

WORLD HEALTH DAY

7 APRIL 2021

CELEBRATE WORLD HEALTH DAY

EVERGREEN HEALTH will be doing
free **BLOOD PRESSURE** checks from 12h00-15h00.



VENUE: BISTRO LOUNGE

Reminder to residents doing the Diabetes challenge to check BP!

Diabetes can damage arteries, cause hardening or arteriosclerosis, which can cause high blood pressure and hold complications for heart and kidney health.