



07 SEPTEMBER - 13 SEPTEMBER 2026

In this issue:

Weekly Activities:

Your weekly guide to sport & recreational activities in the Village

It's a Celebration:

Birthdays, Anniversaries & New Residents

What's Happening?

Village Shuttle Services- 11 September @09h00

Classical Music Group- 08 September

Mobeewash- 09 September

Springboks VS All blacks- 12 September @17h05

Upcoming Events:

Brassband Concert- 14 September

Special Voting Day- 25 September

"One's heritage and roots is something to be proud of and cherished." — Sonja Morgan

Dear Evergreen Lake Michelle Residents,

Ticket sales for the **Cape Town Brass Band Concert** has begun, kindly see below on page for more information. Ticket sales takes place between 16h00- 17h30 on the below mentioned dates.

This week we have Mobeewash in our village, kindly book your slot with reception on ext. 2400 or 021 001 4312.

We also look out to our monthly book club, on the 15th September, where we gather and share the different amazing book topics that we have read.

Residents are reminded of the importance of a will, hence that's why we strongly encourage our residents to attend the will awareness talk. Kindly RSVP with reception should you attend.

Wishing you all a happy week!
Village Team



IN THIS ISSUE

PAGE

FROM THE DESK OF THE VILLAGE MANAGER

3

WEEKLY EVENTS

4

Your weekly guide to sport & recreational activities in the Village

5

ACTIVITIES AND FACILITIES GROUPS AND EVENTS

6

IT'S A CELEBRATION

Birthdays, Anniversaries & New Residents

7

RESIDENT EVENTS

Movie

8

Classical Music Group

9

Brass band Concert

10

Games Afternoon

11

Tuesday Hikers

12

Mobeewash

13

Low Impact Cardio

14

Will Awareness Talk

15

Upcoming Rugby Fixtures

16

Shuttle Services

17

Photographic Competition

18

Health Corner

19

Creative Outings

20

BISTRO MENU

21

Table 1&1

22

Weekly Menu

“And in the spring, I shed my skin, and it blows away with the changing winds.” – Unknown

I just received an update from Pete Van Der Spek that the wind is currently at 65km per hour, the next week will be around 45 km per hour, so the 7-day south easter wind is definitely here.

Yesterday and today, there was no work done on the apartment block due to the storm front, but certain to commence again on Monday, So please be cautious.

We would like to thank all our residents for their patience, understanding and cooperation while these necessary improvements are being carried out. Our team is doing its best to manage the process carefully and minimise disruption wherever possible.

Make the Most of Our Lifestyle Centre

During periods when construction noise may be more noticeable, we invite residents to make use of the facilities and activities available at our Lifestyle Centre.

Whether enjoying a coffee with friends, joining an activity, taking part in our wellness programmes or simply spending time in the communal areas, the Lifestyle Centre offers a welcoming space to relax, socialise and enjoy a change of scenery.

Friday Shuttle Service

Residents are can also make use of our transport shuttle to the mall on Fridays. It provides a convenient opportunity to do some shopping, enjoy a coffee or lunch, and spend time with fellow residents.

A little change of scenery can make a big difference while the construction work is underway.

We will continue to keep residents informed as the project progresses and appreciate your continued patience and support.

Thank you for helping us maintain a positive and connected community during this period.

Kind reagrds

**Johan De Villiers
General Manager**



WEEKLY EVENTS CALENDER



WEDNESDAY
IS RECYCLING



MONDAY
07
SEPTEMBER

09h00
**STRETCH
CLASS**
MEZZANINE
LEVEL

10h00
ART CLUB
**CREATIVE
HUB**

10h15
**AQUA
AEROBICS**
POOL AREA

10h30
**CATHOLIC
GROUP**
**CINEMA
ROOM**

14h00
**BRIDGE
/CARD
GAMES**
MEZZANINE
LEVEL

TUESDAY
08
SEPTEMBER

08h00
PILATES
ACTIVITY
ROOM 1

09h00
CALLINETICS
**MEZZANINE
LEVEL**

14h00
MOSIACS
**CREATIVE
HUB**

14h00
**GOLF
CROQUET**
FISH HOEK
**BOWLING
CLUB**

14h00
**CLASSICAL
MUSIC
GROUP**
**CINEMA
ROOM**

14h30
**TABLE
TENNIS**
**TABLE
TENNIS
ROOM**

WEDNESDAY
09
SEPTEMBER

09h00
TÁI CHI
ACTIVITY RM 1

09H00
MOBEEWASH
JOJO TANKS

09h15
**AQUA
AEROBICS**
POOL AREA

10h00
**WILL AWARENESS
TALK**
MEZZANINE LEVEL

12h00
RIAAN'S
FRUITVAN
TOP PARKING

15H00
**LINE
DANCING**
ACTIVITY RM
1

18h00
**RESIDENT
SOCIAL &
DINNER**
BAR AREA

THURSDAY
10
SEPTEMBER

07h30-08h30
PILATES
ACTIVITY
ROOM 1

08h45-09h30
LOW IMPACT CARDIO
ACTIVITY ROOM 1

09h30 -10h00
**ABS & BUTT (MAT
CLASS)**
ACTIVITY ROOM 1

09h00
STRETCH CLASS
MEZZANINE LEVEL

10h30
TÁI CHI
ACTIVITY RM 1

10h00
**KNITTING
GROUP**
MAIN LOUNGE

14h00
TABLE TENNIS
**TABLE TENNIS
ROOM**

14h30
MOVIE
CINEMA ROOM

FRIDAY
11
SEPTEMBER

09h00
**BACK
CARE YOGA**
ACTIVITY
ROOM 1

09h15
**AQUA
AEROBICS**
POOL AREA

09h00
**VILLAGE SHUTTLE
SERVICES**
LSC

10h00
ART CLUB
CREATIVE HUB

11h00-13h00
LINE DANCING
ACTIVITY RM 1

15h00
**SOCIAL POOL &
SNOOKER**
MEZZANINE LEVEL

11h00-13h00
**LADIES POOL
SESSION**
MEZZANINE
LEVEL

18h00
**RESIDENT
SOCIAL &
DINNER**
BAR AREA

SATURDAY
12
SEPTEMBER

14h30
**TABLE
TENNIS**
**TABLE
TENNIS
ROOM**

17h05
**SPRINGBOKS
VS ALL
BLACKS**
LSC

SUNDAY
13
SEPTEMBER

12h30
**SUNDAY
LUNCH**
BISTRO

14h30
**TABLE
TENNIS**
**TABLE
TENNIS
ROOM**

16h00
RESIDENT SOCIAL
**Wednesdays &
Fridays**
BISTRO & BAR AREA



STRETCH CLASS Stretching exercises suitable for any level of fitness and ability. Sue - 072 212 0277	AQUA AEROBICS Low impact, moderate intensity pool based exercises. A good combination of cardio and strength training. All fitness levels welcome. Renate - 082 519 1873 Linda - 082 410 9443	CALLANETICS Exercise involving frequent repetition of small muscular movements designed to improve muscle tone. Medium fitness and ability. Louise- ext. 2143	TÁI CHI Boost upper and lower body flexibility. Improves posture and balance. Medium fitness and ability. Roy - ext. 22129 Fiona-082 920 1818
BACKCARE YOGA All level yoga class with a focus on mobility and strengthening of the back. Claire- 083 453 5539	LOW IMPACT CARDIO Stay active and fit with this slightly more active exercise class. Louise- ext. 2143	GOLF/CROQUET Enjoyed at the Fish Hoek bowling club, a sport for anyone and everyone to enjoy. Brian - ext. 2089	LINE DANCING A little exercise, a little mobility and a whole lot of fun for beginners and regulars. Shereen-071 471 3624 Glenda - ext. 2073
TABLE TENNIS Social table tennis for beginners or more experienced players. Ronnie A - ext. 2035	MOSAIC GROUP A group for creativity and fun, open to all skill levels. All help and a start up pack will be provided to get you going. June H- ext. 2107 Cora - ext. 2051	SNOOKER & POOL Get together and enjoy a social game of snooker or pool for beginners or more experienced players. Pat - ext. 22224 Selwyn - ext. 22130	GAMES Enjoy an afternoon of fun. Bridge, canasta, rummicub and many more games. Norma - ext. 2089 Rowan - ext. 2150
LIBRARY Enjoy the wide range of books, jigsaw puzzles and DVDs in our collection. Johanna - ext. 2112	SWIMMING POOL & GYM Heated indoor swimming pool and state of the art gym for your enjoyment. Contact Reception for Access Code	PILATES Exercises focusing on core strength, flexibility, breathing and mindful movement. All fitness levels welcome. Getanya- 071 173 7843	SALON Ladies & gents are welcome at Janine's Hair Studio <u>Hours</u> Tue – Sat 09h00 – 16h00 Janine - 073 294 9655



CHRISTIAN FELLOWSHIP Meeting to worship God, hear His word and sharing a time of fellowship over coffee. John - ext. 2018	BIRD WATCHING Bird watching in the Village or outside. Walks and talks and movies about Western Cape and South African Birdlife and other wildlife in general. Ron - ext. 2068	OPERA APPRECIATION Opera lovers and anyone wondering if they might be, join Willem and friends for the monthly opera viewing. Willem - ext. 22220
KNITTING GROUP Knitting while socializing for an amazing cause. Avril - ext. 2049	TUESDAY HIKERS Looking for a challenge? Take in amazing views and what Cape Town Nature has to offer. Every Tuesday Morning (Weather Permitting) Ron - ext. 2068	MOVIES Enjoy classics and award winning movies of all genres with fellow residents. Clare - ext. 2039
GARDENING GROUP Passionate about gardening? Join a "green finger" network for talks and events. Val - ext. 2056	CLASSICAL MUSIC Once a month video concert of Classical Music lasting approximately 1 hour. Peter - ext. 2055	WEDNESDAY WALKERS Enjoy walking but prefer less demanding walks? Join us to enjoy the beauty of what Nature has provided in the areas surrounding us. Vicky- ext. 22229
BRIDGE This is an invitation to all residents, both new and not-so-new, who would like to play bridge on a regular basis. Rowan - Ext. 2150	EVERGREEN CATHOLIC GROUP Weekly meetings for prayers, spiritual support, friendly discussions and Bible study to better understand God's Word. All are welcome. Mel - ext. 2008/Lionel-ext.22126	AVIATION TALKS Come and listen to Pete tell us more on anything and everything airplane related. Pete - ext. 2065
ART CLASSES Water colour lessons: 1 st and 3 rd Saturdays @10h30 -12h30 Roz - ext. 22220 Drawing: 2 nd and 4 th Saturdays @ 09h45- 12h45 Judy - ext. 2141	BOOK CLUB This is an invitation to all new and old residents to come and chat about books with other readers on the 3rd Tuesday of each month at 14H30. Johanna - ext. 2112	ART CLUB This is an invitation to anyone who would enjoy a free of cost creative arts group. Judy - ext. 2141 Marie - ext. 22125



IT'S A CELEBRATION

BIRTHDAYS

7 September

Victor Pollachi- Noordhoek

9 September

Selwyn Schefermann-Lake Michelle

11 September

Barbara Gorgens-Lake Michelle

12 September

Fred Nelsen-Noordhoek

13 September

Julianna Organe-Noordhoek



ANNIVERSARIES

11 September

Geoffrey & Linda Stedall- Noordhoek

12 September

Hugh & Sylvia Preston- Noordhoek

13 September

Roger & Vicki Falls- Noordhoek



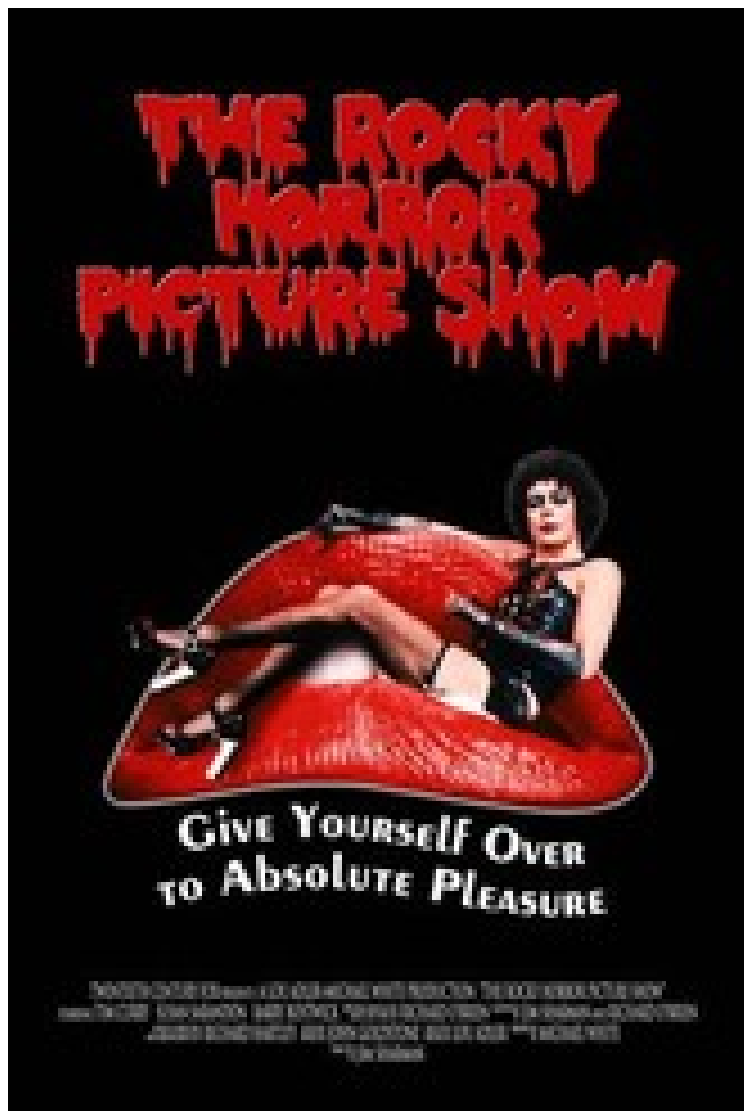
New Residents

No New Residents This Week!





'The Rocky Horror Picture Show'



In this cult classic, sweethearts Brad (Barry Bostwick) and Janet (Susan Sarandon), stuck with a flat tire during a storm, discover the eerie mansion of Dr. Frank-N-Furter (Tim Curry), a transvestite scientist. As their innocence is lost, Brad and Janet meet a houseful of wild characters, including a rocking biker (Meat Loaf) and a creepy butler (Richard O'Brien). Through elaborate dances and rock songs, Frank-N-Furter unveils his latest creation: a muscular man named "Rocky."

In honour and memory of Tim Curry - no one could have done it better!!

Where: Cinema Room 1

When: Thursday 10 September at 2.30pm sharp

RSVP: Booking form on notice board



Classical Music Group

Antonio VIVALDI

Concerto for Lute in D Major, RV 93

Orquesta Sinfonica de Sevilla

Conductor: Jose Buenagu

Soloist: John Williams (classical guitar)

Wolfgang Amadeus MOZART

Symphony No. 40 in G minor, K550

London Mozart Players

Simon Blendis - Director

Ludwig van BEETHOVEN

Excerpts from Beethoven Piano Concerto No. 2
(rehearsal and performance)

The Great Conductors – Seiji Ozawa

Soloist: Rudolf Serkin

*(There will be a short contextual introduction by
Peter Lever before each work is played)*

Tuesday, 8 September
2.00pm sharp
Cinema Room

RSVP: On the booking
form on the notice
board.





CAPE TOWN CONCERT BRASS BAND

Spring Evening Concert

PERFORMING A VARIETY OF
LIGHT CLASSICAL AND POPULAR TUNES.





WHERE:
EVERGREEN NOORDHOEK
LIFESTYLE CENTRE



DATE:
14 SEPTEMBER
2026



TIME:
19H00



FUNDRAISING IN AID OF
CLEVER KIDS
AFTER SCHOOL CARE CENTRE IN MASIPHUMELELE.



TICKET COST – R100

TICKET SALE ARE ON
THE FOLLOWING DATES:

- 31 AUGUST
- 2 SEPTEMBER
- 4 SEPTEMBER
- 7 SEPTEMBER
- 9 SEPTEMBER
- 11 SEPTEMBER

LOCATION OF
TICKET SALE:

MAIN LOUNGE,
LIFESTYLE CENTRE

CASH SALES ONLY!



FOR MORE INFORMATION PLEASE CONTACT
MARY- ANN SYFRET ON EXT. 22007
OR VICKY/ROGER FALLS ON EXT.22229.



Fun
Friendship
Community

Games AFTERNOON

Enjoy an afternoon of fun.

Where residents get together for
Bridge, Canasta, Rummicub
and many more games.



JOIN THE BRIDGE GROUP

Those who wish to join the
bridge group can contact



Selwyn Lange
on ext. **22130**



Rowan Mentis
on ext. **2150**



JOIN ALL THE OTHER GAMES

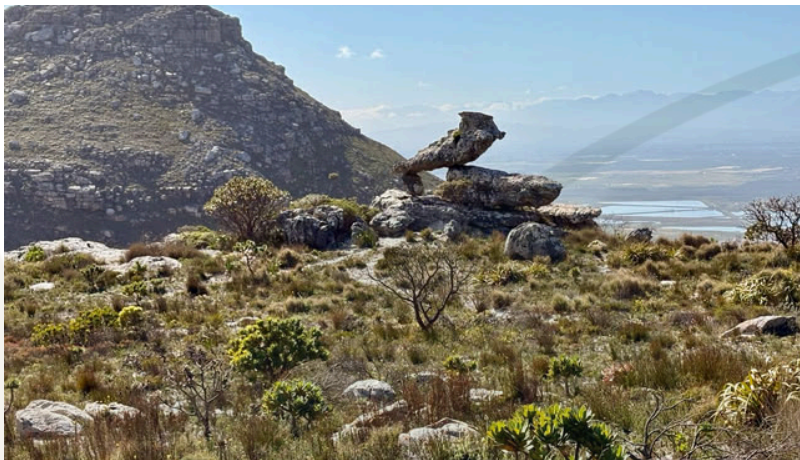
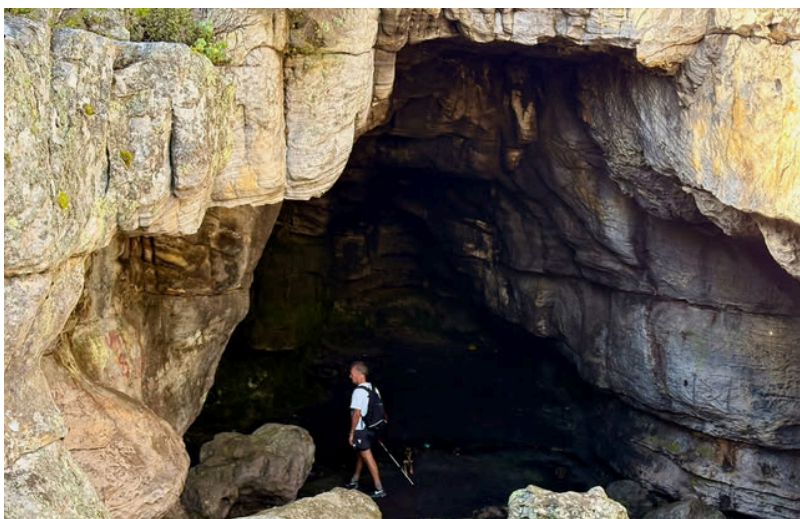
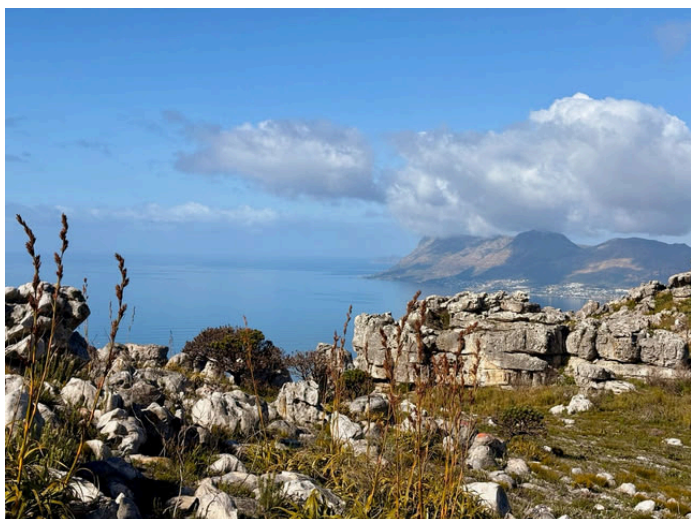
Those who wish to join
all the **other** games can
get in touch with



Norma Roos
on ext. **2089**



Play. Connect. Have Fun! ♥



We Thank Alaster from the Tuesday Hikers for sharing these lovely pictures of the St. James Peak hike in Silvermine East.



MOBEEWASH[®]

will be in the village!



DATE:
09 SEPTEMBER



TIME:
09h00 - 15h00



LOCATION:
Infront of JoJo tanks-
Top Parking

ECO-FRIENDLY
WATERLESS
CAR WASH
♥



Please book
**YOUR SLOT WITH
RECEPTION**



EXT. 2404

or



021 001 4312

CLEAN CAR. HAPPY PLANET. ♥



Join the **LOW IMPACT** *Cardio* • SESSION •



EVERY
THURSDAY
morning



BETWEEN
08h45 – 09h30



IN
**ACTIVITY
ROOM 1**



Kindly get in touch with

LOUISE JACKSON

on **ext. 2143**, should you
be interested to give it a try.

*All fitness
levels
welcome!*



Move at your pace. Feel the difference!



GW
CLARITY
WILLS
WILL
AWARENESS
DAY

Join us for a Will Awareness Day dedicated to your legal well-being. Learn about the importance of having a Will and get advice about **estate planning** and the **estate process** after you pass.



WEDNESDAY,
9 SEPTEMBER



FROM 10:00 A.M.

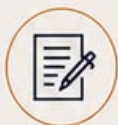


OUR SERVICES



WILL AWARENESS PRESENTATION

Our Attorney will provide a presentation about Will awareness and do a Q&A session.



FREE WILL DRAFTING

Our Attorney will draft a free Will for you. You have the option to have your Will stored for free at our offices.



FREE WILL CONSULTATIONS

Our Attorney will attend your premises free of charge to conduct free Will consultations with you. Consultation time is between 30 - 60 minutes per person.



FREE DECEASED ESTATE CONSULTATIONS

If you have a loved one that has passed on or wish for information about what happens to your assets after you pass, our Attorney will provide a consultation about the deceased estate process.



082 454 3582



info@claritywills.co.za

CONTACT US



claritywills.co.za



52 Main Street
Newlands, Cape Town
7700

PROTECT WHAT MATTERS MOST



FIXTURES 2026

SPRINGBOKS
FIXTURES 2026

Celebrating
10
YEARS IN
BUSINESS

20 JUNE 2026	15:00	SPRINGBOKS vs BARBARIANS	
4 JULY 2026	17:40	SPRINGBOKS vs ENGLAND	
11 JULY 2026	17:40	SPRINGBOKS vs SCOTLAND	
18 JULY 2026	17:40	SPRINGBOKS vs WALES	
8 AUGUST 2026	21:00	SPRINGBOKS vs ARGENTINA	
22 AUGUST 2026	17:00	SPRINGBOKS vs ALL BLACKS	
29 AUGUST 2026	17:00	SPRINGBOKS vs ALL BLACKS	
5 SEPTEMBER 2026	17:00	SPRINGBOKS vs ALL BLACKS	
12 SEPTEMBER 2026	17:05	SPRINGBOKS vs ALL BLACKS	
27 SEPTEMBER 2026	11:45	SPRINGBOKS vs AUSTRALIA	
13 NOVEMBER 2026	TBC	SPRINGBOKS vs FRANCE	
21 NOVEMBER 2026	TBC	SPRINGBOKS vs IRELAND	
27-29 NOVEMBER 2026 NATIONS CHAMPIONSHIPS FINALS			



EVERGREEN
— NOORDHOEK —
SHUTTLE
Services

with
Eshels Transport



When:
EVERY FRIDAY



Time:
9AM – 12PM



Destination:
**Longbeach Mall
& Checkers**



**BOOK WITH RECEPTION
ON EXT. 2400**

Photographic

COMPETITION

2026

Happy Snapping!

**"A GOOD SNAPSHOT
KEEPS A MOMENT FROM
RUNNING AWAY."**

~ EUDORA WELTY

THE RULES ARE:

It must be your own photos.

You may submit two photographs
per theme.

HOW TO SUBMIT:

Please include the following per
submission:

- theme
- your name
- village
- caption
- short explanation of how your
picture -fits in with the theme

Submit in JPG or PNG format, Word
or PDF will not be accepted.

All pictures to be submitted in high
resolution - 5MB or higher.

Take a moment to ensure that your
photo is suited and submitted in to
the correct theme.

All entries to be submitted by latest
31 October 2026 (Judging in
November 2026 and the winners to
be announced in December 2026)

Submit all entries to
photos@evergreenlifestyle.co.za

You can submit your photographs
for any of the themes throughout
the year.



Themes



Natural Sculptures

A natural sculpture is a sculpture that is inspired by forms and
processes from nature.



Locomotion

Some organisms move through their own active efforts, while
others may be moved by external forces like wind or water.

Portraits

To show a person's essence, character, or status, going beyond
a simple snapshot.



Night Photography

The practice of taking photographs outdoors between dusk and
dawn, when natural light is minimal or nonexistent.



Travel

It involves going to a new place using various means like
walking, driving, flying, or sailing, and can be a way to
experience different cultures, discover new places, and
challenge oneself.



Macro

Macro photography is extreme close-up photography that
makes tiny subjects, like insects or flowers, appear life-size or
larger, revealing incredible detail invisible to the naked eye



Minimalist

A style characterized by extreme simplicity, using minimal
elements to create a clean and impactful image



Wildlife

Wildlife photography is a genre capturing animals in their
natural habitats



Landscapes

Landscape photography is the art of capturing the beauty of
outdoor scenes, from natural landscapes to man-made features
within them



Colours

Colour photography is the art and process of capturing and
reproducing images with a full spectrum of colors, mimicking
how the human eye sees the world



*Let go of
guilt.* 

**You're doing
your best.**



Caregiving is not easy.
Some days will be harder
than others.

But showing up with love,
even on the hard days,
is enough.

Be gentle with yourself.
You are human.

© Ngozi Odawayi Nwosu





CREATIVE
OUTINGS FOR
SENIOR LIVING
COMMUNITIES

A DIFFERENT KIND OF *day out.*

Creative painting outings at
Artjamming Steenberg Village.

PAINT • CONNECT • CREATE

A relaxed, social painting experience
to enjoy together. No experience needed –
just come along, have fun and take home
something you're proud of.

♥
**MAKE IT A
MONTHLY TRADITION.**

Ask us about our
Monthly Creative Club.

*Something new to look
forward to every month.*

R250
PER PERSON



30 X 40 CM CANVAS
All painting materials included



PAINT YOUR OWN
At your own pace



GUIDANCE AVAILABLE
Our team is here to help
and inspire



**GUIDED & THEMED
SESSIONS AVAILABLE**
For groups



060 996 8527



steenberg@artjamming.co.za



Steenberg Village, Tokai



AVAILABLE 9AM – 5PM
OUTSIDE SCHOOL HOLIDAYS



**We invite all Single
Residents to join us daily
for lunch at Table 11**

**There is a standing reservation Daily
in the Bistro at 12:30, come and join
other singles and make new friends
over a delicious meal**

Monday 7 September

Chicken korma: Mild chicken breast pieces in a creamy korma sauce, served with rice and side sambal
N: R90 // L: R70 // Family: R285

OR

Beef ragu: Slow-cooked beef in a rich red wine sauce with vegetables, served with mash, garden peas and carrots

N: R95 // L: R75 // Family: R300

Soup of the day: Mushroom soup R45

Vegetarian of the day: Vegetable Ragu with chickpeas served with rice, broccoli and carrots

Tuesday 8 September

Cottage pie: Homemade beef mince topped with creamy mashed potato, served with garden peas and carrots medley

N: 95 // L: R75 // Family: R300

OR

Chicken à la king: Tender chicken in a creamy sauce, served with savoury rice, carrots and green beans
N: R90 // L: R70 // Family: R285

Soup of the day: Thai chicken soup R45

Vegetarian of the day: Lentil and mushroom shepherd's pie with garden peas and butternut

Wednesday 9 September

Mediterranean chicken: Pan-fried chicken breast having you dream of warm Mediterranean waters. Chicken breast with oregano, olives, feta cheese, cherry tomatoes in a light white wine sauce, served with rice, butternut and baby marrows

N: R95 // L: R75 // Family: R300

OR

Beef curry: Tender beef curry served with yellow rice, garden peas, butternut and side sambal salad
N: R100 // L: R80 // Family: R350

Soup of the day: Tomato basil soup R45

Vegetarian of the day: Mild coconut vegetable curry with chickpeas and rice

Thursday 10 September

Broc and bacon mac n cheese: Creamy bacon pasta with broccoli and topped with cheddar cheese
N: R90 // L: R70 // Family: R285

OR

Beef stroganoff: Tender beef strips and mushrooms in a creamy stroganoff sauce, served with mash, baby marrows and butternut
N: R100 // L: R80 // Family: R350

Soup of the day: Chicken noodle soup R45

Vegetarian of the day: Pesto pasta with pesto, cherry tomatoes and parmesan

Friday 11 September:

Grilled pork chop: Grilled pork chop topped with pineapple, served with baked potato and vegetable medley

N: R95

OR

Beef frikkadels: Homemade beef mince frikkadels served with mash, gravy, garden peas and carrots
N: R95 // L: R75 // Family: R300

OR

Grilled or fried fish: Served with chips, coleslaw and tartar sauce
N: R120 // L: R90 // Family: R350

Soup of the day: Bacon and broccoli soup R45

Vegetarian of the day: Vegetarian burger served with chips

Saturday 12 September

Creamy tomato chicken pasta: Chicken with spinach and cherry tomatoes in a creamy tomato sauce over penne pasta, served with parmesan

N: R90 // L: R70 // Family: R285

OR

Hawaiian pork stir fry: Pork fillet pieces with pineapple and stir-fry vegetables, served over rice
N: R90 // L: R70 // Family: R285

Vegetarian of the day: Falafels topped with a tomato onion gravy, served with couscous and veg medley

Sunday 13 September

Roast Pork or Beef: Served with rice, roast potatoes, Yorkshire pudding, gravy and vegetable medley
Dessert: Sticky toffee pudding with custard or ice cream R180

Vegetarian of the day: Meat-free Wellington with roast potatoes, rice and vegetables of the day

OPEN DAILY

08H00 – 15H00

FRIDAY DINNER SERVICE

– 18H00

DAILY MEAL ORDERS BY

10H00

Price List

Normal Meals..... R90-95

Low Carb/Gluten Free..R95

Kiddies..... R50

Ladies Portion.....R70-75

Vegan.....R90-95

Family Normal (2 Adult, 2 Kids)..... R285-300

Family Low Carb..... R290

Free Range:

N R95/ L R75/ Family... R320

FRIDAY FISH & CHIPS

Fried Hake and Chips, served with tartare sauce and a lemon wedge

R110

standard portion

R90

ladies portion

