

# EVERGREEN NEWSLETTER

ALOE ALOE

EVERGREEN  
Lifestyle  
at lake michelle

*“There can be no greater gift than that of giving one’s time and energy to help others without expecting anything in return”*

-Nelson Mandela

Dear Residents,

I hope you've all had a good week.

As we conclude the month of March and look forward to the long Easter week - let's look back at a few recent highlights. Thank you to every resident who has contributed to all the recent donation drives for both the firefighters and for the two new tiny arrivals.

Another initiative that has been very well supported this month would be the Library's Easter Raffle arranged and run by our very own library committee. Congratulations to Ivan Meskin from Unit 142 who won the raffle last night and received the beautiful prize hamper. With 225 tickets sold, the raffle has generated R4500 in total. Thank you to our library committee for always actively ensuring that our library is well looked after and kept up to date, and most importantly thank you to all the residents who actively support the committee with initiatives like these.



This weekend is one of the busiest holiday periods for the country with many citizens taking local trips to enjoy quality time with their family and friends and making new memories. As we move towards the long weekend, we would like to wish all residents a wonderful weekend as you embrace the spirit of Easter.

Regards  
The Evergreen Team

## Week 13

### IN THIS ISSUE

#### Weekly Activities

Your weekly guide to sport & recreational activities in the Village

**It's A Celebration**  
Birthday's, Anniversaries & New Residents

#### What's Happening

Opera 2nd April @ 14:00

Fellowship 3rd April @ 10:00

Movie 04th April @ 15:00

#### What's On The Menu

Delicious meals on offer this week!



## UPCOMING EVENTS

### APRIL

AVIATION TALK- 3RD

CHRISTIAN FELLOWSHIP - 3RD & 17TH

MOBEEWASH - 10TH & 24TH

MOVIE - 10TH & 24TH

BINGO - 18TH

CLASSICAL MUSIC GROUP - 23RD

### MAY

OPERA - 7TH

CHRISTIAN FELLOWSHIP - 15TH & 22ND

QUIZ - 16TH

### JUNE

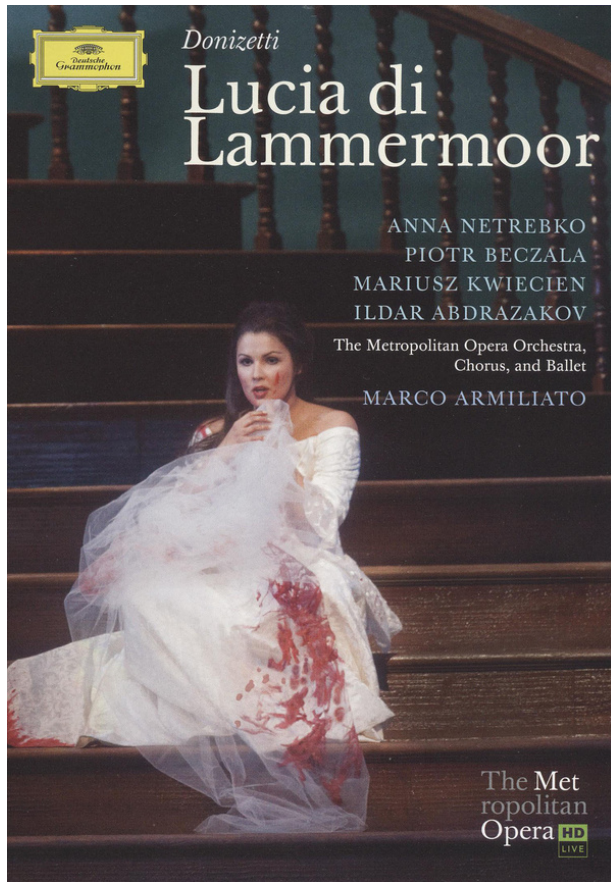
BINGO - 20TH

# WEEKLY EVENTS

MON 01 APR	TUE 02 APR	WED 03 APR	THUR 04 APR	FRI 05 APR	SAT 06 APR	SUN 07 APR
NO STRETCH CLASS	09h00 CALLINETICS ACTIVITY ROOM 1	08h30 AQUA AEROBICS POOL	08h45 LOW IMPACT CARDIO ACTIVITY ROOM 1	09h00 BACK CARE YOGA ACTIVITY ROOM 1		
	10h00 BRIDGE ACTIVITY ROOM 2	09h00 TÁI CHI (2) ACTIVITY ROOM 1	09h00 STRETCH CLASS 1ST FLOOR	09h15 AQUA AEROBICS POOL		
10h15 AQUA AEROBICS POOL		10h00 FELLOWSHIP UPSTAIRS LOUNGE		11H00 LINE DANCING ACTIVITY ROOM 1		
10h30 CATHOLIC GROUP ACTIVITY ROOM 2	14h00 GOLF CROQUET FISH HOEK BOWLING CLUB		10h00 KNITTING GROUP MAIN LOUNGE	12H00 LINE DANCING ACTIVITY ROOM 1		12H00 EASTER SUNDAY LUNCH BISTRO
11h00 BALLROOM DANCING ACTIVITY ROOM 1	14h00 OPERA CINEMA ROOM	15h00 LINE DANCING ACTIVITY ROOM 1	10h30 TÁI CHI (1) ACTIVITY ROOM 1	16H00 RESIDENT SOCIAL MAIN LOUNGE	14h30 TABLE TENNIS TABLE TENNIS ROOM	14h30 TABLE TENNIS TABLE TENNIS ROOM
14h00 BRIDGE /CARD GAMES BISTRO	14h30 TABLE TENNIS TABLE TENNIS ROOM		14h30 TABLE TENNIS TABLE TENNIS ROOM	18H00 FRIDAY DINNER BISTRO		
		 REMINDER! WEDNESDAY IS RECYCLING COLLECTION DAY	15h00 MOVIE CINEMA ROOM			

# WHAT'S HAPPENING?

## OPERA



### Lucia di Lamamoor

**Date: Tuesday 02nd April**

**Time: 14:00**

**Book with Mike Jacklin 082 900 3248 / [mikejacklin718@gmail.com](mailto:mikejacklin718@gmail.com)**

Donizetti's finest work tells of love, betrayal and murder set in Scotland and based on a novel by Sir Walter Scott. This production is from the Metropolitan Opera with a star-studded cast:

Anna Netrebko is Lucia

Enrico (her treacherous brother) is Marius Kwiecien

Piotr Beczala is her true love Edgardo.

The music throughout is beautiful but the sextet in act 3 is one of the greatest pieces in all opera.

The famous Mad scene is brilliantly executed by Anna Netrebko; so much so that the New York Times critic said it "had me thinking of Callas"!

## MOVIE

### The Good, The Bad, The Ugly

**Date: Thursday 04 April**

**Time: 15:00**

**Booking sheet will be available on the village notice board**

The Man with No Name, who is nicknamed Blondie, forms an uneasy partnership with Tuco, a Mexican bandit. The men develop a scheme in which Blondie turns Tuco over to lawmen, collects the bounty, then frees him. However, Blondie eventually double-crosses Tuco and abandons him in the desert. After barely surviving the ordeal, Tuco vows revenge. He eventually catches Blondie and leaves him in the desert without water or food. But before killing his former partner, Tuco learns that Blondie knows the location of a grave where stolen gold has been buried.

A classic spaghetti western which takes place during the American Civil War. This iconic film stars Clint Eastwood, Lee Van Cleef and Eli Wallach.





# IT'S A CELEBRATION

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*Count your age by friends, not years.  
Count your life by smiles, not tears. — John Lennon*

## BIRTHDAYS

### **1st APRIL**

JENNIFER GRACIE - Noordhoek  
IVAN MESKIN- Noordhoek

### **02nd APRIL**

VALERIE HAYES - Noordhoek  
PETA CRAMB - Noordhoek  
ROGER BRYANT - Noordhoek

### **04th APRIL**

DEBBIE VORSTER - Noordhoek

### **05th APRIL**

CECILY LIEBENBERG - Noordhoek  
SUZANNE CADMAN - Noordhoek

### **06th APRIL**

RICHARD MOOLENSCHOT - Noordhoek  
JUDY MOOLENSCHOT - Noordhoek

### **07th APRIL**

BERYL KING - Lake Michelle

## ANNIVERSARIES

### **05TH APRIL**

ANTHONY & VALERIE STOCKDEN -  
Noordhoek

### **06TH APRIL**

ERIC & MARY JENNINGS - Noordhoek

### **07TH APRIL**

CHRIS & IVIE COX - Noordhoek  
CARLOS & COLLEEN BENKUNSKAS -  
Noordhoek

## NEW RESIDENTS

NO NEW RESIDENTS



# WHAT'S ON THE MENU?

## THE BISTRO

OPEN DAILY 08H00 - 16H00

DINNER SERVICE - 18H00

DAILY MEAL ORDERS BY 09H00

BOOK ON EXT 2404



### DAILY MEALS - R50 or R65

#### MONDAY- Public Holiday (8am to 2h30)

Tuscan Chicken served with herb rice and roasted vegetables

-R50

OR

Carbonara Pasta served with a Greek salad and a cocktail garlic roll - R65

#### THURSDAY

Sweet chili Chicken kebabs served with potato wedges and a side salad

-R50

OR

Tuna and mushroom pasta bake served with a side of roasted vegetables - R65

#### TUESDAY

Cornish pie served with fries and a side salad

-R50

OR

Butter chicken served with white rice and seasonal vegetables - R65

#### FRIDAY

Sweet and sour fried pork served on a bed of stir fry vegetables and pasta - R50

OR

Fried Hake and chips, served with seasonal vegetables, tartar sauce and a lemon wedge - R72

#### WEDNESDAY

Lamb liver served in a brown onion gravy with mashed potatoes and herbed peas

- R50

OR

Beef meat loaf served with mashed potatoes, onion gravy and roasted vegetables - R65

#### SATURDAY

Beef quesadilla with cheese served with fries - R50

OR

Lamb and vegetable stew served with white rice and sambals - R65

OR

Roasted vegetable wrap served with fries - R65

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## THE BISTRO

OPEN DAILY 08H00 - 16H00

DINNER SERVICE - 18H00

DAILY MEAL ORDERS BY 09H00

BOOK ON EXT 2404



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### Friday Dinner

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#### Option 1 - R115

Fish and calamari with fries served with tartar sauce and lemon wedge with a side salad

#### Option 2 - R115

Pork Ribs served with fries and a side of roasted vegetables

#### Option 1 - R145

Individual Beef Wellington and rosemary jus served with garlic mashed potatoes and grilled vegetables

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### Sunday Lunch - R138

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#### Main Course

Roasted Rosemary and thyme pork served with roasted potatoes, sweet carrots and creamy spinach with apple sauce

#### Dessert

Chocolate brownie served with ice cream and chocolate sauce.