

3rd November 2020

National Sandwich Day



NATIONAL Sandwich Day

Observed annually on **November 3rd**, National Sandwich Day is one of our favorite holidays. The sandwich is believed to be the namesake of John Montagu, the 4th Earl of Sandwich, following the claim that he invented the first ever sandwich. As one of America's most popular lunch items, this day gives us a great reason to enjoy a sandwich.



A sandwich is a food typically consisting of vegetables, sliced cheese or meat, placed on or between slices of bread, or more generally any dish wherein bread serves as a container or wrapper for another food type. The sandwich began as a portable finger food in the Western world, though over time it has become prevalent worldwide.