

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>RSVP REMINDERS: Kindly book as follows: Bistro: Lunches by 16:30 for next day. Pub suppers: by 11am on day. Sat and Sun lunches: by 16.30 on Fridays. Reception: Book all talks & events at Reception. Book Tulbach Tourism by 8/11 for catering Book Movember social by 24/11 CRAFT MARKET Friday 3 Nov 2.30pm</p>		<p>31st October 3nm. Oefen Afrikaans</p>	<p>1 7.00 am Walking 8.30am RESCOM 9-12 Bridge Lunch – dessert option 2pm Chess 2pm Rummikub 3pm FIRE SAFETY TALK by Elroy Blouws 6pm Movie: HANSIE</p>	<p>2 7.00 am Walking 8.15 Aquarobics 9.30 Art Group Cottage 16 9.30 Knitting Group 10am IEC Registration of residents new to Muizenberg 10 – 11: Line Dancing 10-13.00 Kind2Hearing 2pm Rummikub 3pm Aquarobics 3pm: BOOK CLUB. 7pm Canasta</p>	<p>3 7.00 am Walking 9.20-10.00 Callinetics. 10.15-10.45 Callinetics Special 10.00 Church Care Centre LUNCH AT 12 TODAY 2.30pm CRAFT MARKET 5.00pm Bar Night . 6pm Fish & Chips or Calamari & Chips</p>	<p>4 2pm Canasta</p>
<p>5 6pm Movie: PLANET EARTH</p>	<p>6 7.00 am Walking 8.15 Aquarobics 9.00 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 7pm Canasta</p>	<p>7 7.00 am Walking 9.30 Transport to shops 9.20-10.00 Callinetics. 10.15-10.45 Callinetics Special 11am RECYCLING TALK 2pm Bridge for Beginners 2pm Rummikub 3pm LIFE AS A JOURNEY 4.15 KEITH AT THE KEYBOARD 5. pm Bar night. 6pm supper: Beef schnitzel or tomato soup.</p>	<p>8 7.00 am Walking 9-12 Bridge Lunch – dessert option 2pm Chess 2pm Rummikub</p>	<p>9 7.00 am Walking 8.15 Aquarobics 9.30 Art Group Cottage 16 9.30 Knitting Group 10 – 11: Line Dancing 2pm Rummikub 3pm Aquarobics with Aniska 5pm BINGO 7pm Canasta</p>	<p>10 7.00 am Walking 9.20-10.00 Callinetics. 10.15-10.45 Callinetics Special 10.00 Church Care Centre 2pm Rummikub 3pm TULBACH TOURISM TALK WITH WITTEDRIF MANOR GUEST HOUSE 5.00pm Bar Night . 6pm Fish/Calamri & Chips</p>	<p>11 2pm Canasta</p>
<p>12 6pm Movie: SILENT WITNESS</p>	<p>13 7.00 am Walking 8.15 Aquarobics 9.00 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 4.30 CHOIR 7pm Canasta</p>	<p>14 7.00 am Walking 9.30 Transport to shops 9.20-10.00 Callinetics. 10.15-10.45 Callinetics Special Lunch – dessert option 2pm Bridge for Beginners 2pm Rummikub 5. pm Bar night. 6pm supper: Lamb livers or Veg spoup.</p>	<p>15 7.00 am Walking 9-12 Bridge 2pm Chess 2pm Rummikub 5pm THE POWER OF PHOTOGRAPHY AT RED CROSS CHILDREN'S HOSPITAL by Wouter van Warmelo</p>	<p>16 7.00 am Walking 8.15 Aquarobics 9.30 Art Group Cottage 16 9.30 Knitting Group 10 – 11: Line Dancing 2pm Rummikub. 3pm Aquarobics 3pm WINE TASTING: WINKELSHOEK 3pm POETRY GROUP 7pm Canasta</p>	<p>17 7.00 am Walking 9.20-10.00 Callinetics. 10.15-10.45 Callinetics Special 10.00 Church Care Centre 2pm Rummikub 3pm Presentation: STAFF ONLY at BIG TV 5.00pm Bar Night 6pm: Fish & Chips or Calamari & Chips</p>	<p>18 2pm Canasta</p>
<p>19 6pm Movie: IL POSTINO THE POSTMAN</p>	<p>20 7.00 am Walking 8.15 Aquarobics 9.00 Pilates 9.45 Drawing with Vivian 1.30-5pm Bridge 2pm Rummikub 7pm Canasta</p>	<p>21 7.00 am Walking 9.30 Transport to shops 9.20-10.00 Callinetics. 10.15-10.45 Callinetics Special 2pm Bridge for Beginners 2pm Rummikub 3pm FOURIESBURG TOURS 5. pm Bar night. Supper: lentil soup or crumbed chicken</p>	<p>22 7.00 am Walking 9-12 Bridge Lunch – dessert option 2pm Chess 2pm Rummikub</p>	<p>23 7.00 am Walking 8.15 Aquarobics 9.30 Art Group Cottage 16 9.30 Knitting Group 10 – 11: Line Dancing 2pm Rummikub 3pm Aquarobics with Aniska 7pm Canasta</p>	<p>24 7.00 am Walking 9.20-10.00 Callinetics. 10.15-10.45 Callinetics Special 10.00 Church Care Centre 2pm Rummikub 5.00pm Bar Night . 6pm Fish & Chips or Calamari & Chips</p>	<p>25 2pm Canasta</p>
<p>26 6pm MOVIE: THE UNTOUCHABLES – Sean Connery</p>	<p>27 7.00 am Walking 8.15 Aquarobics 9.00 Pilates. 9.45 Drawing -Viv 1.30-5pm Bridge 2pm Rummikub 4.30 CHOIR 6.00 CAMERA CLUB 7pm Canasta</p>	<p>28 7.00 am Walking 9.30 Transport to shops 9.20-10.00 Callinetics. 10.15-10.45 Callinetics Special 2pm Bridge for Beginners 2pm Rummikub 3nm Oefen Afrikaans 5. pm Bar night. Supper: Scottish egg or spinach soup.</p>	<p>29 7.00 am Walking 9-12 Bridge 2pm Chess 2pm Rummikub 3pm MOVEMBER Social 6pm: Movie: to be advised.</p>	<p>30 7.00 am Walking 8.15 Aquarobics 9.30 Art Group Cottage 16 9.30 Knitting Group 10 – 11: Line Dancing 2pm Rummikub 3pm Aquarobics with Aniska 7pm Canasta</p>	<p><u>DVD's can be borrowed from these residents:-</u> Barbara de Vries Unit 65 ext 165. Diana Hawke Apt 107 ext 2107 Arthur Kinman Unit 10 ext 10 Diana Tarratt Cross Apt 15 ext 2015 Wouter van Warmelo ext 124 SHOWMAX info by sms</p>	

1 Jan	New Year's Day	8 Jun	World Oceans Day
4 Feb	World Cancer Day	16 Jun	Youth's Day
13 Feb	World Radio Day	18 Jun	Father's Day
14 Feb	International Condom Day	18 Jun	The Body and Blood of Christ (Corpus Christi)
14 Feb	Valentine's Day	20 Jun	World Refugee Day
28 Feb	Mardi Gras	21 Jun	Winter Solstice (Southern)
1 Mar	Ash Wednesday	29 Jun	St. Peter & St. Paul
3 Mar	World Wildlife Day	18 Jul	Nelson Mandela International Day
8 Mar	International Women's Day	30 Jul	International Friendship Day
9 Mar	World Kidney Day	30 Jul	World Day against Trafficking in Persons
13 Mar	Commonwealth Day	9 Aug	International Day of the World's Indigenous Peoples
17 Mar	St. Patrick's Day	9 Aug	National Women's Day
20 Mar	Autumn Equinox Southern	13 Aug	International Left-Handers Day
20 Mar	International day of happiness	15 Aug	Assumption (of Mary)
20 Mar	Spring Equinox (Southern Hemisphere)	19 Aug	World Humanitarian Day
21 Mar	Human Rights Day	8 Sep	International Literacy Day
22 Mar	World Water Day	15 Sep	International Day of Democracy
7 Apr	World Health Day	21 Sep	International Day of Peace
14 Apr	Good Friday	22 Sep	World Rhino Day
15 Apr	Easter Saturday	24 Sep	Heritage Day
16 Apr	Easter	1 Oct	World Vegetarian Day
17 Apr	Family Day	10 Oct	World Mental Health Day
22 Apr	Earth Day	24 Oct	United Nations Day
27 Apr	Freedom Day	1 Nov	All Saints Day
1 May	Worker's Day	1 Dec	World AIDS Day
3 May	World Press Freedom Day	3 Dec	First Sunday of Advent
14 May	Mother's Day	16 Dec	Day of Reconciliation
25 May	Ascension	21 Dec	Summer Solstice Southern
31 May	World No Tobacco Day	24 Dec	Christmas Eve
4 Jun	Pentecost	25 Dec	Christmas
5 Jun	Whit Monday (Pentecost Monday)	26 Dec	Day of Goodwill