

EVERGREEN WELLNESS DAY

DATE: 31st August 2023
TIME: 09h00 - 13h00
VENUE: Noordhoek Lifestyle Centre

AGENDA

Presentations:

09h00 Mindfulness

10h00 Chronic Obstructive apnea

Health Risk Assessments:

Discovery Corporate

Lancet Laboratories

Exhibitors:

Mediclinic Constantiaberg

ER24

ARJO Mobility and Medical equipment

Kind2Hearing

Blendavenda Smoothie Bicycle

HNA Physiotherapy Group

Foot family Training – Foot massages and footcare

Forte care – Incontinent Products

Lyno – Flexible and functional