

EVERGREEN LIFESTYLE PHOTOGRAPHIC COMPETITION SEPTEMBER 2021

COMPANIONSHIP

A **companion** is a person who frequently spends time with you, associates with you, or accompanies you when you go places. **Companionship** is similar to friendship, and a person one calls a **companion** is usually their friend or romantic partner. But the word **companionship** specifically implies that a lot of time is spent in each other's company.

The word commonly applies to relationships between people, but **PETS** can also provide companionship.

Having a companion in life, whether they are a relative, friend or carer, helps keep the mind active and prevent social isolation. Someone there to engage in conversation with, even if it's for a few moments, encourages mental stimulation and positive thoughts, as well as reminisce memories.

Ultimately the bond of all companionship, whether in marriage or in friendship, is conversation. – Oscar Wilde

https://erickimphotography.com/blog/how-to-capture-emotion-in-your-photos/

THIS MONTH'S THEME IS COMPANIONSHIP

The two most important rules are that it must be your own photos, and you can only submit one photograph per month. Please submit entries by latest midnight on the 30th of September 2021. With every entry, please **include your name, village, and a caption**.

Please send your entries to photos@evergreenlifestyle.co.za

Winners will be announced in December 2021.

Happy snapping!

The Evergreen team

