THE LIGHTHOUSE KITCHEN

O C T O B E R 5 - 9

MONDAY 5 OCTOBER

kasler chops with ginger honey glaze served with mash, broccoli & bacon salad

R80

2 portion - R160 | 4 portion - R320

carb-conscious

kasler chops with ginger honey glaze served with cauli-gem mash, broccoli & bacon salad

R80

2 portion - R160 | 4 portion - R320

TUESDAY 6 OCTOBER

chicken meatballs, mash, mushroom & thyme gravy with vegetables side dish 2 portion - R140 | 4 portion - R280

R70

R70

R70

R70

carb-conscious

chicken meatballs, cauli-gem mash, mushroom & thyme gravy with a vegetables side dish

2 portion - R140 | 4 portion - R280

WEDNESDAY 7 OCTOBER

Thai fish cakes with egg fried rice & Asian slaw

2 portion - R140 | 4 portion - R280

carb-conscious

Thai fish cakes with cauli-rice & Asian slaw

2 portion - R140 | 4 portion - R280

THURSDAY 8 OCTOBER

pork belly, mash, gravy and roasted vegetables

2 portion - R160 | 4 portion - R320

carb-conscious

pork belly, cauli-gem mash, gravy and roasted vegetables

2 portion - R160 | 4 portion - R320

FRIDAY 9 OCTOBER

beef stroganoff with rice **R70**

R80

R80

R100

R90

2 portion - R140 | 4 portion - R280

or

carb-conscious

beef stroganoff with cauli-rice **R70** 2 portion - R140 | 4 portion - R280

FRIDAY 9 OCTOBER

Friday is dessert day! Don't forget to place your order with us by no later than Thursday 5pm

apple crumble - 2 portion **R50**

apple crumble - 4 portion

peppermint crisp pudding - 2 portion **R45**

peppermint crisp pudding - 4 portion

CONNECT WITH US



the_lighthousekitchen



0608 999 737



@lighthousekitchen.kommetjie



orders@lighthousekitchen.co.za