



RESTAURANT  
SUPPLIERS

NO NEED FOR PANIC BUYING. WE DELIVER DAILY.

## BEEF

### BEEF STEAKS

	Unit	Price (incl)
Beef Fillet Signature - Portioned	Per Kg	R 198.98
Beef Fillet Signature - Whole (Grain Feed / 1.3kg - 1.5kg)	Per Kg	R 169.98
Beef Prego Signature Steak - Portioned	Per Kg	R 98.98
Beef Ribeye Signature Steak - Portioned	Per Kg	R 148.98
Beef Rump Signature Steak - Portioned	Per Kg	R 149.98
Beef Short Rib - Sliced	Per Kg	R 81.98
Beef Sirloin Signature Steak - Portioned	Per Kg	R 149.98
Beef T Bone Signature Steak - Portioned	Per Kg	R 138.98
Beef Tenderised Signature Steak	Per Kg	R 98.98

### BEEF CUTS

	Unit	Price (incl)
Beef F/Q Stew	Per Kg	R 74.98
Beef Goulash - Hand Cut	Per Kg	R 94.98
Beef Rump Kebabs	Per Kg	R 138.98
Beef Stroganoff	Per Kg	R 98.98
Beef Ox Tail	Per Kg	R 78.98
Beef Ribs	Per Kg	R 78.98
Beef Silverside (Roast)	Per Kg	R89.98

LOW  
PRICES

WHY PAY RETAIL PRICES WHEN YOU CAN GET IT FOR WHOLESALE

### BEEF BURGER RANGE

	Unit	Price (incl)
Beef Boerewors Burger	Per Kg	R 68.98
Beef Burger - N1 Classic	Per Kg	R 59.98
Beef Burger - 100% Pure Beef Burger	Per Kg	R 89.98
*NEW Beef Burger - Wagyu	4 x 160gr	R 69.98



### BEEF MINCE

	Unit	Price (incl)
Beef Steak Mince - 80/20	Per Kg	R79.98
Beef Extra Lean Mince - 90/10	Per Kg	R89.98

### BEEF SAUSAGES

	Unit	Price (incl)
Beef Bangers	Per Kg	R 68.98
Beef Boerewors	Per Kg	R 99.98



## LAMB

### LAMB CHOPS

	Unit	Price (incl)
Lamb Shoulder Chops	Per Kg	R 134.98
Lamb Loin Chops	Per Kg	R 179.98

### LAMB CUTS

	Unit	Price (incl)
Lamb Belly - Deboned	Per Kg	R 169.98
Lamb Goulash - (Hand Cut)	Per Kg	R 189.98
Lamb Kebabs	Per Kg	R 194.98
Lamb Leg - B/L	Per Kg	R 199.98
Lamb Neck - Sliced	Per Kg	R 98.98
Lamb Shanks - (Fresh)	Per Kg	R 144.98
Lamb Ribs Whole	Per Kg	R 94.98
Lamb Whole / Half	Per Kg	R 119.98

FREE DELIVERY



R500 or more

NO NEED TO EXPOSE YOURSELF TO SUPERMARKETS. WE DELIVER DIRECTLY TO YOUR DOOR. RISK FREE!

## FREE RANGE PORK

	Unit	Price (incl)
Pork Shoulder Chops	Per Kg	R 68.98
Pork Loin Chops	Per Kg	R 84.98
Pork Bangers	Per Kg	R 69.98
Pork Belly - Deboned and Rolled (Great for roasting)	Per Kg	R 79.98
Pork Goulash	Per Kg	R 69.98
Pork Leg - Deboned and Rolled	Per Kg	R 69.98
Pork Sliced Rashers	Per Kg	R 89.98
Pork Stroganoff	Per Kg	R 78.98
Diced Bacon	Packs of 1kg	R 65.98
Prime Cut / Shoulder Bacon	Packs of 200gr	R 21.95
Streaky Bacon	Packs of 200gr	R 29.95
Pork Belly Ribs	Per Kg	R 79.98

\*NEW

### ELIM COLD MEATS

	Unit	Price (incl)
Liverspread	100gr	R 9.95
Cooked Sliced Ham	150gr	R 19.95
Italian Salami	150gr	R 35.95
Smoked Vienna's	500gr	R 29.95
Russians	500gr	R 44.95
Cheese Grillers	500gr	R 55.95

**Elim**  
established 1944  
Western Cape

\*NEW

## CAPE KAROO FREE RANGE OSTRICH MEAT

**CKI** CAPE KAROO INTERNATIONAL

	Unit	Price (incl)
Kebabs	500gr	R 61.98
Goulash	500gr	R 59.98
Mince	500gr	R 59.98
Fillet Steaks	4 x 125gr	R 74.98
Steak Burgers	500gr	R 61.98

## FROZEN CHICKEN



	Unit	Price (incl)
Chicken Fillets	Per kg	R 59.98
Chicken Kebabs	Per Kg	R 94.98
Chicken Leg 1/4's	Pack of 2.5kg	R 124.95
Chicken Thighs	Box of 5kg	R 215.95
Chicken Whole	1.5kg Chicken	R 58.50
Chicken Wings	Box of 5kg	R 285.95

## CRUMBED CHICKEN PRODUCTS

	Unit	Price (incl)
Crumbed Chicken Burger	Box of 2.5kg	R 207.45
Crumbed Chicken Nuggets	Box of 2.5kg	R 207.45
Crumbed Chicken Schnitzel	Box of 2.5kg	R 237.45
Crumbed Chicken Strips	Box of 2.5kg	R 237.45



## MARINADES & SAUCES



	Unit	Price (incl)
Lemon & Herb Marinade	375ml	R 26.98
Peri Peri Marinade	375ml	R 29.98
Sweet Chilli Marinade	375ml	R 29.98
Pepper Sauce	375ml	R 29.98
BBQ Six Gun Grill Sauce	375ml	R 29.98
Jimmys Steak House Sauce	750ml	R 42.98

## SPICES



	Unit	Price (incl)
Six Gun Grill Spice Shaker	100gr	R 18.98
Biltong Safari Fynbos Spice	500gr	R 34.98

**R139.98**  
**OKTO**  
**BONING**  
**KNIFE**



## FISH & SEAFOOD



	Unit	Price (incl)
Hake Fillets	Box of 5kg	R 499.90
Battered Crispy Hake	Box of 2kg	R 159.98
Fish Cakes	Box of 2kg	R 124.98
Fish Fingers	Box of 2kg	R 155.98
Calamari Strips	Packs of 800gr	R 110.98
Calamari Tubes	Packs of 800gr	R 101.95
Seafood Mix	Packs of 700gr	R 59.98
Mussels 1/2 Shell	Packs of 800gr	R 89.98

## PACIFIC WEST PRODUCTS



**PACIFIC  
WEST**

	Unit	Price (incl)
Seafood Basket	Packs of 230gr	R 39.95
Chilli Squid	Packs of 1kg	R 171.98
Prawn Cutlets Crumbed	Packs of 2kg	R 444.98
Prawn Kuro	Packs of 800gr	R 199.98
Prawns Panko	Packs of 1kg	R 262.98
Prawns Red Velvet	Packs of 800gr	R 199.98
Prawns Tempura	Packs of 1kg	R 338.98
Salt & Pepper Squid Chunks	Packs of 1kg	R 195.98
Tempura Barramundi (Fish Fillets)	Box of 3.2kg	R 468.98
Tempura Squid Rings	Packs of 1kg	R 172.98



## PIZZA

### PIZZA

	Unit	Price (incl)
Margarita Pizza	24cm	R 18.98

### EGGS



	Unit	Price (incl)
Fresh Eggs - Large	18 Eggs	R 39.98

### DAIRY

	Unit	Price (incl)
Sliced Cheddar (12 Slices)	180gr	R 23.95
Premium Cheddar (Full Cream)	700gr	R 84.95
Premium Cheddar Loaves (Bulk)	+/- 2.5kg	R 82.98 p/kg
Premium Salted Butter	500gr	R 59.95



## FROZEN HOME UNBAKED PIES



	Unit	Price (incl)
Pepper Steak	24 Units	R 209.98
Chicken & Mushroom	24 Units	R 209.98
Steak & Kidney	24 Units	R 209.98

## BREAD, WRAPS & PASTRIES



### BREAD & WRAPS

	Unit	Price (incl)
Garlic Baguette	170gr x 3 Baquettes	R44.98
Panini	95gr x 3 Paninis	R 16.98
Sourdough Burger Rolls	75gr x 15 Rolls	R 104.98
Wholewheat Wraps	26cm (20 Wraps)	R 79.98
Plain Wraps	26cm (20 Wraps)	R 79.98
Puff Pastry Roll	400gr	R 13.98
<b>*NEW</b> Croissants	45gr x 10	R 49.95
<b>*NEW</b> Chocolate Croissants	55gr x 6	R 44.95
<b>*NEW</b> Nacho Corn Chips	250gr	R 39.98
<b>*NEW</b> Dinner Rolls Mix	42gr x 10	R 59.95
(Kaizer roll, Small ciabatta, 5 Cereal roll, Raisin & Walnut roll)		

Coffee  
Time

1KG BEANS  
**R89.95**



**ICED DOUGHNUTS**  
12 x 58gr Donuts / R129.99



## CLASSIC COMBOS

ONLY  
**R345**  
+  
**FREE**  
HAND  
SANITIZER

### PREGO STEAK COMBO

6 x 150g Prego Steaks  
1kg Frozen Diced Garlic  
750g BBQ Mccains Chips  
6 x Paninis  
250g Frozen Diced Onions  
1 tray Donuts (12 x 58gr)

### BEEF BURGER COMBO

ONLY  
**R310**  
+  
**FREE**  
HAND  
SANITIZER

6 x 160g Beef Burgers  
6 x Burger Rolls  
1pk Sliced Cheese  
750g BBQ Mccains Chips  
1 tray Donuts (12 x 58gr)

### PREGO CHICKEN COMBO

6 x 150g Chicken Fillets  
6 x Paninis  
1kg Frozen Diced Garlic  
250g Frozen Diced Onions  
750g BBQ Mccains Chips  
1 tray Donuts (12 x 58gr)

ONLY  
**R300**  
+  
**FREE**  
HAND  
SANITIZER

\*NEW

### NACHO COMBO

ONLY  
**R170**  
+  
**FREE**  
HAND  
SANITIZER

250gr Nacho Corn Chips  
500gr Mince  
1kg Mexican Stirfry  
250gr Chillies  
800gr Cheddar Cheese



## McCain Potato Products

	Unit	Price (incl)
Potato McCain Chips - 10mm	Per Kg	R19.98
Potato McCain BBQ Chip	750gr	R21.98
Crumbed Mozzarella Sticks	1kg Pack	R 39.98
Potato Hash Browns	1.5kg	R 36.98
Potato Wedges - Skin on	Per Kg	R 18.98



## McCain Frozen Vegetables

	Unit	Price (incl)
Vegetables Asian Stir Fry	Packs of 1kg	R 22.98
Vegetables Cut Beans - McCain	Packs of 1kg	R 28.98
Vegetables Cut Corn - McCain	Packs of 1kg	R 28.98
Vegetables Diced Mix Veg (3 Way Mix) - McCain	Packs of 1kg	R 24.98
Vegetables Hawain Mix - McCain	Packs of 1kg	R 28.98
Vegetables Stirfry Veg - McCain	Packs of 1kg	R 22.98
Vegetables Mexican Stir Fry x 12 [boxed]	Packs of 1kg	R 28.98
Vegetables Mix - French Style - McCain	Packs of 1kg	R 29.98
Vegetables Peas - McCain	Packs of 1kg	R 27.98
Vegetables Baby Carrots - McCain	Packs of 1kg	R 29.98
Vegetables Carrot Roundels	Packs of 1kg	R 21.98
Vegetables Baby Marrow Roundels - McCain	Packs of 1kg	R 28.98
Vegetables Diced Carrots - McCain	Packs of 1kg	R 21.98
Vegetables Julienne Carrots - McCain	Packs of 1kg	R 21.98
Vegetables Broccoli - McCain	Packs of 1kg	R 30.98
Vegetables Cauliflower - McCain	Packs of 1kg	R 26.98
Vegetables Country Crop - McCain	Packs of 1kg	R 26.98
Vegetables Spinach - McCain	Packs of 1kg	R 31.98
Vegetables Pumpkin Cubes - McCain	Packs of 1kg	R 28.98
Vegetables Sweet Potato Chunks - McCain	Packs of 1kg	R 28.98
Vegetables Butternut & Sweet Potato	Packs of 1kg	R 22.98
Vegetables Butternut Chunks - McCain	Packs of 1kg	R 26.98



## Frozen Fruit

	Unit	Price (incl)
Fruit Blueberries [Frozen]	Per Kg	R 79.98
Fruit Cherries [Frozen]	Per Kg	R 49.98
Fruit Mango [Frozen]	Per Kg	R 69.98
Fruit Mixed Berries [Frozen]	Per Kg	R 64.98
Fruit Raspberries [Frozen]	Per Kg	R 69.98
Fruit Strawberries [Frozen]	Per Kg	R 68.98
Fruit Tropical Mix [Frozen]	Per Kg	R 68.98



## Frozen Herbs

	Unit	Price (incl)
Vegetables Basil [Frozen]	Packs of 250gr	R 18.00
Vegetables Chilli [Frozen]	Packs of 250gr	R 19.00
Vegetables Coriander [Frozen]	Packs of 250gr	R 18.25
Vegetables Garlic [Frozen]	Packs of 1kg	R 50.00
Vegetables Ginger [Frozen]	Packs of 250gr	R 19.00
Vegetables Italian Herbs [Frozen]	Packs of 250gr	R 35.25
Vegetables Parsley [Frozen]	Packs of 250gr	R 13.75
Vegetables Rosemary [Frozen]	Packs of 250gr	R 32.50

# HAND SANITIZER



**R70**  
3 x 60ml

**R100**  
5 x 60ml

**WATERLESS HAND CLEANSER**  
65% Alcohol

**FREE**

RECEIVE A FREE HAND SANITIZER  
WHEN YOU SPEND MORE THAN R1000

## HEAVY DUTY FOIL & CLING WRAP



100m Cling Wrap  
**BEST PRICE**  
ON THE MARKET

	Unit	Price (incl)
Heavy duty foil	440mm x 25m	R 70.00
Cling Wrap	300mm x 100m	R 60.00

## TOILET PAPER



**\*NEW**

	Unit	Price (incl)
Twinsaver Twin Ply 100% Recycled	8 Rolls	R 44.00
Twinsaver Twin Ply 100% Recycled	12 Rolls	R 66.00
Twinsaver Twin Ply 100% Recycled	16 Rolls	R 88.00

## SPRING WATER



	Unit	Price (incl)
500ml Still Water	6 Pack	R 24.98
500ml Sparkling Water	6 Pack	R 32.98
1.5l Still Water	1 Bottle	R 6.50
1.5l Sparkling Water	1 Bottle	R 8.50
5l Still Water	1 Bottle	R 16.98

Get 600ml  
& ONLY PAY  
for  
500ml

**CAPE AQUA**<sup>TM</sup>  
water, by nature



## FLAVOURED WATER - 500ml + 100ml FREE

Strawberry	6 Pack	R 39.98
Passion Fruit	6 Pack	R 39.98
Lemon & Lime	6 Pack	R 39.98
Litchi	6 Pack	R 39.98