

EVERGREEN LAKE MICHELLE

# NEWSLETTER

ALOE ALOE

EVERGREEN  
lifestyle  
at lake michelle

29 NOVEMBER - 5 DECEMBER 2021

## WHAT'S ON THIS WEEK

Dear Residents,

And just like that, it's December! With all the "away" notices streaming in I am hoping that we will still have enough residents in the village to celebrate Christmas together.

Keeping all the "stayers" in mind, we will do our best to keep the fun activities going, starting with a fully booked braai tonight (thank you for the support!) This will be followed by a holiday initiative where some of the weekly dinners will become themed dinners paired with a classic movie.

On page 2 you can read more about the Festive Market taking place on WEDNESDAY 8TH DECEMBER AT 16h00. Bring the family along to enjoy live entertainment, great food and drinks and lots of stalls! Get a head start on your Christmas gifting before ending the evening with all your favourite Christmas Carols.

As we celebrate our first Christmas in the new Lifestyle Centre, we have also prepared two dining options to ensure we accommodate everyone and their families who would like to join us for a set menu dinner on Christmas Eve, or the Buffet menu which will be served on Christmas Day. To close off the year we invite everyone to join us for a New Year's Eve semi-bring-and-braai as the sun sets over Noordhoek for the last time in 2021.

While we look forward to all these fun things I want to ask everyone to spare a thought for those less fortunate. We have over the year focussed a lot of our generosity towards children, but during this festive season, we will be helping a worthy charity a little closer to home. The Douglas Murray Home for the Aged will be the combined focus of all the Evergreen Villages and we'd really appreciate and value your help and goodwill as we all try and make a difference to the residents of this home. Please have a look at the notice and let's spread a little joy.

Lastly, I would like to congratulate everyone who will be celebrating a birthday this coming week and extend an official welcome to Rob and Alison Sayers who moved into the Village today.

Wishing you all a wonderful weekend,

Regards

Riaan and the Evergreen Team





# CHRISTMAS

## Night Market & Carols

8 DECEMBER 2021 | 16H00 - 20H00

### Bistro Menu

#### Light Meals

##### SALAD / WRAPS

<b>Roasted Vegetables (v)</b>	<b>45</b>
<b>Mediterranean Chicken</b>	<b>45</b>
<b>Gammon Club</b>	<b>45</b>

##### Loaded Fries

- cheese	<b>25</b>
- chilli cheese	<b>30</b>
- cheese & bacon	<b>35</b>

##### Snack Basket **45**

chicken strips, beef samoosa's, vegetable springrolls

#### Main Meals

##### Steak & Guinness Pot Pie **75** with mushy peas

##### Panko Crumbed Chicken Fillet **75** with chips / side salad

##### Battered or Grilled Hake **75** with chips / side salad

##### Beef or Chicken Burger **75** with cheddar cheese, pickles & homemade tomato chutney & chips

### Market

#### food

Sweet Dreams Fudge, Clare Lepree Handmade Cheese, Charlie's Pickles, Tuzé Dutch Products & Chocolate Cake, Wraps & Goodiegats, Classic Marmalades, Gorgeous Nuts, Gourmet Pantry Baked Goods, The Baker Bread, Kurt's Deli Meats, Sublime Meringues, Cakes, Desserts & German Biscuits, Top Nosh German Bakes

#### drinks

Gun Bay Winery, Monks Gin, Long Beach Brewery

#### arts, crafts & gifts

Knitted Cloths, Cards, Jewelry, Succulents, Pottery & Ceramics, Festive Lights, Cat Accessories, Bird Feeders, Fashion, Candles

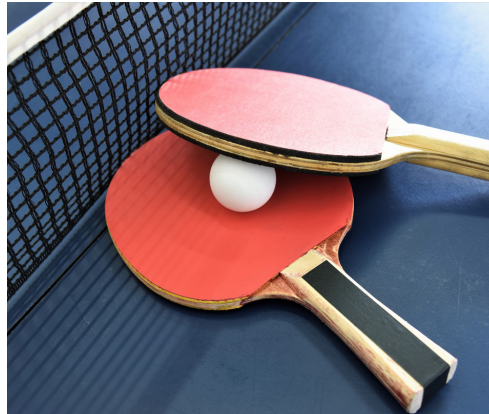


CAROLS AT 19H30



# WEEKLY ACTIVITIES

LISTED ACTIVITIES TO BE CONFIRMED BY ORGANIZERS | ALL COVID PROTOCOLS MUST BE ADHERED TO



<p><b>MONDAY</b></p>	<p>09h00 - 9h40 <b>STRETCH CLASSES</b> 1st Floor Lounge Sue 072 212 0277 Last 2021 Class 20 DEC First 2022 Class 10 JAN</p>	<p>10h15 - 11h00 <b>AQUA AEROBICS</b> Pool Renate 082 519 1873 Linda 082 4109 443</p>	<p>14h00 <b>CANASTA / BRIDGE</b> Bistro Cecile ext. 2011 Norma ext. 2089</p>		<p><b>REMINDER!</b>  <b>BOOK FOR SHUTTLE SERVICE</b></p>
<p><b>TUESDAY</b></p>	<p>08h45 <b>EXTEND SENIOR FIT</b> Activity Room 1 Judith ext. 2063</p>	<p>10h00 <b>BRIDGE</b> Activity Room 2 Cecile ext. 2011</p>		<p>14h00 <b>GOLF CROQUET</b> Fish Hoek Bowling Club Norma ext. 2089</p>	<p><b>REMINDER!</b>  <b>WEDNESDAY IS RECYCLING COLLECTION DAY</b></p>
<p><b>WEDNESDAY</b></p>	<p>09h00 - 9h40 <b>STRETCH CLASSES</b> Activity Room 1 Sue 072 212 0277 Last 2021 Class 20 DEC First 2022 Class 10 JAN</p>		<p>8, 22 DEC 10h00 - 12h00 <b>CHRISTIAN FELLOWSHIP</b> 1st Floor Lounge John ext. 2018</p>		<p>18h00 - 20h00 <b>DINNER</b> Village Bistro ext. 2404</p>
<p><b>THURSDAY</b></p>	<p>08h45 <b>EXTEND SENIOR FIT</b> Activity Room 1 Judith ext. 2063</p>	<p>10h00 <b>KNITTING GROUP</b> Lounge Jen ext. 2026</p>	<p>14h00 <b>BRIDGE</b> Activity Room 2 Cecile ext. 2011</p>	<p>14h00 <b>GOLF CROQUET</b> Fish Hoek Bowling Club Norma ext. 2089</p>	<p>16h00 <b>TABLE TENNIS, POOL / SNOOKER</b> 1st Floor</p>
<p><b>FRIDAY</b></p>	<p>09h00 - 10h00 <b>SPINE SHINE BACK CARE YOGA</b> Activity Room 1 Clair 083 453 5539</p>	<p>09h15 - 10h00 <b>AQUA AEROBICS</b> Pool Renate 082 519 1873 Linda 082 4109 443</p>		<p>17h00 <b>RESIDENT SOCIAL</b> 1st Floor Lounge Norma ext. 2089</p>	
<p><b>SATURDAY</b></p>					
<p><b>SUNDAY</b></p>			<p>12h00 - 14h00 <b>SUNDAY LUNCH</b> Village Bistro Melanie ext. 2404</p>		





# Christmas Eve

## menu

### STARTER

Smoked Salmon Terrine, Radish & Rocket Salad, Dill Creme

OR

Slow-roasted Pork Belly with Apple Sauce, Baby Spinach, Butternut Puree & Candied Apple

### MAIN COURSE

Beef Fillet with Red Wine Jus, Mashed Potato Rosettes, Pan-fried Greens

OR

Mushroom Duxelle Stuffed Chicken Supreme, Thyme Creme, Mashed Potato Rosettes, Pan-fried Greens

### DESSERT

Traditional Christmas Trifle

OR

Pavlova with Whipped Cream and Fresh Seasonal Fruit

R210 PP | Bookings essential - ext 2404 | Seating from 18h00 |  
Includes Christmas Crackers  
Special dietary needs catered for on request.



# Christmas Lunch Buffet

## Menu

### STARTER

A Selection of Bread with Pates, Dips & Pickles  
Build your own Salad Bar

### MAIN COURSE

Pineapple Glazed Gammon | Lemon & Herb  
Grilled Chicken | Roast Potatoes | Cauliflower &  
Broccoli Gratin | Roasted Butternut

### DESSERT

Traditional Christmas Trifle | Chocolate  
Mousse | Sticky Toffee Pudding  
with Custard



R210 PP | Bookings essential - ext 2404 | Seating from 18h00 |  
Includes Christmas Crackers  
Special dietary needs catered for on request.



# NEW YEAR'S EVE TIKI PARTY

31 DECEMBER 2021 | 18H00 - 22H00

R120 PP

To usher in another year, join us for a New Year's Eve bring & braai.

We're going island-style so dress up if you like and relax with friends while enjoying a welcome cocktail as the sun sets over Noordhoek.

## INCLUDED

- Welcome cocktail
- Side dishes
- Braais & braaiers

## BE SURE TO BRING

- Your own drinks
- Camping chairs
- Positive vibes for a better new year!

**BOOKINGS ESSENTIAL - EXT 2404 |  
SPECIAL DIETARY NEEDS CATERED FOR ON REQUEST.**



# WHAT'S ON THE MENU

SERVED FROM 08H00 - 16H30 | SIT DOWN | TAKE-AWAY | HOME DELIVERY



MONDAY	 <p>Roast Vegetable Wellington with Mushroom Sauce &amp; Garden salad</p>
TUESDAY	Lambs Liver with Bacon Onion Gravy, Mashed Potato & Seasonal Vegetables
WEDNESDAY	Chicken & Mushroom Pot Pie with Gravy, Roasted Potatoes & Roasted Vegetables
THURSDAY	Crumbed Pork Schnitzel with Cheese Sauce, Baby Potatoes & Garden Salad
FRIDAY	Hake & Chips (fried or grilled) with Tartar Sauce & Coleslaw
SATURDAY	Bacon, Feta & Egg Summer Salad with Toasted Garlic Sourdough Bread
SUNDAY	<p>MAIN COURSE</p> <p>Chicken Roulade topped with a Mediterranean Tomato &amp; Olive Sauce, Roasted Potatoes, Roast Pumpkin &amp; Broccoli Au Gratin</p> <p>DESSERT</p> <p>Honey &amp; Lavender Mousse Tart</p>

## DINNER & A MOVIE



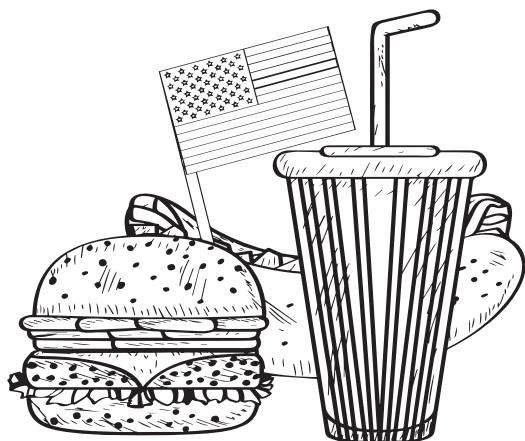
1ST VIEWING 16H30  
DINNER 18H00 - 20H00  
2ND VIEWING 19H30

Join us this week for perfect pairing. A classic diner-style menu served with a side of classic 50's cinemagic

BOOKING FOR THE MOVIE IS ESSENTIAL DUE TO LIMITED SEATING

PAYMENT BY CARD OR ON-ACCOUNT ONLY | CONTACT THE BISTRO ON EXT.2404

# Diner Menu



## BURGERS & SARMIES

### THE ORIGINAL

beef patty, lettuce, tomato relish & pickles

### HAWAIIAN

chicken breast, bacon, pineapple & tangy mayo

### THE COLONEL

crumbed chicken breast, tangy coleslaw

### CHEDDAMELT

melted cheddar cheese & creamy mushroom sauce

### THE GOAT (V)

carrot, lentil, zucchini & creamy potato

### KAROO DAGWOOD SANDWICH

lamb sausage, bacon, fried egg, lettuce, red onion, tomato, fresh basil, chutney, cheddar cheese, mustard-mayo & pickles

65

85

75

75

55

85

## DOGS, WINGS & STEAK

### CHILLI DOG

cheese griller, spicy mince, melted cheese & fresh chilli

65

### BBQ CHICKEN WINGS

65

### STEAK, EGG & CHIPS

served with onion rings

115

## SODAS, MILKSHAKES & DESSERTS

### SODAS

15

### SODA FLOAT

30

### MILKSHAKE

30

### BANANA SPLIT

35

### KEY LIME PIE

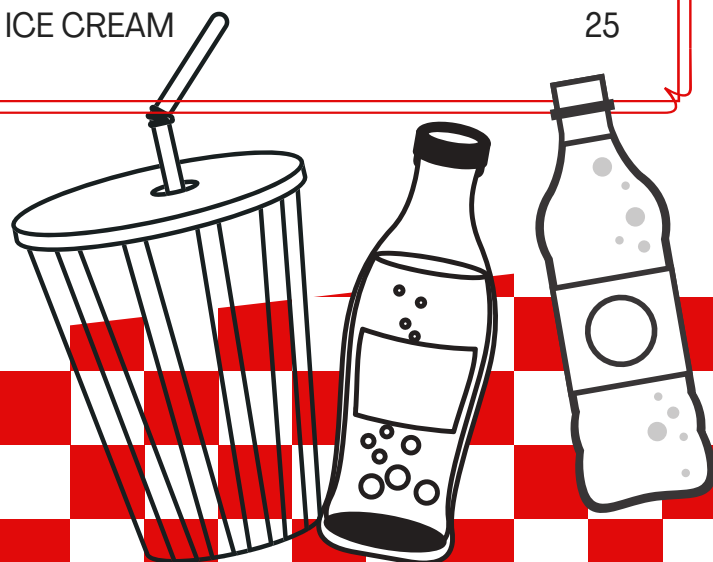
35

### WAFFLE

35

### ICE CREAM

25





# IT'S A CELEBRATION!



## ANNIVERSARIES

*The best thing in life to hold on to is each other...*

**NO ANNIVERSARIES  
THIS WEEK**

## NEW RESIDENTS

*Home is not a place...Its a feeling*

**NOORDHOEK**

**ROB & ALISON SAYERS - House 146**

## BIRTHDAYS

*Wishing you many happy moments and the very best memories on your special day!*

**30TH NOVEMBER**

**MONICA JOOSTE - Noordhoek**

**LESLEY WOOD - Noordhoek**

**2ND DECEMBER**

**ANN UTTING - Noordhoek**

**CHRIS MENY-GIBERT - Noordhoek**

**4TH DECEMBER**

**PHILLIP CADMAN - Noordhoek**

**5TH DECEMBER**

**DAVE INNES - Noordhoek**