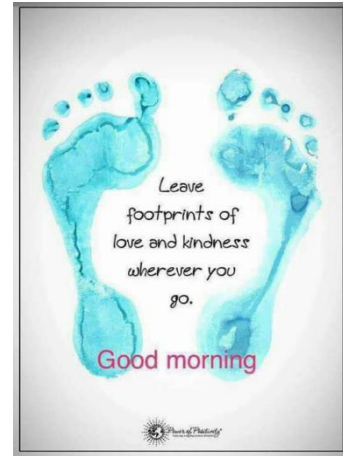
That... Emperor Claudius felt that married men were too emotionally attached to their families to become good soldiers. He issued an edict forbidding new marriages.

That... The Bishop Valentine saw the injustice of this decree and secretly performed many marriages for young lovers. Claudius had him arrested and imprisoned.

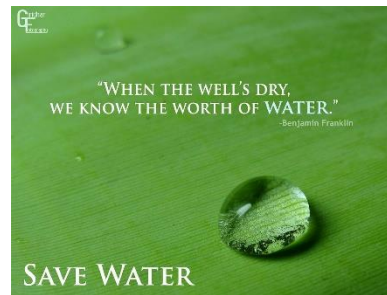
That... While in prison and through his faith, he is said to have restored the sight of his jailor's daughter and they formed a friendship.

That... Valentine is said to have sent her a farewell message signed 'from your Valentine'.

That... 14 February has become a day for all lovers and St Valentine is its Patron Saint on learning about this



Mr George Rutter would love to meet anyone who has read the book "CONVERSATIONS WITH GOD" BY Neale Donald Walsh. Please contact him on Ext 2029-Apart 29.



Water saving tip

*Use the small flush button on your toilet for those who live in apartments. This flush uses 6 litres of water compared to the 9 litres used by the big flush. Alternatively use grey water for flushing.

*An economy cycle only uses between 55-60 litres of water in a 5kg washing machine. Make sure you do a full load when washing and cut down your washing to 1 x per week.



Laughter is good medicine. Enjoy !

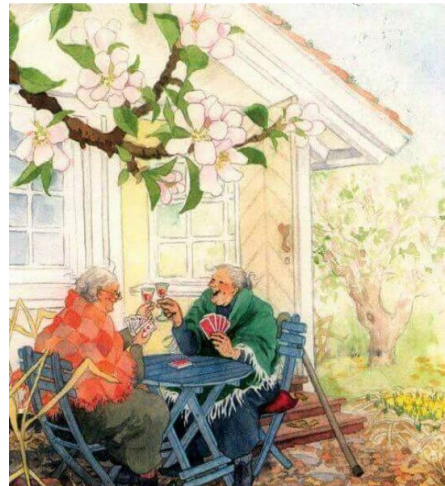
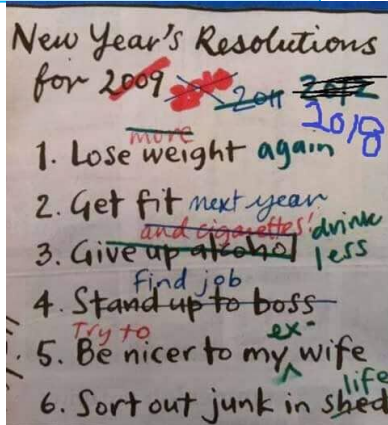
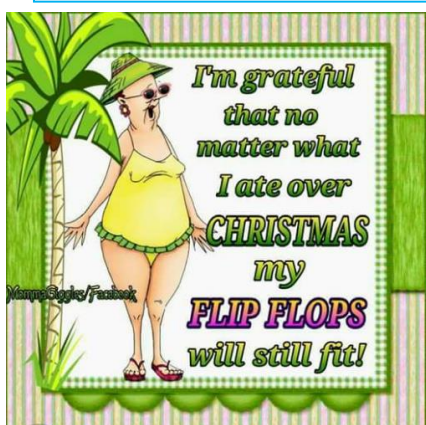
I was buying mangoes at the junction while waiting for change I saw an old woman with a little child. The child was walking a bit faster than the woman and the woman shouted; "Degree wait for me". I was so amazed hearing that name. So to satisfy my curiosity, I walked closer to the woman and asked; "ma, why do u call this child degree"? The woman laughed and said "I sent her mother to the University and this is what she brought home..."

An elderly couple are sitting on their bench in the garden and contemplating life. The husband eventually says to his wife "I wonder whatever happened to our conjugal relations" to which his wife replied "I don't know dear. I sent them a Christmas Card but I never received a reply!"



Nooit getroud nie

Hoekom het tannie nooit getrou nie? Ag, sê sy, ek het 'n papegaai, 'n hond en 'n kat. Saam is hulle nes 'n man. Die papegaai vloek, die hond poep en die kat loop saans rond.



Koos werk by 'n dokter as skoonmaker.
Dokter vra Koos moet 'n ogie oor sy pasiënte hou want hy moet uitgaan.
Volgende dag vra Dokter vir Koos: "En hoe het dit gegaan?"
Koos: Daar was 3 pasiënte, een het gehoos en ek het hom Benylin gegee"
Dokter: " Goed so Koos, en die ander?"
Koos: "Die ander pasiënt het gekla oor allergie en ek het hom Allergex gegee".
Dokter: "En die laaste pasiënt?"
Koos: "Dit was 'n vrou, sy het ingekom, kaal uitgetrek en op die ondersoektafel gaan lê en gesê: "Ek het vier jaar laas 'n man gesien".
Dokter: " O, blik@m Koos en wat doen jy toe?"
Koos: "Toe gooi ek EyeGene in haar oë !"

