

# THE LIGHTHOUSE KITCHEN

12 - 16 OCTOBER

## MONDAY 12 OCTOBER

chicken & bacon alfredo bake R80  
2 portion - R160 | 4 portion - R320

## TUESDAY 13 OCTOBER

pork belly, mash, gravy and roasted vegetables R80  
2 portion - R160 | 4 portion - R320

or

*carb-conscious*

pork belly, cauli-gem mash, gravy and roasted vegetables R80  
2 portion - R160 | 4 portion - R320

## WEDNESDAY 14 OCTOBER

Bobotie, yellow rice & chutney R70  
2 portion - R140 | 4 portion - R280

or

*carb-conscious*

Bobotie & cauli-rice R70  
2 portion - R140 | 4 portion - R280

## THURSDAY 15 OCTOBER

spag & meatballs served with roasted tomato & basil sauce R70  
2 portion - R140 | 4 portion - R280

or

*carb-conscious*

meatballs & zucchini noodles served with roasted tomato & basil sauce R70  
2 portion - R140 | 4 portion - R280

## FRIDAY 16 OCTOBER

roast chicken with Mike's roasted potatoes and mixed roast veg R70  
2 portion - R140 | 4 portion - R280

or

*carb-conscious*

roast chicken with cauli-gem mash and mixed roast veg R70  
2 portion - R140 | 4 portion - R280

## FRIDAY 16 OCTOBER

*Friday is dessert day! Don't forget to place your order with us by no later than Thursday 5pm*

malva pudding - 2 portion R50  
malva pudding - 4 portion R100

CONNECT WITH US



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