



RESTAURANT SUPPLIERS

NO NEED FOR PANIC BUYING. WE DELIVER DAILY.



BEEF

BEEF STEAKS

	Unit	Price (incl)
Beef Fillet Signature - Portioned	Per Kg	R 198.98
Beef Fillet Signature - Whole (Grain Feed / 1.3kg - 1.5kg)	Per Kg	R 169.98
Beef Prego Signature Steak - Portioned	Per Kg	R 98.98
Beef Ribeye Signature Steak - Portioned	Per Kg	R 148.98
Beef Rump Signature Steak - Portioned	Per Kg	R 149.98
Beef Short Rib - Sliced	Per Kg	R 81.98
Beef Sirloin Signature Steak - Portioned	Per Kg	R 149.98
Beef T Bone Signature Steak - Portioned	Per Kg	R 138.98
Beef Tenderised Signature Steak	Per Kg	R 98.98

BEEF CUTS



	Unit	Price (incl)
Beef F/Q Stew	Per Kg	R 74.98
Beef Goulash - Hand Cut	Per Kg	R 94.98
Beef Rump Kebabs	Per Kg	R 138.98
Beef Stroganoff	Per Kg	R 98.98
Beef Ox Tail	Per Kg	R 78.98
Beef Ribs	Per Kg	R 78.98
Beef Silverside (Roast)	Per Kg	R89.98



WHY PAY RETAIL PRICES WHEN YOU CAN GET IT FOR WHOLESALE

BEEF BURGER RANGE

	Unit	Price (incl)
Beef Boerewors Burger	Per Kg	R 68.98
Beef Burger - N1 Classic	Per Kg	R 59.98
Beef Burger - 100% Pure Beef Burger	Per Kg	R 89.98
*NEW Beef Burger - Wagyu	4 x 160gr	R 69.98



BEEF MINCE



	Unit	Price (incl)
Beef Steak Mince - 80/20	Per Kg	R79.98
Beef Extra Lean Mince - 90/10	Per Kg	R89.98

BEEF SAUSAGES

	Unit	Price (incl)
Beef Bangers	Per Kg	R 68.98
Beef Boerewors	Per Kg	R 99.98



LAMB

LAMB CHOPS

	Unit	Price (incl)
Lamb Shoulder Chops	Per Kg	R 134.98
Lamb Loin Chops	Per Kg	R 179.98

LAMB CUTS

	Unit	Price (incl)
Lamb Belly - Deboned	Per Kg	R 169.98
Lamb Goulash - (Hand Cut)	Per Kg	R 189.98
Lamb Kebabs	Per Kg	R 194.98
Lamb Leg - B/L	Per Kg	R 199.98
Lamb Neck - Sliced	Per Kg	R 98.98
Lamb Shanks - (Fresh)	Per Kg	R 144.98
Lamb Ribs Whole	Per Kg	R 94.98
Lamb Whole / Half	Per Kg	R 119.98

FREE DELIVERY



R500 or more

NO NEED TO EXPOSE YOURSELF TO SUPERMARKETS. WE DELIVER DIRECTLY TO YOUR DOOR. RISK FREE!

FREE RANGE PORK

	Unit	Price (incl)
Pork Shoulder Chops	Per Kg	R 68.98
Pork Loin Chops	Per Kg	R 84.98
Pork Bangers	Per Kg	R 69.98
Pork Belly - Deboned and Rolled (Great for roasting)	Per Kg	R 79.98
Pork Goulash	Per Kg	R 69.98
Pork Leg - Deboned and Rolled	Per Kg	R 69.98
Pork Sliced Rashers	Per Kg	R 89.98
Pork Stroganoff	Per Kg	R 78.98
Diced Bacon	Packs of 1kg	R 65.98
Prime Cut / Shoulder Bacon	Packs of 200gr	R 21.95
Streaky Bacon	Packs of 200gr	R 29.95
Pork Belly Ribs	Per Kg	R 79.98

*NEW

ELIM COLD MEATS

	Unit	Price (incl)
Liverspread	100gr	R 9.95
Cooked Sliced Ham	150gr	R 19.95
Italian Salami	150gr	R 35.95
Smoked Vienna's	500gr	R 29.95
Russians	500gr	R 44.95
Cheese Grillers	500gr	R 55.95

Elim
established 1944
Western Cape

*NEW

CAPE KAROO FREE RANGE OSTRICH MEAT

CKI CAPE KAROO INTERNATIONAL

	Unit	Price (incl)
Kebabs	500gr	R 61.98
Goulash	500gr	R 59.98
Mince	500gr	R 59.98
Fillet Steaks	4 x 125gr	R 74.98
Steak Burgers	500gr	R 61.98

FROZEN CHICKEN



	Unit	Price (incl)
Chicken Fillets	Per kg	R 59.98
Chicken Kebabs	Per Kg	R 94.98
Chicken Leg 1/4's	Pack of 2.5kg	R 124.95
Chicken Thighs	Box of 5kg	R 215.95
Chicken Whole	1.5kg Chicken	R 58.50
Chicken Wings	Box of 5kg	R 285.95

CRUMBED CHICKEN PRODUCTS

	Unit	Price (incl)
Crumbed Chicken Burger	Box of 2.5kg	R 207.45
Crumbed Chicken Nuggets	Box of 2.5kg	R 207.45
Crumbed Chicken Schnitzel	Box of 2.5kg	R 237.45
Crumbed Chicken Strips	Box of 2.5kg	R 237.45



FISH & SEAFOOD



	Unit	Price (incl)
Hake Fillets	Box of 5kg	R 499.90
Battered Crispy Hake	Box of 2kg	R 159.98
Fish Cakes	Box of 2kg	R 124.98
Fish Fingers	Box of 2kg	R 155.98
Calamari Strips	Packs of 800gr	R 110.98
Calamari Tubes	Packs of 800gr	R 101.95
Seafood Mix	Packs of 700gr	R 59.98
Mussels 1/2 Shell	Packs of 800gr	R 89.98

***NEW**

PACIFIC WEST PRODUCTS

PACIFIC WEST

	Unit	Price (incl)
Seafood Basket	Packs of 230gr	R 39.95
Chilli Squid	Packs of 1kg	R 171.98
Prawn Cutlets Crumbed	Packs of 2kg	R 444.98
Prawn Kuro	Packs of 800gr	R 199.98
Prawns Panko	Packs of 1kg	R 262.98
Prawns Red Velvet	Packs of 800gr	R 199.98
Prawns Tempura	Packs of 1kg	R 338.98
Salt & Pepper Squid Chunks	Packs of 1kg	R 195.98
Tempura Barramundi (Fish Fillets)	Box of 3.2kg	R 468.98
Tempura Squid Rings	Packs of 1kg	R 172.98



PIZZA

PIZZA

	Unit	Price (incl)
Margarita Pizza	24cm	R 18.98



EGGS

	Unit	Price (incl)
Fresh Eggs - Large	18 Eggs	R 39.98

DAIRY

	Unit	Price (incl)
Sliced Cheddar (12 Slices)	180gr	R 23.95
Premium Cheddar (Full Cream)	700gr	R 84.95
Premium Cheddar Loaves (Bulk)	+/- 2.5kg	R 82.98 p/kg
Premium Salted Butter	500gr	R 59.95



FROZEN HOME UNBAKED PIES



	Unit	Price (incl)
Pepper Steak	24 Units	R 209.98
Chicken & Mushroom	24 Units	R 209.98
Steak & Kidney	24 Units	R 209.98

BREAD, WRAPS & PASTRIES



BREAD & WRAPS

	Unit	Price (incl)
Garlic Baguette	170gr x 3 Baquettes	R44.98
Panini	95gr x 3 Paninis	R 16.98
Sourdough Burger Rolls	75gr x 15 Rolls	R 104.98
Wholewheat Wraps	26cm (20 Wraps)	R 79.98
Plain Wraps	26cm (20 Wraps)	R 79.98
Puff Pastry Roll	400gr	R 13.98
*NEW Croissants	45gr x 10	R 49.95
*NEW Chocolate Croissants	55gr x 6	R 44.95
*NEW Nacho Corn Chips	250gr	R 39.98
*NEW Dinner Rolls Mix	42gr x 10	R 59.95
(Kaizer roll, Small ciabatta, 5 Cereal roll, Raisin & Walnut roll)		

Coffee
Time

1KG BEANS
R89.95



ICED DOUGHNUTS
12 x 58gr Donuts / R129.99



CLASSIC COMBOS

ONLY
R345
+
FREE
HAND
SANITIZER

PREGO STEAK COMBO

6 x 150g Prego Steaks
1kg Frozen Diced Garlic
750g BBQ Mccains Chips

6 x Paninis
250g Frozen Diced Onions
1 tray Donuts (12 x 58gr)

BEEF BURGER COMBO

ONLY
R310
+
FREE
HAND
SANITIZER

6 x 160g Beef Burgers
6 x Burger Rolls
1pk Sliced Cheese
750g BBQ Mccains Chips
1 tray Donuts (12 x 58gr)

PREGO CHICKEN COMBO

6 x 150g Chicken Fillets
6 x Paninis
1kg Frozen Diced Garlic
250g Frozen Diced Onions
750g BBQ Mccains Chips
1 tray Donuts (12 x 58gr)

ONLY
R300
+
FREE
HAND
SANITIZER

*NEW

NACHO COMBO

ONLY
R170
+
FREE
HAND
SANITIZER

250gr Nacho Corn Chips
500gr Mince
1kg Mexican Stirfry
250gr Chillies
800gr Cheddar Cheese



McCain Potato Products

	Unit	Price (incl)
Potato McCain Chips - 10mm	Per Kg	R19.98
Potato McCain BBQ Chip	750gr	R21.98
Chilli Cheese Nuggets	Per Kg	R 38.98
Potato Hash Browns	1.5kg	R 36.98
Potato Wedges - Skin on	Per Kg	R 18.98



McCain Frozen Vegetables

	Unit	Price (incl)
Vegetables Asian Stir Fry	Packs of 1kg	R 22.98
Vegetables Cut Beans - McCain	Packs of 1kg	R 28.98
Vegetables Cut Corn - McCain	Packs of 1kg	R 28.98
Vegetables Diced Mix Veg (3 Way Mix) - McCain	Packs of 1kg	R 24.98
Vegetables Hawain Mix - McCain	Packs of 1kg	R 28.98
Vegetables Stirfry Veg - McCain	Packs of 1kg	R 22.98
Vegetables Mexican Stir Fry x 12 [boxed]	Packs of 1kg	R 28.98
Vegetables Mix - French Style - McCain	Packs of 1kg	R 29.98
Vegetables Peas - McCain	Packs of 1kg	R 27.98
Vegetables Baby Carrots - McCain	Packs of 1kg	R 29.98
Vegetables Carrot Roundels	Packs of 1kg	R 21.98
Vegetables Baby Marrow Roundels - McCain	Packs of 1kg	R 28.98
Vegetables Diced Carrots - McCain	Packs of 1kg	R 21.98
Vegetables Julienne Carrots - McCain	Packs of 1kg	R 21.98
Vegetables Broccoli - McCain	Packs of 1kg	R 30.98
Vegetables Cauliflower - McCain	Packs of 1kg	R 26.98
Vegetables Country Crop - McCain	Packs of 1kg	R 26.98
Vegetables Spinach - McCain	Packs of 1kg	R 31.98
Vegetables Pumpkin Cubes - McCain	Packs of 1kg	R 28.98
Vegetables Sweet Potato Chunks - McCain	Packs of 1kg	R 28.98
Vegetables Butternut & Sweet Potato	Packs of 1kg	R 22.98
Vegetables Butternut Chunks - McCain	Packs of 1kg	R 26.98



Frozen Fruit

	Unit	Price (incl)
Fruit Blueberries [Frozen]	Per Kg	R 79.98
Fruit Cherries [Frozen]	Per Kg	R 49.98
Fruit Mango [Frozen]	Per Kg	R 69.98
Fruit Mixed Berries [Frozen]	Per Kg	R 64.98
Fruit Raspberries [Frozen]	Per Kg	R 69.98
Fruit Strawberries [Frozen]	Per Kg	R 68.98
Fruit Tropical Mix [Frozen]	Per Kg	R 68.98



Frozen Herbs

	Unit	Price (incl)
Vegetables Basil [Frozen]	Packs of 250gr	R 18.00
Vegetables Chilli [Frozen]	Packs of 250gr	R 19.00
Vegetables Coriander [Frozen]	Packs of 250gr	R 18.25
Vegetables Garlic [Frozen]	Packs of 1kg	R 50.00
Vegetables Ginger [Frozen]	Packs of 250gr	R 19.00
Vegetables Italian Herbs [Frozen]	Packs of 250gr	R 35.25
Vegetables Parsley [Frozen]	Packs of 250gr	R 13.75
Vegetables Rosemary [Frozen]	Packs of 250gr	R 32.50

HAND SANITIZER



R70
3 x 60ml

R100
5 x 60ml

WATERLESS HAND CLEANSER
65% Alcohol

FREE

RECEIVE A FREE HAND SANITIZER
WHEN YOU SPEND MORE THAN R1000

HEAVY DUTY FOIL & CLING WRAP



100m Cling Wrap
BEST PRICE
ON THE MARKET

	Unit	Price (incl)
Heavy duty foil	440mm x 25m	R 70.00
Cling Wrap	300mm x 100m	R 60.00

TOILET PAPER



***NEW**

	Unit	Price (incl)
Twinsaver Twin Ply 100% Recycled	8 Rolls	R 44.00
Twinsaver Twin Ply 100% Recycled	12 Rolls	R 66.00
Twinsaver Twin Ply 100% Recycled	16 Rolls	R 88.00

SPRING WATER



	Unit	Price (incl)
500ml Still Water	6 Pack	R 24.98
500ml Sparkling Water	6 Pack	R 32.98
1.5l Still Water	1 Bottle	R 6.50
1.5l Sparkling Water	1 Bottle	R 8.50
5l Still Water	1 Bottle	R 16.98

Get 600ml
& ONLY PAY
for
500ml

CAPE AQUATM
water, by nature



FLAVOURED WATER - 500ml + 100ml FREE

Strawberry	6 Pack	R 39.98
Passion Fruit	6 Pack	R 39.98
Lemon & Lime	6 Pack	R 39.98
Litchi	6 Pack	R 39.98