

WEEKLY ACTIVITIES

26 JULY - 1 AUGUST

LISTED ACTIVITIES TO BE CONFIRMED BY ORGANIZERS | PLEASE ENSURE THAT COVID PROTOCOLS ARE ADHERED TO AT ALL TIMES.



MONDAY	<p>FROM 2 AUGUST 9h00 - 9h40 STRETCH CLASSES Sue 072 212 0277</p>	<p>FROM 2 AUGUST 10h15 - 11h00 AQUA AEROBICS Pool Renate 082 519 1873 Linda 082 4109 443</p>	<p>FROM 2 AUGUST 14h00 CANASTA / BRIDGE Bistro Cecile ext. 2011 Norma ext. 2089</p>		<p>FROM 2 AUGUST 17h00 MOVIE Book at Reception ext. 2401</p>
TUESDAY	<p>FROM 3 AUGUST 9h00 - 10h00 EXTEND SENIOR FIT Crafts Room Judith ext. 2063</p>	<p>FROM 3 AUGUST 10h00 BRIDGE Bistro Cecile ext. 2011</p>		<p>FROM 3 AUGUST 14h00 GOLF CROQUET Fish Hoek Bowling Club Norma ext. 2089</p>	<p>REMINDER! WEDNESDAY IS RECYCLING COLLECTION DAY</p>
WEDNESDAY	<p>FROM 4 AUGUST 9h00 - 9h40 STRETCH CLASSES Sue 072 212 0277</p>	<p>FROM 4 AUGUST 10h30 - 11h15 AQUA AEROBICS Pool Renate 082 519 1873 Linda 082 4109 443</p>	<p>FROM 4 AUGUST 10h00 - 12h00 CHRISTIAN FELLOWSHIP Cinema Room 2 John ext. 2017</p>		<p>28 AUGUST 18h00 - 20h30 DINNER Village Bistro ext. 2404</p>
THURSDAY	<p>FROM 29 JULY 9h00 - 10h00 EXTEND SENIOR FIT Crafts Room Judith ext. 2063</p>	<p>FROM 29 JULY 10h00 KNITTING GROUP Lounge Jenny ext. 2026</p>	<p>FROM 29 JULY 16h00 TABLE TENNIS, POOL / SNOOKER 1st Floor</p>	<p>FROM 29 JULY 14h00 GOLF CROQUET Fish Hoek Bowling Club Norma ext. 2089</p>	<p>FROM 29 JULY 17h00 MOVIE The Last Letter From Your Lover Book at Reception ext. 2401</p>
FRIDAY	<p>FROM 30 JULY 9h00 - 10h00 SPINE SHINE BACK CARE YOGA Crafts Room Clair 083 453 5539</p>	<p>FROM 6 AUGUST 09h15 - 10h00 AQUA AEROBICS Pool Renate 082 519 1873 Linda 082 4109 443</p>			<p>FROM 30 JULY 17h00 SUNDOWNER SOCIAL 1st Floor Norma ext. 2089</p>
SATURDAY					
SUNDAY			<p>1 AUGUST 12h00 - 14h00 SUNDAY LUNCH Village Bistro Melanie ext. 2404</p>		