











Farm2Table Home/Shop Deliveries




Date: 06-Jul-2021








Kommetjie Road, Sunnydale, Cape Town - 7975, Western Cape, South Africa |
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Delivery Price List









No.	Product	Detail	Price
1		Basil (Fresh Herb)	R 15
2		Mint (Fresh herb)	R 15
3		Rosemary (Herb)	R 15
4		Pizza Bases (with mozzarella topping. thin base / large)	R 40
5		Natural Honey 500g Unfiltered Jar (Local Multiflora Kommetjie, Scarborough, Noordhoek) local beekeeper Andrew has hives between Scarborough to Noordhoek. Pure unfiltered Honey (Multiflora)	R 85
6		150 Piece Dry Blackwattle Wood Delivered and packed	R 500
7		Carrot per bunch (large average weight 1.2kg a bunch)	R 20








No.	Product	Detail	Price
8		Beetroot bunch (large 3 to 4/5 bulbs per bunch)	R 20
9		Shredded Spinach 300g Pack	R 20
10		Spinach bunches	R 15
11		Chilli pack	R 15
12		strawberries 200g (*New Season)	R 35
13		Eggs Free Range 18s	R 50
14		Pocket of Oranges +/-7kg	R 40










No.	Product	Detail	Price
15		Orange Marmalade	R 55
16		Lemon Marmalade	R 55
17		Ruby Grapefruit	R 30
18		10 x 30kg Large Bags of Blackwattle Wood incl delivery, packing/stacking and Eco Lighters)	R 1000
19		Guavas +/- 1kg punnets	R 30
20		Coffee Guy Grounded Beans 250g	R 85
21		Salted butter 500g	R 75

No.	Product	Detail	Price
22		Low fat 1 litre Sachet Milk	R 15
23		Full Cream 1 Litre Sachet Milk	R 15
24		Half Dozen Eggs Free Range	R 30
25		Shredded cabbage	R 35
26		Papaya (large) **if small in size, will send 2**	R 35
27		Mielies 4s a punnet	R 30
28		Cubed Butternut Chunks 1kg Pack	R 35








No.	Product	Detail	Price
29		Naartjies 1kg	R 25
30		Butter lettuce pillow packs	R 25
31		Cos lettuce pillow pack	R 25
32		Sweet Potato	R 25
33		Oranges 1kgs	R 30
34		Fuerte Avocado each.	R 15
35		Fuerte Avocado Tray 12 to 16 in a tray	R 150








No.	Product	Detail	Price
36		Buttery Croissant	R 20
37		Soup Mix 650g Carrot, Turnip, Leeks, Celery, Parsley	R 35
38		Pears 1kg (Variety may vary to what is avail)	R 30
39		Apples 1kg (Variety may vary Pink Ladies, Goldens or Grannysmith)	R 30
40		Cauliflower, Broccoli, Carrot Mix Pack 300g	R 35
41		Gem Squash 1kg	R 25
42		Sweet Spicy Onion & Tomato Relish Jar Perfect for burgers, with mash and sausages or on eggs! Slow cooked onions in mild spices and fresh tomato. Refrigerate once hard is opened. Use within 5 days	R 55
43		100% Pure Orange Juice 1litre	R 55










No.	Product	Detail	Price
44		<p>Butter Chicken Cook-in Sauce 750ml (serves 4 to 6)</p> <p>The ultimate family fakeaway this butter chicken sauce is delightfully decadent. Rich, creamy sauce made with coconut cream and cashew nuts.... all you need to do is add Chicken. side tip! We suggested frying your fillet chicken pieces in paprika and garlic before adding the sauce too.</p>	R 80
45		<p>Mixed Fancy Salad Packs 200g</p> <p>A variety of mixed salad leaves in a vaccum sealed pack. weight 150 to 200g</p>	R 25
46		<p>Ginger & Lemon Immune Booster Shot 100ml</p> <p>made with fresh Root ginger, organic lemon and a hint of cayenne pepper</p>	R 30
47		<p>Kale</p> <p>Kale is a green, leafy, cruciferous vegetable that is rich in nutrients. It may offer a range of health benefits for the whole body.... including a high source of calcium</p>	R 20
48		<p>Spring Onion bunch</p>	R 20
49		<p>Coriander bunch</p>	R 20
50		<p>Baby Spinach Pack 300g</p>	R 30

No.	Product	Detail	Price
51		Yellow Pepper med-large	R 20
52		Bananas 1kg	R 25
53		Red Pepper (at times we send mediums)	R 20
54		Cauliflower Med to large heads	R 30
55		Broccoli heads	R 25
56		Red Onion 1kg	R 30
57		Coleslaw Mix Raw 200g Pack	R 25
58		Stir Fry Mix 300g	R 25
59		Iced Raisin Danish	R 25

No.	Product	Detail	Price
60		Baby Potatoes 1kg	R 20
61		Chocolate filled croissants	R 30
62		Ciabatta Rolls	R 12
63		Green Peppers - Living Hope Harvest	R 15
64		Garlic (Fresh Bulb)	R 15
65		100% Rye	R 45
66		Ginger fresh root 100g	R 25
67		50% Rye	R 40

No.	Product	Detail	Price
68		Sourdough Brown	R 45
69		Tomatoes 500g	R 20
70		Green Cabbages Large	R 25
71		1kg The Coffee Guy Bean	R 290
72		Potato Bread made with mashed potato and eureka flour	R 40
73		Vegan Mixed Fruit and Nut Coconut Cluster Ingredients: coconut, rolled oats, goji berries, pumpkin seeds, cranberries, almonds & cacao nibs in dairy	R 25
74		Unwashed Potatoes 1kg	R 20

No.	Product	Detail	Price
75		Iceberg Lettuce	R 15
76		Green beans 250g	R 25
77		Sourdough loaf white	R 45
78		Spinach & Feta Filled Croissant a delicious buttery croissant filled with spinach and feta. best served slightly warmed	R 28
79		Plain Ciabatta Large Loaf	R 35
80		Artisan Banana Loaf make way for the real banana bread in town! no artificial banana flavourants but made with real ripe naturally grown bananas and stone ground flour.. the way it should be.	R 30
81		Olive & Rosemary Ciabatta Loaf	R 45

No.	Product	Detail	Price
82		<p>Farmers white loaf Farmers white freshly baked bread</p>	R 30
83		<p>Organic Seeded Brown Loaf</p>	R 35
84		<p>cocktail tomatoes 200g</p>	R 35
85		<p>Pineapple - medium to large</p>	R 25
86		<p>Table Celery bunches</p>	R 25
87		<p>Button mushroom 250g punnets</p>	R 25
88		<p>Leeks bunch large</p>	R 20
89		<p>Parsley bunch Parsley has a clean and peppery taste with a touch of earthiness, making it a great all-rounder in the kitchen. Running through each leaf is a natural aromatic oil, and it's this which is responsible for its unmistakable flavour.</p>	R 15
90		<p>English Cucumbers Med -Large</p>	R 20

No.	Product	Detail	Price
91		Lemons 1kg	R 20
92		Radish bunch	R 15
93		The Coffee Guy locally roasted Coffee Beans 250g	R 80
94		The Coffee Guy Decaf local Roast 250g	R 85
95		Onions 1kg	R 20
96		Butternut	R 20
97		Green Leaf 1litre Virgin Olive Oil Locally produced Olive Oil	R 180