**MUIZENBERG ACTIVITIES**

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| **Club/Activity Group** | **Meeting Date** | **Contact Person** |
| **Aqua-aerobics** | 8.15 Mondays and Thursdays - pool | Magdalene ext 138 |
| **Aqua-aerobics**  **(formal)** | 3pm each Thursday - pool | Aniska Naidoo  082 255 2178 |
| **Art group** | Each Thursday am 9.30am in Cottage 16 | Ursula ext 101 |
| **Bar nights** | Tuesdays and Fridays 5pm in Bar area.  Fish & Chips or Calamari&Chips on Friday nights | Order bar suppers at Bistro **by** 11am on day. |
| **Bingo** | 2nd Thursday of month - Bistro 5pm. | Alert by SMS |
| **Book Club** | 1st Thursday of each month - lounge. | Hildegard ext 109 |
| **Bridge** | Each Monday afternoon and Wednesday morning – lounge | Val Hollidge ext 105 |
| **Bridge - beginners** | Each Tuesday 2pm - library | Phyllis Classe ext 307 |
| **Callinetics** | Each Tuesday and Friday in pool area.  9.20-10.00 Callinetics.  10.15-10.45 Callinetics Special | Sue Kinnell 072 212 0277  or join on site. |
| **Camera Club** | 6pm on last Monday of each month - lounge | Facilitated by Jim Raubenheimer ext 150. |
| **Canasta** | Mon &Thurs evenings & Sat afternoons. | Kate Maver ext 134 |
| **Chess Club** | 2pm every Wednesday - lounge | Phyllis Classe ext 307 |
| **Choir** | 2nd & 4th Monday of each month – 4.30pm lounge | Les de Wet ext 138 |
| **Church** | Each Friday 10.00am in Care Centre | Hydle de Villiers ext 2236 |
| **Drawing with Viv** | Each Monday 9.45am-bar corner, lounge. | Tel. Viv Gottlieb ext 2224 |
| **Keith at the Keyboard** | First Tuesday of each month at 4.15pm in the lounge | All welcome |
| **Knitting Group** | Each Thurs 9.30am. bar end of lounge | Gillian Blackburn ext 2001 |
| **Line Dancing** | Each Thursday 10-11am | Shareen Bruinders 064 659 5829 |
| **Movie Nights** | 1st & last Wednesdays each month 6pm  And Every Sunday night 6pm. | Facilitated by Hydle de Villiers ext 2236 |
| **Oefen Afrikaans** | Last Tuesday of each month at 3pm | Hydle De Villiers ext 2236 |
| **Pilates** | 9am each Monday in exercise area. | Margie Sim - leader, |
| **Poetry Group** | 3rd Wednesday of month at 3pm - lounge. | Margaret Clough ext106 |
| **Pool/Snooker** | Available daily in Library area | Hugh Till ext 2219. Tony Law ext 101 |
| **Rummikub** | Daily around 2 pm | Joan Jackson ext 2112 |
| **Walking Group** | Mon, Tues, Wed, Thurs, Fridays 7am | Ursula Law ext 101 |
| **Wine Club** | Evergreen Wine Club has regular wine tastings. Watch notice boards.  *(List Revision 30/10/2017)* | Facilitated by Jim Raubenheimer ext 150 |