














Farm2Table Home/Shop Deliveries






Date: 01-Jun-2021

Kommetjie Road, Sunnydale, Cape Town - 7975, Western Cape, South Africa |
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Evergreen Fridays Delivery Price List








No.	Product	Detail	Price
1		Walker bags	R 140
2		Fidget / Sensory Mats (large) SKU : **Perfect for dementia patients or as a gift for sensory playmats for babies	R 250
3		Kiwi Fruit (6 or 8 in a punnet) ** size depending	R 30
4		Persimmons (per punnet)	R 30
5		Orange Marmalade	R 55

No.	Product	Detail	Price
6		Lemon Marmalade	R 55
7		Ruby Grapefruit	R 30
8		30 x 10kg Blackwattle Bags 10kg plus complimentary bottle of 2019 Vintage Red Wine	R 1000
9		strawberries 200g (*New Season)	R 40
10		10 x 30kg Large Bags of Blackwattle Wood incl delivery, packing/stacking and Eco Lighters)	R 1000
11		Guavas +/- 1kg punnets	R 30





No.	Product	Detail	Price
12		Coffee Guy Grounded Beans 250g	R 85
13		Salted butter 500g	R 75
14		Low fat 1 litre Sachet Milk	R 15
15		Full Cream 1 Litre Sachet Milk	R 15
16		Half Dozen Eggs Free Range	R 30
17		Shredded cabbage	R 35
18		Papaya (large) **if small in size, will send 2**	R 35



No.	Product	Detail	Price
19		Mielies 4s a punnet	R 30
20		Cubed Butternut Chunks 1kg Pack	R 35
21		Naartjies 1kg	R 25
22		Butter lettuce pillow packs	R 25
23		Cos lettuce pillow pack	R 25
24		Sweet Potato	R 25
25		Oranges 1kgs	R 30









No.	Product	Detail	Price
26		Marrows	R 25
27		Fuerte Avocado each.	R 15
28		Buttery Croissant	R 20
29		Fuerte Avocado Tray 12 to 16 in a tray	R 130
30		Soup Mix 650g Carrot, Turnip, Leeks, Celery, Parsley	R 35
31		Pears 1kg (Variety may vary to what is avail)	R 30
32		Apples 1kg (Variety may vary Pink Ladies, Goldens or Grannysmith)	R 30






No.	Product	Detail	Price
33		Cauliflower, Broccoli, Carrot Mix Pack 300g	R 35
34		Gem Squash 1kg	R 25
35		Sweet Spicy Onion & Tomato Relish Jar Perfect for burgers, with mash and sausages or on eggs! Slow cooked onions in mild spices and fresh tomato. Refrigerate once hard is opened. Use within 5 days	R 55
36		100% Pure Orange Juice 1litre	R 55
37		Butter Chicken Cook-in Sauce 750ml (serves 4 to 6) The ultimate family fakeaway this butter chicken sauce is delightfully decadent. Rich, creamy sauce made with coconut cream and cashew nuts.... all you need to do is add Chicken. side tip! We suggested frying your fillet chicken pieces in paprika and garlic before adding the sauce too.	R 80
38		Ginger & Lemon Immune Booster Shot 100ml made with fresh Root ginger, organic lemon and a hint of cayenne pepper	R 30
39		Yellow Pepper med-large	R 20









No.	Product	Detail	Price
40		Bananas 1kg	R 25
41		Red Pepper (at times we send mediums)	R 20
42		Carrot per bunch (large average weight 1.2kg a bunch)	R 20
43		Cauliflower Med to large heads	R 30
44		Broccoli heads	R 25
45		Red Onion 1kg	R 30
46		Grapes Seedless (may vary White or Red)	R 30
47		Baby Spinach Pack 300g	R 30
48		Coleslaw Mix Raw 200g Pack	R 25







No.	Product	Detail	Price
49		Stir Fry Mix 300g	R 25
50		Iced Raisin Danish	R 25
51		Gluten Free Rolls 6 in a pack Coconut, psyllium, flax, chia, glucomannan (konjac fibre), sunflower, aluminium free raising agent, salt. UnBread Vegan does NOT contain any of the following: Gluten Grains Wheat Egg Milk, yoghurt, cheese or other dairy products (Lactose) Cauliflower Sugar or Sweeteners Soy Tree nuts or peanuts Yeast Preservatives or Additives of any kind Xanthan, Guar or any other gum GMO Products	R 45
52		Gluten Free Pita Breads (3) Coconut, psyllium, flax, chia, glucomannan (konjac fibre), sunflower, aluminium free raising agent, salt. UnBread Vegan does NOT contain any of the following: Gluten Grains Wheat Egg Milk, yoghurt, cheese or other dairy products (Lactose) Cauliflower Sugar or Sweeteners Soy Tree nuts or peanuts Yeast Preservatives or Additives of any kind Xanthan, Guar or any other gum GMO Products	R 35

No.	Product	Detail	Price
53		<p>Gluten Free 20cm Pizza bases (3 in a pack)</p> <p>Coconut, psyllium, flax, chia, glucomannan (konjac fibre), sunflower, aluminium free raising agent, salt.</p> <p>UnBread Vegan does NOT contain any of the following:</p> <ul style="list-style-type: none"> Gluten Grains Wheat Egg Milk, yoghurt, cheese or other dairy products (Lactose) Cauliflower Sugar or Sweeteners Soy Tree nuts or peanuts Yeast Preservatives or Additives of any kind Xanthan, Guar or any other gum GMO Products 	R 40
54		<p>Baby Potatoes 1kg</p>	R 20
55		<p>Chocolate filled croissants</p>	R 25
56		<p>Ciabatta Rolls</p>	R 12
57		<p>Spinach bunches</p>	R 15
58		<p>Beetroot bunch (large 3 to 4/5 bulbs per bunch)</p>	R 20








No.	Product	Detail	Price
59		Green Peppers - Living Hope Harvest	R 15
60		Garlic (Fresh Bulb)	R 15
61		Coriander bunch	R 20
62		Spring Onion bunch	R 20
63		Kale Kale is a green, leafy, cruciferous vegetable that is rich in nutrients. It may offer a range of health benefits for the whole body.... including a high source of calcium	R 20
64		Mixed Fancy Salad Packs 200g A variety of mixed salad leaves in a vaccum sealed pack. weight 150 to 200g	R 25
65		100% Rye	R 45
66		Ginger fresh root 100g	R 25

No.	Product	Detail	Price
67		Untreated Local Honey 330ml	R 80
68		Untreated Local Honey Noordhoek / Creamy Ceres Fynbos 1 litre	R 230
69		50% Rye	R 40
70		Sourdough Brown	R 45
71		Tomatoes 500g	R 20

No.	Product	Detail	Price
72		Green Cabbages Large	R 25
73		1kg The Coffee Guy Bean	R 290
74		Potato Bread made with mashed potato and eureka flour	R 40
75		Vegan Mixed Fruit and Nut Coconut Cluster Ingredients: coconut, rolled oats, goji berries, pumpkin seeds, cranberries, almonds & cacao nibs in dairy	R 25
76		Unwashed Potatoes 1kg	R 20
77		Iceberg Lettuce	R 15
78		Green beans 250g	R 25
79		Sourdough loaf white	R 45

No.	Product	Detail	Price
80		<p>Spinach & Feta Filled Croissant</p> <p>a delicious buttery croissant filled with spinach and feta. best served slightly warmed</p>	R 28
81		<p>Plain Ciabatta Large Loaf</p>	R 35
82		<p>Artisan Banana Loaf</p> <p>make way for the real banana bread in town! no artificial banana flavourants but made with real ripe naturally grown bananas and stone ground flour.. the way it should be.</p>	R 30
83		<p>Olive & Rosemary Ciabatta Loaf</p>	R 45
84		<p>Farmers white loaf</p> <p>Farmers white freshly baked bread</p>	R 30
85		<p>Gluten Free Loaf</p> <p>The Gluten Free Bread ingredients consist of Rice flour, milk, xanthan gum, salt, eggs and yeast</p>	R 45

No.	Product	Detail	Price
86		Organic Seeded Brown Loaf	R 35
87		cocktail tomatoes 200g	R 20
88		Pineapple - medium to large	R 25
89		Table Celery bunches	R 25
90		Button mushroom 250g punnets	R 25
91		English Cucumbers Med -Large	R 20
92		Lemons 1kg	R 20
93		The Coffee Guy locally roasted Coffee Beans 250g	R 80
94		The Coffee Guy Decaf local Roast 250g	R 85

No.	Product	Detail	Price
95		Leeks bunch large	R 20
96		Onions 1kg	R 20
97		Butternut	R 20
98		Radish bunch	R 15
99		Parsley bunch Parsley has a clean and peppery taste with a touch of earthiness, making it a great all-rounder in the kitchen. Running through each leaf is a natural aromatic oil, and it's this which is responsible for its unmistakable flavour.	R 15
100		Cast Iron Heavy Duty professional Juicer	R 1500
101		Green Leaf 500ml Virgin Olive Oil Locally produced Olive Oil	R 90