



NOORDHOEK COFFEE SHOP



FEBRUARY 2019

Kindly book your Lunch by 16h30 for the following day.

MEAL OF THE DAY – R48.00

TUESDAY 19 FEBRUARY	COTTAGE PIE WITH BABY CARROTS & MINTED PEA'S
THURSDAY 21 FEBRUARY	CRUMBED CHICKEN FILLET WITH MUSHROOM SAUCE, POTATO WEDGES & ROAST MIXED VEGETABLES
MONDAY 25 FEBRUARY	BACON CARBONARA WITH TAGLIATELLE & GREEK SALAD WITH DRESSING
TUESDAY 26 FEBRUARY	BEEF & MUSHROOM PIE WITH BASMATI RICE & ROAST VEGETABLES
WEDNESDAY 27 FEBRUARY	SALMON FISH CAKES WITH TOMATO RELISH, MASHED POTATOES & STIR-FRIED VEGETABLES
THURSDAY 28 FEBRUARY	GRILLED CHICKEN SALAD WITH HERB DRESSING (CRISP LETTUCE, ROSA TOMATOES, FETA, CUCUMBER, OLIVES)



NOORDHOEK COFFEE SHOP



MARCH 2019

Kindly book your Lunch by 16h30 for the following day.

MEAL OF THE DAY – R48.00

FRIDAY
1 MARCH

TOMATO CHICKEN
WITH BASMATI RICE, BROCCOLI & BABY CARROTS

4 – 8 MARCH 2019

MONDAY
4 MARCH

SPAGHETTI BOLOGNAISE
TOPPED WITH CHEDDAR WITH GREEK SALAD & DRESSING

TUESDAY
5 MARCH

BACON, BLUE CHEESE & RED ONION QUICHE
WITH POTATO WEDGES, GREEK SALAD & DRESSING

WEDNESDAY
6 MARCH

BEEF STROGANOFF
WITH BASMATI RICE, GREEN BEANS & ROSA TOMATO

THURSDAY
7 MARCH

PORTUGUESE FISH
WITH MASHED POTATOES & STIR-FRIED VEGETABLES

FRIDAY
8 MARCH

CHICKEN & MUSHROOM PIE
WITH POTATO WEDGES & MIXED ROAST VEGETABLES

11 – 15 MARCH 2019

MONDAY 11 MARCH	PORK & VEGETABLE CURRY WITH BASMATI RICE, TOMATO SAMBAL & CAULIBLOC AU GRATIN
TUESDAY 12 MARCH	CHICKEN & MUSHROOM TAGLIATELLE WITH GREEK SALAD & DRESSING
WEDNESDAY 13 MARCH	FISH GOUJONS WITH TARTAR SAUCE, POTATO WEDGES & STIR-FRIED VEGETABLES
THURSDAY 14 MARCH	LAMBS LIVER WITH ONION GRAVY, MASHED POTATOES, GREEN BEANS & PUMPKIN FRITTERS
FRIDAY 15 MARCH	BEEF LASAGNE WITH GREEK SALAD & DRESSING

18-22 MARCH 2019

MONDAY 18 MARCH	BEEF BOBOTIE WITH YELLOW RICE, TOMATO SAMBAL, BABY CARROTS & PEA'S
TUESDAY 19 MARCH	HONEY & MUSTARD CHICKEN WITH POTATO WEDGES, BROCCOLI & BUTTERNUT
WEDNESDAY 20 MARCH	CHICKEN MAYO TRAMMEZINNI WITH POTATO WEDGES & GREEK SALAD
THURSDAY 21 MARCH	HAKE MORNAY WITH SAVOURY RICE, GREEN BEANS & MUSHROOM STRIFRY
FRIDAY 22 MARCH	CRUMBED CHICKEN FILLET WITH MASHED POTATOES, BABY MARROW & ROAST BEETROOT

25 - 29 MARCH 2019

MONDAY 25 MARCH	TUNA & CORN QUICHE WITH POTATO WEDGES & GREEK SALAD
TUESDAY 26 MARCH	COCONUT CHICKEN CURRY WITH BASMATI RICE, GREEN BEANS & ROSA TOMATOES
WEDNESDAY 27 MARCH	SALMON FISH CAKES WITH TOMATO RELISH, MASHED POTATOES & STIR-FRIED VEGETABLES
THURSDAY 28 MARCH	BEEF & MUSHROOM PIE WITH POTATO WEDGES, BUTTERNUT & BROCCOLI
FRIDAY 29 MARCH	CHICKEN A LA KING WITH BASMATI RICE & MIXED ROAST VEGETABLES