

THE LIGHTHOUSE KITCHEN

26 - 30 OCTOBER

FROZEN MEAL OPTIONS

available daily

chicken & bacon Alfredo bake

1 portion R80
2 portion R160
4 portion R320

lamb curry (no sides)

2 portion R160
4 portion R320

TUESDAY - 27 OCTOBER

beef lasagna

2 portion - R140 | 4 portion - R280 R70

WEDNESDAY - 28 OCTOBER

sticky barbecue chicken, coleslaw & roast potatoes

2 portion - R160 | 4 portion - R320 R80

or

carb-conscious

sticky barbecue chicken, coleslaw & cauli-gem mash

2 portion - R160 | 4 portion - R320 R80

THURSDAY - 29 OCTOBER

carb-conscious

grilled lamb chops with browned butter carrot mash

2 portion - R160 | 4 portion - R320 R80

FRIDAY - 30 OCTOBER

grilled hake with garlic butter, spiced rice & salad

2 portion - R160 | 4 portion - R320 R80

or

carb-conscious

grilled hake with garlic butter, spiced cauli-rice & salad

2 portion - R160 | 4 portion - R320 R80

FRIDAY is dessert day!

apple crumble - 2 portion R50

apple crumble - 4 portion R100

Our menu items may contain or come into contact with wheat, eggs, peanuts, tree nuts, and milk

CONNECT WITH US



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