MENU OCTOBER 2016

Dear Resident.

Kindly note that all meal will be charged as indicated on the Menu.

Ice cream can be order as a side to a single course meal at an additional

price of R8.00 and with prior arrangement / booking.

Menu items may change, subject to availability

Kindly book as follow:

Lunches by 16:30 for the following day.

Bar evenings by 11am the morning.

Saturday & Sunday meals by 16h30 on Fridays.

Yours in Service



Western Province Caterers

STANDARD MEAL SINGLE COURSE: R44.00STANDARD MEAL THREE COURSE: R66.00PREMIUM MEAL SINGLE COURSE: R57.00PREMIUM MEAL THREE COURSE: R77.00SUNDAY LUNCH SINGLE COURSE: R72.00SUNDAY LUNCH THREE COURSE: R92.00TAKE AWAYS WILL BE CHARGED AN EXTRA R5.00



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Western Province Caterers





EW I - EVERY FRIDAY EVENING IN OCTOBER

R57.00 PER PERSON

NEW FRIDAY NIGHT SUPPER

FRIED FISH SERVED WITH CHIPS, TARTAR SAUCE & SIDE SALAD

MEALS WILL BE SERVED AT 18H00

PLEASE BOOK BEFORE 11AM ON THE DAY

STANDARD MEAL SINGLE COURSE: **R44.00** PREMIUM MEAL SINGLE COURSE: **R57.00** SUNDAY LUNCH SINGLE COURSE: **R72.00** TAKE AWAYS WILL BE CHARGED AN EXTRA R5.00







DINNER MONTH END DINNER OXTAIL

FRIDAY, 28TH OF OCTOBER 2016 - 19H00

R100.00 PER PERSON

STARTER	MAIN COURSE	DESSERT	EXTRA'S
ROAST VEGETABLE TARTLET	BEEF OXTAIL SERVED WITH BASMATI RICE & SEASONAL VEGETABLES	BLACK FORREST PUDDING	WELCOMING DRINK TEA / COFFEE

KINDLY RSVP BY MONDAY, 24TH OF OCTOBER 2016

	STARTER	STANDARD	PREMIUM	DESSERT
1 OCT 2016 SATURDAY	GREEN SALAD	BEEF LASAGNE WITH BREAD & SALAD OF THE DAY	PORK & VEGETABLE PIE WITH GRAVY, WHITE RICE & SEASONAL VEGETABLES	CHOCOLATE MOUSSE SPRINKLED WITH NUTS
2 OCT 2016 SUNDAY	BAKED AUBERGINE WITH TOMATO RELISH & MOZZARELLA	BEEF OLIVES WITH GRAVY, YORKSHIRE PUDDING, ROAST POTATOES & SEASONAL VEGETABLES	ALTERNATIVE: CHICKEN KIEV WITH GRAVY, ROAST POTATOES & SEASONAL VEG	APPLE CRUMBLE WITH ICE CREAM

STANDARD MEAL SINGLE COURSE: R44.00 PREMIUM MEAL SINGLE COURSE: R57.00 SUNDAY LUNCH SINGLE COURSE: R72.00 TAKE AWAYS WILL BE CHARGED AN EXTRA R5.00



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Western Province Caterers



	STARTER	STANDARD	PREMIUM	DESSERT
3 OCT 2016 MONDAY	LENTIL SOUP	BACON CARBONARA PASTA WITH BREAD & SALAD OF THE DAY	BEEF MUSHROOM PIE WITH GRAVY, PARSLEY RICE & SEASONAL VEGETABLES	BAKED MALVA PUDDING WITH CUSTARD
4 OCT 2016 TUESDAY	SWEET CORN FRITTERS WITH SWEET CHILLI SAUCE	CHICKEN & MUSHROOM QUICHE WITH MASHED POTATOES & SEASONAL VEGETABLES	PORTUGUESE HAKE WITH MASHED POTATOES & SEASONAL VEGETABLES	STRAWBERRY YOGHURT TART
5 OCT 2016 WEDNESDAY	TOMATO SOUP	BEEF MEATLOAF WRAPPED IN BACON WITH GRAVY, SAVOURY RICE & SEASONAL VEGETABLES	CHICKEN SCHNITZEL WITH MUSHROOM SAUCE, SAVOURY RICE & SEASONAL VEGETABLES	TIRAMISU
6 OCT 2016 THURSDAY	ROAST BUTTERNUT & FETA SALAD	CALAMARI WITH TARTAR SAUCE, CHIPS & SALAD OF THE DAY	SWEET & SOUR PORK PIE WITH GARLIC BABY POTATOES & SALAD OF THE DAY	BAKED APPLE PUDDING WITH WHIPPED CREAM
7 OCT 2016 FRIDAY	MUSHROOM SOUP	LAMB LIVERS WITH ONION RELISH & GRAVY, MASHED POTATOES & SEASONAL VEGETABLES	FRIED FISH WITH TARTAR SAUCE, CHIPS & SALAD OF THE DAY	APPLE ROSE TART WITH ICE CREAM
8 OCT 2016 SATURDAY	BUTTERNUT & FETA PHYLLO TART	TUNA & CORN PASTA BAKE WITH BREAD & SALAD OF THE DAY	TOMATO BREDIE WITH WHITE RICE & SEASONAL VEGETABLES	FRUIT JELLY WITH CUSTARD
9 OCT 2016 SUNDAY	MINTED PEA SOUP	ROAST PORK WITH APPLES SAUCE, GRAVY, ROAST POTATOES & SEASONAL VEGETABLES	ALTERNATIVE: ROAST LEMON & HERB CHICKEN WITH GRAVY, ROAST POTATOES & SEASONAL VEGETABLES	FRUIT SALAD WITH ICE CREAM







	STARTER	STANDARD	PREMIUM	DESSERT
10 OCT 2016 MONDAY	VEGETABLE SOUP	SALMON & FISH FRITTERS WITH SWEET CHILLI SAUCE, MASHED POTATOES & SEASONAL VEGETABLES	PORK SCHNITZEL WITH MUSHROOM SAUCE, MASHED POTATO & SEASONAL VEGETABLES	BAKED LEMON PUDDING WITH CUSTARD
11 OCT 2016 TUESDAY	BAKED AUBERGINE WITH TOMATO RELISH & MOZZARELLA	SPAGHETTI BOLOGNAISE WITH BREAD & SALAD OF THE DAY	CRUMBED CHICKEN STRIPS WITH CHEESE SAUCE, POTATO WEDGES & SALAD OF THE DAY	CHOCOLATE MOUSSE SPRINKLED WITH NUTS
12 OCT 2016 WEDNESDAY	BROCCOLI SOUP	CHUTNEY CHICKEN WITH SAVOURY RICE & SEASONAL VEGETABLES	HAKE MORNAY WITH MASHED POTATOES & SEASONAL VEGETABLES	FLAPJACKS WITH ICE CREAM
13 OCT 2016 THURSDAY	CAPRESE SALAD	PORK SAUSAGE WITH ONION RELISH & GRAVY, MASHED POTATOES & SEASONAL VEGETABLES	BEEF CURRY WITH YELLOW RICE & SEASONAL VEGETABLES	STEWED CINNAMON APPLES WITH CUSTARD
14 OCT 2016 FRIDAY	BEAN SOUP	BEEF MEATBALLS WITH GRAVY, PARSLEY RICE & SEASONAL VEGETABLES	FRIED FISH WITH TARTAR SAUCE, PARSLEY RICE & SEASONAL VEGETABLES	BAKED GINGER PUDDING WITH CUSTARD
15 OCT 2016 SATURDAY	CARROT & PINEAPPLE SALAD	CHICKEN & SPINACH PASTA BAKE WITH BREAD & SALAD OF THE DAY	PORK & VEGETABLE PIE WITH GRAVY, WHITE RICE & SEASONAL VEGETABLES	ICE CREAM WITH FRUIT SAUCE
16 OCT 2016 SUNDAY	SPINACH & FETA PHYLLO TART	ROAST BEEF WITH GRAVY, YORKSHIRE PUDDING, ROAST POTATOES & SEASONAL VEGETABLES	ALTERNATIVE: CHICKEN ROULADE WITH GRAVY, ROAST POTATOES & SEASONAL VEGETABLES	BANOFFEE PIE







	STARTER	STANDARD	PREMIUM	DESSERT
17 OCT 2016 MONDAY	PEA SOUP	COTTAGE PIE WITH GRAVY, BASMATI RICE & SEASONAL VEGETABLES	CHICKEN CURRY WITH BASMATI RICE & SEASONAL VEGETABLES	FRUIT FRITTERS WITH ICE CREAM
18 OCT 2016 TUESDAY	SALAD TRIO	TOMATO CHICKEN WITH PARSLEY RICE & SEASONAL VEGETABLES	TEMPURA PORK WITH EGG NOODLE	STRAWBERRY YOGHURT TART
19 OCT 2016 WEDNESDAY	CHICKEN & CORN SOUP	CALAMARI WITH TARTAR SAUCE, CHIPS & SALAD OF THE DAY	CHICKEN BURGER WITH BACON & AVO, CHIPS & SALAD OF THE DAY	CUSTARD TART
20 OCT 2016 THURSDAY	TOMATO & MOZZARELLA TART	BEEF SAUSAGE WITH TOMATO RELISH, MASHED POTATOES & SEASONAL VEGETABLES	STEAK & EGG WITH CHIPS & SALAD OF THE DAY	BAKED CHOCOLATE PUDDING WITH WHIPPED CREAM
21 OCT 2016 FRIDAY	LENTIL SOUP	CHICKEN & MUSHROOM PIE WITH GRAVY, CHIPS & SALAD OF THE DAY	FRIED FISH WITH TARTAR SAUCE, CHIPS & SALAD OF THE DAY	BANANA PANCAKES WITH CREAM & CHOCOLATE SAUCE
22 OCT 2016 SATURDAY	DEVILLED EGGS	BLUE CHEESE & RED ONION QUICHE, POTATO WEDGES & SEASONAL VEGETABLES	BEEF STROGANOFF WITH BASMATI RICE & SEASONAL VEGETABLES	SAGO PUDDING WITH APRICOT & CUSTARD
23 OCT 2016 SUNDAY	BUTTERNUT SOUP	ROAST GAMMON WITH MUSTARD SAUCE, GRAVY, ROAST POTATOES & SEASONAL VEGETABLES	ALTERNATIVE: CHICKEN KIEV WITH GRAVY, ROAST POTATOES & SEASONAL VEGETABLES	CHOCOLATE TRIFLE







	STARTER	STANDARD	PREMIUM	DESSERT
24 OCT 2016 MONDAY	TOMATO SOUP	SAVOURY MINCE PANCAKES WITH SAVOURY RICE & SEASONAL VEGETABLES	PORTUGUESE HAKE WITH MASHED POTATOES & SEASONAL VEGETABLES	CHOCOLATE MOUSSE SPRINKLED WITH NUTS
25 OCT 2016 TUESDAY	SPRINGROLLS WITH SWEET & SOUR SAUCE	LAMB LIVERS WITH ONION RELISH & GRAVY, MASHED POTATOES & SEASONAL VEGETABLES	BEEF BURGERS WITH BACON & CARAMALIZED ONION, CHIPS & SALAD OF THE DAY	MILK TART
26 OCT 2016 WEDNESDAY	VEGETABLE SOUP	BEEF BOBOTIE WITH YELLOW RICE & SEASONAL VEGETABLES	TEMPURA CHICKEN WITH EGG NOODLE	TIRAMISU
27 OCT 2016 THURSDAY	CHEESE PUFF WITH SWEET CHILLI SAUCE	SALMON & SPINACH PASTA WITH BREAD & SALAD OF THE DAY	TOMATO BREDIE WITH PARSLEY RICE & SEASONAL VEGETABLES	BAKED COCONUT PUDDING WITH CUSTARD
28 OCT 2016 FRIDAY	FRENCH ONION SOUP	SAVOURY MINCE PIE WITH GRAVY, PARSLEY RICE & SEASONAL VEGETABLES	FRIED FISH WITH TARTAR SAUCE, CHIPS & SALAD OF THE DAY	ICE CREAM WITH STRAWBERRY SAUCE
29 OCT 2016 SATURDAY	MIXED SALAD	CHICKEN ALA KING WITH WHITE RICE & SEASONAL VEGETABLES	PORK & VEGETABLE CURRY WITH WHITE RICE & SEASONAL VEGETABLES	FRUIT JELLY WITH CUSTARD
30 OCT 2016 SUNDAY	3 CHEESE PHYLLO TART	ROAST BEEF WITH GRAVY, YORKSHIRE PUDDING, ROAST POTATOES & SEASONAL VEGETABLES	ALTERNATIVE: KENTUCKY CHICKEN WITH GRAVY, ROAST POTATOES & SEASONAL VEGETABLES	PEPPERMINT TART







	STARTER	STANDARD	PREMIUM	DESSERT
31 OCT 2016 MONDAY	LEEK & POTATO SOUP	SALMON & SPINACH QUICHE WITH GARLIC BABY POTATOES & SEASONAL VEGETABLES	CRUMBED CHICKEN STRIPS WITH MUSHROOM SAUCE, GARLIC BABY POTATOES & SEASONAL VEGETABLES	BAKED DATE PUDDING WITH WHIPPED CREAM

STANDARD MEAL SINGLE COURSE: R44.00
PREMIUM MEAL SINGLE COURSE: R57.00
SUNDAY LUNCH SINGLE COURSE: R72.00STANDARD MEAL THREE COURSE: R66.00
PREMIUM MEAL THREE COURSE: R77.00
SUNDAY LUNCH THREE COURSE: R92.00
TAKE AWAYS WILL BE CHARGED AN EXTRA R5.00



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