



## FIT-2-HIKE

Frank Dwyer  
P.O. BOX 53376  
Kenilworth  
7745

## Evergreen Resident Hike

Date: **14<sup>th</sup> and 15<sup>th</sup> June 2021**

Cost: R100.00 pp - will be charged back to your levy account  
**R35.00** per person gate fee for SA Citizens – payable at the gate on the day. Bring your SA ID along to qualify for this reduced fee. If you have a Green or Wild Card then entry is free.

Time: **TBC for collection once bookings have been confirmed**

Venue: Silvermine Gate 2. The path we will take starts off in the direction of the Ou Wapad and then we turn off to the right onto a well-defined hiking path that heads up the hill in a westerly direction. The path circles around to meet up with the board walk that is part of the River Walk and turns west towards the Silvermine Dam. It is approximately 3.5 km to the dam wall and we will then do a circuit around the dam and return to the parking where the vehicle will collect us. The path is firm and wide most of the way, but there are a few rocky and uneven sections.

Start Time: 08h00

### Covid-19 Protocols

- All participants would be required to wear a mask, covering both nose and mouth during the initial gathering and briefing period. Once the group is walking, as we are undertaking vigorous exercise, masks can be removed provided that a reasonable social distance is maintained between participants. The general hiking protocol is for masks to be easily accessible and to be raised when passing or being passed by other groups.

For the first timers, indemnity form needs to be completed and handed in ONE day before the walk for Frank to update records and have on hand. Kindly hand these to your Reception so they can email off to Bronwyn by 15h00.

The Hike will be limited to **10 Residents**, please book directly with Bronwyn on 072 359 3008 between office hours 08h00 to 17h00 during the week to secure your spot for either the 14<sup>th</sup> or 15<sup>th</sup> for us to arrange collection.