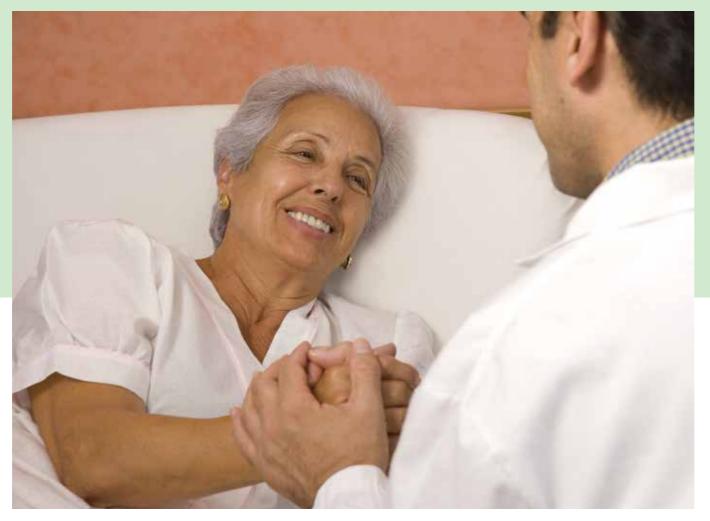


# Continuous CARE





o-one knows what the future holds, but at Evergreen Health, we are here to help you manage it by providing quick and easy access to outstanding individualised healthcare. Continuous care with dignity forms part of our Partnership for Life philosophy, which is our commitment to partnering with you at every stage of your retirement journey.

Delivered by an experienced team of healthcare professionals, registered nurses and therapists our continuous healthcare model includes the full range of health services - home-based care, assisted living, and in-patient care in our sophisticated Care Centres - and is designed to offer complete peace of mind to you and your loved ones.

All care provided, consumables, disposables and equipment used will be charged for on a fee for service basis to the individual patients account.



Our home-based care is tailored to the individual needs of our residents and covers the full range of healthcare requirements, from nursing care through to specialised

# **HEALTHCARE SERVICES**

#### **NURSING CARE**

Our nursing care covers procedures such as wound dressing, stoma care, intravenous therapy and pain control as well as the administration of medication and monitoring of the resident's general health. An individual plan of care is implemented by a registered nurse in consultation with a doctor.

## **MULTI-DISCIPLINARY** TEAM

This highly specialised service includes a physiotherapist (to help with strengthening muscles and joints and regaining mobility), an occupational therapist (to help with physical and developmental disabilities and with relearning daily life functions) and a speech therapist (to help with impaired speech and regaining the ability to communicate clearly).

# **SERVICES**

provide counselling for residents and assist with community resources who are able to help them with their recovery.

#### **PRIMARY HEALTHCARE**

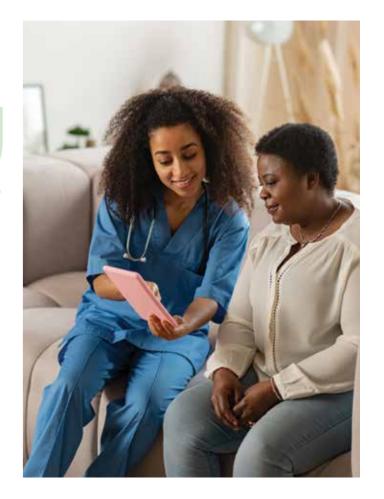
Under the supervision of a registered nurse, home health carers assist residents with basic personal needs like getting out of bed, walking, bathing and dressing.

### **PHARMACEUTICAL SERVICES**

Our healthcare team offers blistered packaging of medication and administers medication to our residents in their homes.

#### **NUTRITIONAL SUPPORT**

Our dietitians conduct dietary assessments and offer guidance to support the treatment plan.



Home-based Care

medical services.

# **MEDICAL SOCIAL** Our medical social workers

**CONTINUOUS CARE WITH DIGNITY FORMS** 

PHILOSOPHY, WHICH IS OUR COMMITMENT

PART OF OUR PARTNERSHIP FOR LIFE

TO PARTNERING WITH YOU AT EVERY

STAGE OF YOUR RETIREMENT JOURNEY.



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# Assisted Living

This long-term care option gives residents the freedom to live independently. With assisted living, their day-to-day needs are fully supported by our highly experienced team of carers who offer a comprehensive range of services.





Meals



24-hour supervision



Assistance with personal care



Administration of medication



Physical assistance



Occupational therapy







OUR CONTINUOUS HEALTH
CARE MODEL IS DESIGNED
TO OFFER COMPLETE PEACE
OF MIND TO YOU AND
YOUR LOVED ONES.



# In-patient Care

Our Care Centres are staffed by experienced doctors, registered nurses and therapists who work in multi-disciplinary teams to provide professional treatment and compassionate care designed to meet the needs of each resident. 24-hour nursing care is provided by our team of professional nurses.

# **HEALTHCARE SERVICES**

## SHORT-TERM CARE SERVICES

- Post-operative and convalescent care after surgery or trauma
- 2 Specialised wound care
- Recovery from an acute incident e.g. heart attack
- Rehabilitation e.g. after a stroke
- 5 IV therapy
- Pulmonary and respiratory care (ventilator and trachea)
- 7 Pain management
- Palliative and terminal care
- 9 Sub-acute care transitional healthcare from hospital

## LONG-TERM CARE SERVICES

- 1 Memory care (dementia care)
- 2 Frail care
- 3 Palliative care
- Comprehensive rehabilitation programmes











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# Health and Wellness

A specialised wellness programme is in place at each of our villages. Members of our multi-disciplinary team carry out assessments which help us develop resources and interventions aimed at improving the lives of our residents.

Regular wellness checks encourage healthy living, and personalised care and support is provided to help our residents set new health goals and identify areas for improvement.

# **EVERGREEN HEALTH WELLNESS MODEL**



Supportive activities (physical, cognitive and fitness)



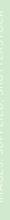
Gym, CrossFit and weights with the aim of increasing muscle strength, endurance, flexibility, balance and mobility



Wellness Centre (haircare, manicures and pedicures)









Contact us today to find out more about

Evergreen Health and our Partnership for Life promise.



in fo@ever green life style.co.za

