

APRIL 2019

Kindly book your Lunch by 16h30 for the following day.

1 – 5 APRIL 2019

MONDAY 1 APRIL	BOBOTIE PANCAKES SERVED WITH POTATO WEDGES & GREEK SALAD WITH A DRESSING
TUESDAY 2 APRIL	PORTUGUESE FISH WITH SAVOURY RICE & ROAST VEGETABLES
wednesday 3 April	CHICKEN & MUSHROOM PIE, HOMEMADE GRAVY WITH BABY POTATOES & ROAST BUTTERNUT & BROCCOLI AU GRATIN
THURSDAY 4 APRIL	BACON, BLUE CHEESE & RED ONION QUICHE WITH POTATO WEDGES, SUMMER STYLE SALAD & DRESSING
FRIDAY 5 APRIL	CREAMY SALMON & SPINACH PASTA SERVED WITH A BUTTERNUT, FETA & CORIANDER SALAD TOPPED WITH ROASTED SEEDS

8 - 12 APRIL 2019

MONDAY	BEEF LASAGNE
8 APRIL	WITH GREEK SALAD & DRESSING
Tuesday 9 april	SWEET & SOUR PORK TEMPURA SERVED WITH PARSLEY RICE AND ROAST VEGETABLES
WEDNESDAY 10 APRIL	CHICKEN A LA KING SERVED WITH BASMATI RICE, BABY CARROTS & SAUTEED BEANS
THURSDAY	LAMBS LIVER WITH ONION & BACON GRAVY,
11 APRIL	MASHED POTATOES, MINTED PEAS & ROAST PUMPKIN
FRIDAY	CORIANDER & LEMON FISHCAKES, TOMATO, ONION RELISH,
12 APRIL	MASHED POTATO & ITALIAN SALAD & DRESSING

15 – 19 APRIL 2019

MONDAY 15 APRIL	CAPE MALAY STYLE BEEF BOBOTIE WITH YELLOW RICE, SAMBALS, GLAZED BABY CARROTS & BRUSSEL SPROUTS
TUESDAY 16 APRIL	SPINACH & FETA STUFFED CHICKEN SERVED WITH GARLIC BABY POTATOES & ROAST VEGETABLES
WEDNESDAY 17 APRIL	PULLED PORK & COLESLAW TRAMMEZINI WITH ROSEMARY POTATO WEDGES & GREEK SALAD
THURSDAY 18 APRIL	HONEY & MUSTARD SPINACH CHICKEN TOPPED WITH FETA, SAVOURY RICE, GREEN BEANS & ROAST BUTTERNUT
FRIDAY 19 APRIL	PICKLED FISH, POTATO SALAD SERVED WITH COLESLAW & MEDITERRANEAN & CHICK PEA SALAD

22 – 26 APRIL 2019

	MONDAY 22 APRIL	SPINACH & SALMON QUICHE WITH SWEET POTATO WEDGES & GREEK SALAD
	TUESDAY 23 APRIL	COCONUT CHICKEN CURRY WITH BASMATI RICE, BABY CARROTS & GREEN BEANS WITH ROSA TOMATOES
\	wednesday 24 april	BEEF & MUSHROOM PIE WITH POTATO WEDGES, BUTTERNUT & BROCCOLI
	THURSDAY 25 APRIL	BROCCOLLI, FETA & CHICKEN BAKE SERVED WITH LENTIL RICE & ROAST VEGETABLES
	FRIDAY 26 APRIL	GREEKSTYLE HAKE SERVED WITH SAVOURY RICE & STIRFRY STYLE SALAD WITH A HONEY MUSTARD DRESSING

29 APRIL – 3 MAY 2019

MONDAY 29 APRIL	FETA & SPINACH STUFFED CRUMBED CHICKEN, POTATO WEDGES SERVED WITH ROAST VEGETABLES
TUESDAY 30 APRIL	BEEF CURRY, BASMATI RICE, SAMBALS SERVED WITH ROAST PUMPKIN & MINTED PEAS
WEDNESDAY 1 MAY	PORK SAUSAGES SERVED WITH HOMEMADE GRAVY, MASHED POTATOES & ROAST VEGETBLES
THURSDAY 2 MAY	PROVENCAL CHICKEN, LENTIL RICE WITH JULLIENE CARROTS & BABY MARROW
FRIDAY 3 MAY	BACON,CARAMELIZED ONION & BRIE QUICHE, ROAST POTATO WEDGES & GREEK SALAD WITH DRESSING