

THE LIGHTHOUSE KITCHEN

19 - 23 OCTOBER

MONDAY 19 OCTOBER

cottage pie with mashed potato R70
2 portion - R140 | 4 portion - R280

or

carb-conscious

cottage pie with cauli-gem mash R70
2 portion - R140 | 4 portion - R280

TUESDAY 20 OCTOBER

sticky Asian chicken, egg fried rice & Asian slaw R80
2 portion - R160 | 4 portion - R320

or

carb-conscious

sticky Asian chicken, cauli-egg fried rice & Asian slaw R80
2 portion - R160 | 4 portion - R320

WEDNESDAY 21 OCTOBER

beef stroganoff with noodles R70
2 portion - R140 | 4 portion - R280

or

carb-conscious

beef stroganoff with zoodles R70
2 portion - R140 | 4 portion - R280

THURSDAY 22 OCTOBER

kasler chops with ginger honey glaze served with mash, broccoli & bacon salad R80

2 portion - R160 | 4 portion - R320

or

carb-conscious

kasler chops with ginger honey glaze served with cauli-gem mash, broccoli & bacon salad R80

2 portion - R160 | 4 portion - R320

FRIDAY 23 OCTOBER

lamb curry with jasmine rice, sambal & atchar R105

2 portion - R210 | 4 portion - R420

or

carb-conscious

lamb curry with cauli-rice, sambal & atchar R105

2 portion - R210 | 4 portion - R420

FRIDAY 23 OCTOBER

Friday is dessert day! Don't forget to place your order with us by no later than Thursday 5pm

apple crumble - 2 portion R50

apple crumble - 4 portion R100

CONNECT WITH US



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