

EVERGREEN LAKE MICHELLE

NEWSLETTER

ALOE ALOE

EVERGREEN
lifestyle
at lake michelle

13-19 DECEMBER 2021

WHAT'S ON THIS WEEK

Dear Residents,

A big thank you to everyone that joined us on Wednesday night for the Christmas Market and Carols. I have received some lovely feedback but as with all our events, if not for your support it would not have been a success. For those of you who missed out, the Fellowship Group is having their final meeting on Wednesday 22 December 2021 and all residents are invited to attend and join in the singing of everyone's favourite Christmas carols, which will also end with a closing message by a visiting speaker Joe Bell.

Afterwards all are invited to stay and enjoy fellowship over a finger lunch which will be provided by the Bistro and the Fellowship ladies. Kindly contact John on extension #2018 for catering purposes, if you are able to attend.

I would also like to advise everyone that Christmas Eve dinner is fully booked and we are filling up very quickly for Christmas lunch. You will be receiving a confirmation email in the next week to ensure no seats are left open on the day. (Please note that no-shows will still be charged.)

Lastly, a big thank you to everyone who dropped off gifts / donations for the Senior Santa initiative in support of the Douglas Murray Home for the Aged. These gifts will be collected next week and will make a big difference to the lives of residents there.

Thank you for spreading the Christmas Cheer.

Wishing you all a wonderful weekend,

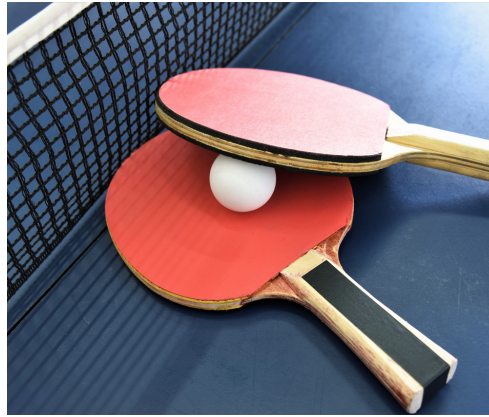
Regards

Riaan and the Evergreen Team



WEEKLY ACTIVITIES

LISTED ACTIVITIES TO BE CONFIRMED BY ORGANIZERS | ALL COVID PROTOCOLS MUST BE ADHERED TO




MONDAY	09h00 - 9h40 STRETCH CLASSES 1st Floor Lounge Sue 072 212 0277	10h15 - 11h00 AQUA AEROBICS Pool Renate 082 519 1873 Linda 082 4109 443	14h00 CANASTA / BRIDGE Bistro Cecile ext. 2011 Norma ext. 2089		REMINDER! BOOK FOR SHUTTLE SERVICE
TUESDAY	08h45 EXTEND SENIOR FIT Activity Room 1 Judith ext. 2063	10h00 BRIDGE Activity Room 2 Cecile ext. 2011		14h00 GOLF CROQUET Fish Hoek Bowling Club Norma ext. 2089	REMINDER! WEDNESDAY IS RECYCLING COLLECTION DAY
WEDNESDAY	09h00 - 9h40 STRETCH CLASSES Activity Room 1 Sue 072 212 0277		8, 22 DEC 10h00 - 12h00 CHRISTIAN FELLOWSHIP 1st Floor Lounge John ext. 2018	18h00 - 20h00 DINNER Village Bistro ext. 2404	
THURSDAY	08h45 EXTEND SENIOR FIT Activity Room 1 Judith ext. 2063	10h00 KNITTING GROUP Lounge Jen ext. 2026	14h00 BRIDGE Activity Room 2 Cecile ext. 2011	14h00 GOLF CROQUET Fish Hoek Bowling Club Norma ext. 2089	16h00 TABLE TENNIS, POOL / SNOOKER 1st Floor
FRIDAY	09h00 - 10h00 SPINE SHINE BACK CARE YOGA Activity Room 1 Clair 083 453 5539	09h15 - 10h00 AQUA AEROBICS Pool Renate 082 519 1873 Linda 082 4109 443		17h00 RESIDENT SOCIAL 1st Floor Lounge Norma ext. 2089	
SATURDAY					
SUNDAY			12h00 - 14h00 SUNDAY LUNCH Village Bistro Melanie ext. 2404		

WHAT'S ON THE MENU

SERVED FROM 08H00 - 16H30 | SIT DOWN | TAKE-AWAY | HOME DELIVERY



MONDAY	 <p>Caramelized Onion, Feta & Mushroom Homemade Quiche with Baby Potato Salad & a Greek Salad</p>
TUESDAY	Pork & Apple Pie with Gravy, Potato Wedges & Roast Vegetables
WEDNESDAY	Bobotie Pancake topped with Grilled Cheese & served with a Greek Salad
THURSDAY	Crumbed Chicken Schnitzel with Cheese Sauce, Baked Potato and a Garden Salad
FRIDAY	Rosemary Fried Hake with Tartar Sauce, Chips & Coleslaw
SATURDAY	Butter Chicken with Roti, Basmati Rice & Sambals
SUNDAY	<p>MAIN COURSE</p> <p>Slow Roasted Thyme & Red Wine Beef with Red Wine Jus, Roast Potatoes & Seasonal Vegetables</p> <p>DESSERT</p> <p>Key Lime Pie</p>

dinner menu

WENESDAYDAY | 18h00

Pizzas R75 each (23cm)

Mexican - Spicy Mince, Cherry Tomatoes, Onion, Peppers & Chillies topped with Rocket

Bacon, Feta & Avo Pizza

Hawaiian - Chicken, Pineapple, Feta & Olives with a sweet mayo basting

Baskets R75

Samosas, Springrolls, Meatballs, Chicken Strips & Chips with dipping sauce

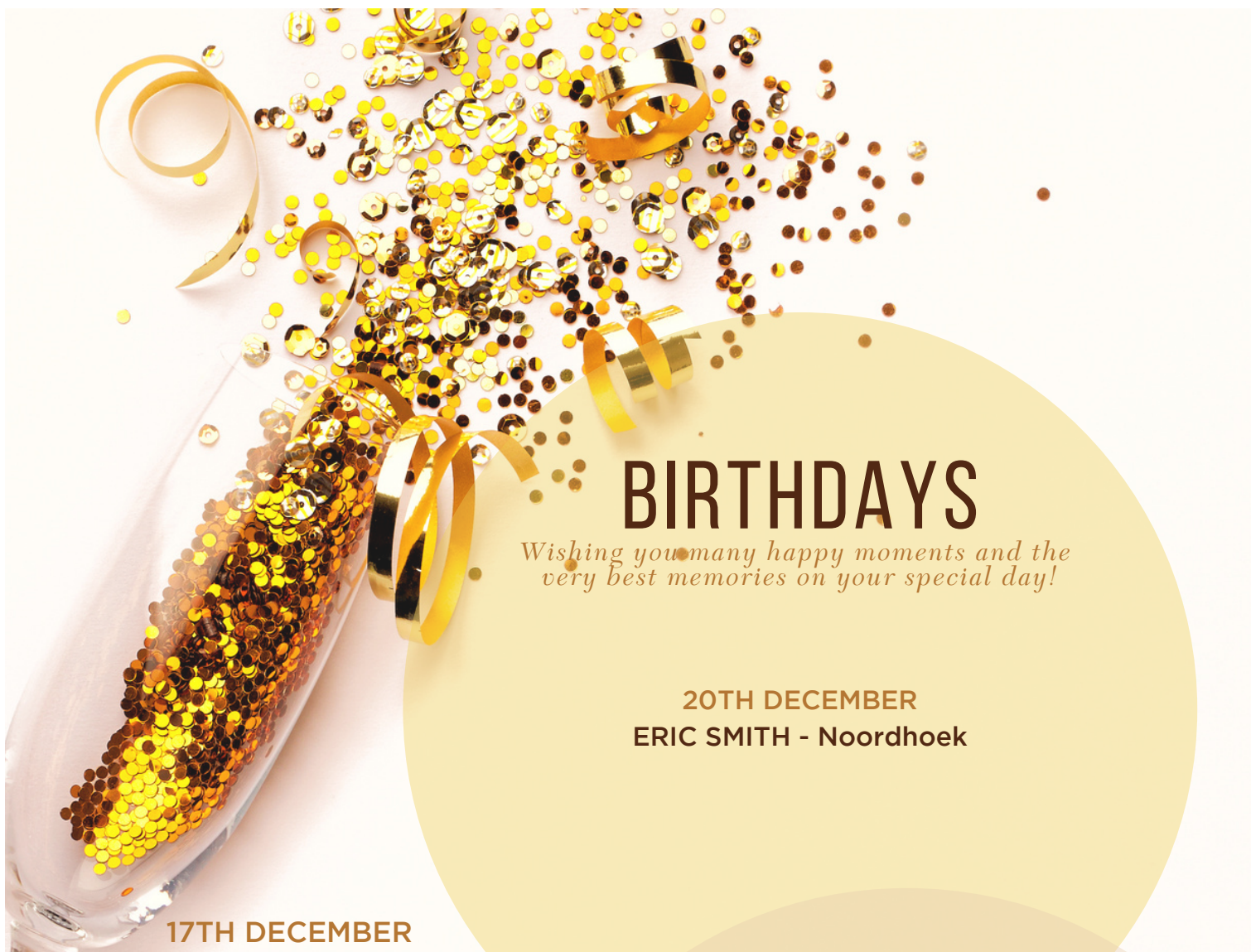
Chicken Wings, Cheese Grillers, Meatballs & Chips with dipping sauce

Hake Goujons, Calamari & Chips with Tartar Sauce

Desserts R35

Ice Cream & Chocolate sauce
Chocolate Mousse Duo
Blueberry Cheese Cake

IT'S A CELEBRATION!



BIRTHDAYS

Wishing you many happy moments and the very best memories on your special day!

20TH DECEMBER
ERIC SMITH - Noordhoek

17TH DECEMBER
CLIVE & JOAN LEON - Noordhoek

ANNIVERSARIES

The best thing in life to hold on to is each other...

10TH DECEMBER
ROGER & MEGAN BAGSHAW - Noordhoek

14TH DECEMBER
RON & MARILYN JONES - Noordhoek

16TH DECEMBER
DAVE & CARRYLL FROST - Noordhoek

