



Health & Wellness FAIR

JOIN US FOR A COMPLIMENTARY
HEALTH SCREENING ON:

MONDAY 24 FEBRUARY 2020
09h00 - 13h00
NOORDHOEK & LAKE MICHELLE
VENUE: Fynbos Lounge
NO APPOINTMENT REQUIRED



**SCREENINGS
AVAILABLE:**

- BLOOD GLUCOSE
- BLOOD PRESSURE
- RAPID CHOLESTEROL
- WEIGHT BMI
- HEALTH EDUCATION
- MOBILITY ASSESSMENTS