



# Boardwalk

BISTRO

## Menu – August 2017

Dear Resident.

Kindly note that all meals will be charged as indicated on the Menu.

**STARTERS & DESSERT WILL BE AVAILABLE IN ADDITION TO ANY MAIN COURSE**

### EXAMPLE:

STARTER + MAIN COURSE	MAIN COURSE + DESSERT	STARTER + MAIN COURSE + DESSERT
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**UPSIZE YOUR PROTEIN PORTION FOR AN ADDITIONAL CHARGE OF R9.00**

**\*Menu items may change, subject to availability\***

MEAL PRICES	
STARTER	R 10.00
STANDARD MAIN COURSE	R 46.00
PREMIUM MAIN COURSE	R 59.00
SUNDAY MAIN COURSE	R 75.00
DESSERT	R 14.00
TAKE AWAY CHARGE	R 5.00
UPSIZING PROTEIN	R 9.00

### Kindly book as follows:

Lunches by 16:30 for the following day.

Pub Suppers by 11am the morning.

Saturday & Sunday meals by 16h30 on Fridays.

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*Celebrate* Women's DAY  
**BRUNCH**  
*9 August 2017 - 9h30*  
 please RSVP at the bistro  
 before friday, 4 August 2017

	ON THE TABLE	FROM THE KITCHEN	BEVERAGES
<b>9 AUG 2017 WEDNESDAY</b>	YOGHURT & MUESLI CUPS, CROISSANT WITH CHEESE & TOMATO & SWEET MELON FRUIT CUPS	<b>ENGLISH BREAKFAST:</b> SCRAMBLED EGGS WITH MUSHROOMS, BEEF SAUSAGE, 2 RASHERS OF BACON, BAKED BEANS & GRILLED TOMATO <i>(Toast &amp; Preserve Included)</i>	ORANGE JUICE TEA / COFFEE

**R75.00 per person**

# Pub Suppers

## TUESDAY PUB SUPPERS:

	OPTION 1 R46.00	OPTION 2 R15.00
1 AUGUST 2017 TUESDAY	LAMB LIVERS WITH BACON & ONION GRAVY, MASHED POTATOES & SEASONAL VEGETABLES	TOMATO SOUP SERVED WITH A BREAD ROLL
8 AUGUST 2017 TUESDAY	PORK SAUSAGE WITH ONION RELISH & GRAVY, MASHED POTATOES & SEASONAL VEGETABLES	VEGETABLE SOUP SERVED WITH A BREAD ROLL
15 AUGUST 2017 TUESDAY	CRUMBED CHICKEN STRIPS WITH MUSHROOM SAUCE, CHIPS & SALAD OF THE DAY	LENTIL SOUP SERVED WITH A BREAD ROLL
22 AUGUST 2017 TUESDAY	BEEF SCHNITZEL WITH PEPPER SAUCE, SWEET POTATO WEDGES & SALAD OF THE DAY	SPINACH SOUP SERVED WITH A BREAD ROLL
29 AUGUST 2017 TUESDAY	PORK APPLE CURRY WITH PARSLEY RICE & SEASONAL VEGETABLES	PEA SOUP SERVED WITH A BREAD ROLL

## FRIDAY PUB SUPPER: 4, 11, 18 & 25 AUGUST 2017

**FRIED FISH & CHIPS R59.00**  
SERVED WITH A SIDE SALAD

**CALAMARI & CHIPS R59.00**  
SERVED WITH A SIDE SALAD



BOOKINGS ARE TO BE MADE BEFORE 11AM ON THE DAY

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	STARTER	STANDARD OPTION 1	STANDARD OPTION 2	DESSERT
1 AUG 2017 TUESDAY	TOMATO SOUP SERVED WITH A BREAD ROLL	CHICKEN & SPINACH QUICHE WITH SEASONAL VEGETABLES	PORK MEATBALLS WITH MUSTARD SAUCE, MASHED POTATOES & SEASONAL VEGETABLES	BAKED APPLE PUDDING WITH CUSTARD
2 AUG 2017 WEDNESDAY	SWEET CORN FRITTERS SERVED WITH SWEET CHILLI SAUCE	BEEF CANNELONI WITH SEASONAL VEGETABLES	PORK SCHNITZEL WITH MUSHROOM SAUCE, MASHED POTATOES & SEASONAL VEGETABLES	DESSERT OPTION
3 AUG 2017 THURSDAY	BROCCOLI SOUP SERVED WITH A BREAD ROLL	CALAMARI WITH TARTAR SAUCE, POTATO WEDGES & SEASONAL VEGETABLES	TOMATO BEEF BREDIE WITH LENTIL RICE & SEASONAL VEGETABLES	STEWED CINNAMON APPLES WITH CUSTARD
4 AUG 2017 FRIDAY	SPINACH & MUSHROOM PHYLLO TART	GRILLED CHICKEN STRIPS WITH SWEET CHILLI SAUCE, SWEET POTATO MASH & SEASONAL VEGETABLES	<b>PREMIUM:</b> PORTUGUESE HAKE WITH SWEET POTATO MASH & SEASONAL VEGETABLES	BAKED DATE PUDDING WITH CUSTARD
5 AUG 2017 SATURDAY	BEAN SOUP SERVED WITH A BREAD ROLL	BEEF SAUSAGE WITH TOMATO RELISH, MASHED POTATOES & SEASONAL VEGETABLES	BACON CARBONARA PASTA SERVED WITH A BEETROOT SALAD	FRUIT JELLY WITH CUSTARD
6 AUG 2017 SUNDAY	LENTIL & VEGETABLE SOUP SERVED WITH A BREAD ROLL	ROAST GAMMON WITH MUSTARD SAUCE, CHICKEN & LEEK PIE WITH GRAVY, ROAST POTATOES & SEASONAL VEGETABLES		DESSERT DUO: CHOCOLATE MOUSSE WITH NUTS & CRÈME BRULE



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	STARTER	STANDARD OPTION 1	STANDARD OPTION 2	DESSERT
7 AUG 2017 MONDAY	ROAST VEGETABLE PHYLLO TART WITH FETA	PORK & VEGETABLE CURRY WITH LENTIL RICE & SEASONAL VEGETABLES	SALMON FISH CAKES WITH TOMATO RELISH, MASHED POTATOES & SEASONAL VEGETABLES	BAKED CHOCOLATE PUDDING WITH CUSTARD
8 AUG 2017 TUESDAY	VEGETABLE SOUP SERVED WITH A BREAD ROLL	CHICKEN SCHNITZEL WITH MUSHROOM SAUCE, POTATO WEDGES & SEASONAL VEGETABLES	BEEF MEATBALLS WITH GRAVY, MASHED POTATOES & SEASONAL VEGETABLES	BANANA PANCAKES WITH WHIPPED CREAM
9 AUG 2017 WEDNESDAY	BAKED AUBERGINE WITH TOMATO RELISH & MOZZARELLA	PORK & APPLE PIE WITH GRAVY & SEASONAL VEGETABLES	CHICKEN DIJONNAISE WITH SWEET POTATO WEDGES & SEASONAL VEGETABLES	DESSERT OPTION
10 AUG 2017 THURSDAY	LEEK & POTATO SOUP SERVED WITH A BREAD ROLL	HAWAIIAN CHICKEN KEBABS WITH GARLIC BABY POTATOES & SEASONAL VEGETABLES	<b>PREMIUM:</b> HAKE MORNAY WITH SAVOURY RICE & SEASONAL VEGETABLES	TIRAMISU
11 AUG 2017 FRIDAY	ROAST VEGETABLE COUS COUS WITH GREEK DRESSING	CALAMARI WITH TARTAR SAUCE, CHIPS & SALAD OF THE DAY	BACON, BLUE CHEESE & RED ONION QUICHE WITH SEASONAL VEGETABLES	BAKED CHOCOLATE PUDDING WITH WHIPPED CREAM
12 AUG 2017 SATURDAY	PEA SOUP SERVED WITH A BREAD ROLL	BUTTERNUT TOPPED COTTAGE PIE WITH GRAVY & SEASONAL VEGETABLES	SALMON & SPINACH TAGLIATELLE WITH A GREEN SALAD	STEWED CINNAMON APPLES WITH CUSTARD
13 AUG 2017 SUNDAY	VEGETABLE SPRINGROLLS WITH SWEET CHILLI SAUCE	ROAST PORK LEG WITH APPLE SAUCE & CRACKLING, GRAVY, ROAST POTATOES & SEASONAL VEGETABLES	CHICKEN KIEV WITH GRAVY, ROAST POTATOES & SEASONAL VEGETABLES	CHOCOLATE & COFFEE TRIFLE

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<b>14 AUG 2017 MONDAY</b>	ROAST VEGETABLE PHYLLO TART WITH FETA	CHICKEN A LA KING WITH SAVOURY RICE & SEASONAL VEGETABLES	FISHERMANS COTTAGE PIE WITH SEASONAL VEGETABLES	BAKED LEMON PUDDING WITH CUSTARD
<b>15 AUG 2017 TUESDAY</b>	LENTIL SOUP SERVED WITH A BREAD ROLL	PORK SAUSAGE WITH ONION RELISH & GRAVY, MASHED POTATOES & SEASONAL VEGETABLES	BEEF SCHNITZEL WITH CHEESE SAUCE, MASHED POTATOES & SEASONAL VEGETABLES	<b>DESSERT OPTION</b>
<b>16 AUG 2017 WEDNESDAY</b>	SNOEK PATTE WITH HOMEMADE MELBA TOAST	SAVOURY MINCE PANCAKES WITH GARLIC BABY POTATOES & SEASONAL VEGETABLES	CHICKEN & BROCCOLI QUICHE WITH SEASONAL VEGETABLES	APPLE ROSE TART SERVED WITH STRAWBERRY SAUCE & WHIPPED CREAM
<b>17 AUG 2017 THURSDAY</b>	BALSAMIC ROAST BEETROOT WITH ROCKET & FETA	BEEF STROGANOFF WITH PARSLEY RICE & SEASONAL VEGETABLES	CHICKEN & LEEK PIE WITH GRAVY & SEASONAL VEGETABLES	WAFFLES WITH SYRUP & WHIPPED CREAM
<b>18 AUG 2017 FRIDAY</b>	CHICKEN NOODLE SOUP SERVED WITH A BREAD ROLL	SALMON FISH CAKES WITH TOMATO RELISH, POTATO WEDGES & SEASONAL VEGETABLES	LAMB LIVERS WITH BACON & ONION RELISH, GRAVY, MASHED POTATOES & SEASONAL VEGETABLES	COFFEE CAKE WITH WHIPPED CREAM
<b>19 AUG 2017 SATURDAY</b>	VEGETABLE SOUP SERVED WITH A BREAD ROLL	TUNA & CORN QUICHE WITH SEASONAL VEGETABLES	BEEF & VEGETABLE STEW WITH PARSLEY RICE & SEASONAL VEGETABLES	STRAWBERRY YOGHURT TART
<b>20 AUG 2017 SUNDAY</b>	BUTTERNUT SOUP SERVED WITH A BREAD ROLL	LEMON & HERB ROAST CHICKEN WITH GRAVY, BEEF & MUSHROOM PIE, ROAST POTATOES & SEASONAL VEGETABLES		BAKED SAGO PUDDING WITH APRICOT & CUSTARD

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	STARTER	STANDARD OPTION 1	STANDARD OPTION 2	DESSERT
<b>21 AUG 2017 MONDAY</b>	ROAST BUTTERNUT WITH FETA & ROCKET	BEEF MEATBALLS WITH GRAVY, SWEET POTATO MASH & SEASONAL VEGETABLES	SWEET & SOUR PORK STEW WITH LENTIL RICE & SEASONAL VEGETABLES	BAKED MALVA PUDDING WITH CUSTARD
<b>22 AUG 2017 TUESDAY</b>	SPINACH SOUP SERVED WITH A BREAD ROLL	PORK SCHNITZEL WITH MUSHROOM SAUCE, MASHED POTATOES & SEASONAL VEGETABLES	CHICKEN & BROCCOLI BAKE WITH MASHED POTATOES & SEASONAL VEGETABLES	CRÈME BRULE
<b>23 AUG 2017 WEDNESDAY</b>	CAPRESE SALAD	CURRIED BEEF PIE WITH GRAVY & SEASONAL VEGETABLES	CHICKEN LASAGNE SERVED WITH SEASONAL VEGETABLES	<b>DESSERT OPTION</b>
<b>24 AUG 2017 THURSDAY</b>	SNOEK PATTE WITH HOMEMADE MELBA TOAST	SWEET & SOUR PORK STEW WITH LENTIL RICE & SEASONAL VEGETABLES	<b>PREMIUM:</b> PORTUGUESE HAKE WITH MASHED POTATOES & SEASONAL VEGETABLES	CHOCOLATE MOUSSE SPRINKLED WITH NUTS
<b>25 AUG 2017 FRIDAY</b>	BEAN SOUP SERVED WITH A BREAD ROLL	CALAMARI WITH TARTAR SAUCE, CHIPS & BEETROOT SALAD	BACON, BUTTERNUT & FETA QUICHE WITH SEASONAL VEGETABLES	BAKED COCONUT PUDDING WITH CUSTARD
<b>26 AUG 2017 SATURDAY</b>	BAKED AUBERGINE WITH TOMATO RELISH & MOZZARELLA	BEEF SAUSAGE WITH TOMATO RELISH, MASHED POTATOES & SEASONAL VEGETABLES	CHICKEN & SPINACH TAGLIATELLE SERVED WITH A GREEN SALAD	WAFFLES WITH SYRUP & WHIPPED CREAM
<b>27 AUG 2017 SUNDAY</b>	MUSHROOM SOUP SERVED WITH A BREAD ROLL	CHICKEN CORDON BLEU WITH GRAVY, ROAST POTATOES & SEASONAL VEGETABLES	ROSEMARY ROAST BEEF WITH GRAVY, YORKSHIRE PUDDING, ROAST POTATOES & SEASONAL VEGETABLES	CARROT CAKE SLICE

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<b>28 AUG 2017 MONDAY</b>	ROAST SWEET POTATO WITH FETA & OLIVE OIL	BEEF & LENTIL BOBOTIE WITH YELLOW RICE & SEASONAL VEGETABLES	SPINACH, MUSHROOM & FETA QUICHE WITH SEASONAL VEGETABLES	APPLE ROSE TART SERVED WITH STRAWBERRY SAUCE & WHIPPED CREAM
<b>29 AUG 2017 TUESDAY</b>	PEA SOUP SERVED WITH A BREAD ROLL	SWEET & SOUR CHICKEN WITH ROAST SWEET POTATO & SEASONAL VEGETABLES	PORK STROGANOFF WITH LENTIL RICE & SEASONAL VEGETABLES	CINNAMON PANCAKES DRIZZLED WITH CHOCOLATE SAUCE
<b>30 AUG 2017 WEDNESDAY</b>	BAKED BABY MALLOW WITH TOMATO RELISH & MOZZARELLA	SPAGHETTI BOLOGNAISE TOPPED WITH CHEESE & SERVED WITH A GREEN SALAD	CHICKEN & MUSHROOM PANCAKE WITH SEASONAL VEGETABLES	COFFEE CAKE WITH WHIPPED CREAM
<b>31 AUG 2017 THURSDAY</b>	TOMATO SOUP SERVED WITH A BREAD ROLL	SALMON FISH CAKES WITH TOMATO RELISH & SEASONAL VEGETABLES	LAMB LIVERS WITH BACON & ONION GRAVY, MASHED POTATOES & SEASONAL VEGETABLES	STRAWBERRY YOGHURT TART